



January 2023

More on 'intellectual constipation'

Regarding your editorial, "From debate to stalemate and hate: An epidemic of intellectual constipation" (CURRENT PSYCHIATRY, January 2023, p. 3-4, doi:10.12788/cp.0321): fantastic and so very well put. As you (we) get older, we get more forceful in presenting our ideas. Your presentation is perfect for the times, and I hope your editorial is read by many. I have started a group of doctors (Psychiatrists of the Realm) that will be available to teach physicians and nonphysicians at no charge. It is our responsibility as the elder statesmen of medicine to make

Keep in touch!

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OR

Comments & Controversies

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sure what wisdom we have acquired can be shared with others.

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Disclosures

The author reports no financial relationships with any companies whose products are mentioned in this letter, or with manufacturers of competing products.

More on SWOT analysis of psychiatry

I loved your recent analysis of psychiatry ("Contemporary psychiatry: A SWOT analysis," CURRENT PSYCHIATRY, January 2023, p. 16-19,27, doi:10.12788/cp.0320). What a great idea! It looks very complete to me. It occurs to me to consider adding a very simple but I think profound strength: the fact that one's mental health affects *every decision* a person makes for their entire life. Taking this stance opens many doors and makes our input and expertise as a profession relevant to all aspects of society. Mental health is personal and matters deeply to all of us.

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More on evolution's triumphs and blunders

I enjoyed your editorial, "Is evolution's greatest triumph its worst blunder?" (CURRENT PSYCHIATRY, November 2022, p. 5,10-11, doi:10.12788cp.0301). I commend you for the bravery and freshness of the view you suggest we reconsider. It is interesting that observation of humans' propensity for violence didn't cause Darwin to wonder how that fit into his survival paradigm since we were not likely to have been under threat of extinction while the human neocortex was undergoing its novel evolutionary design. Being born in 1809 would have given him enough time to have his doubts about undesired human evolutionary trajectories with potential extinction outcomes. I'm no expert, but I've never heard he considered that human potential could lean in that direction. You may have seen the article by Kirsch¹ about people who are advocating that humans voluntarily move toward extinction and let the planet live. I would be interested in a follow-up article on the type of comments and ideas inspired by your editorial. Kudos to you for your creativity.

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References

1. Kirsch A. The people cheering for humanity's end. The Atlantic. January/February 2023. doi: 10.12788/cp.0341