

Clinical Comestibles?



1. This 45-year-old woman's skin has multiple small, soft, compressible papules, one of which is apt to bleed when scratched. She is concerned that these "cherry red" lesions are precancerous.



2. A 60-year-old African-American woman presents with painful swelling of two years' duration. She delayed care due to lack of insurance. The patient is hypertensive, and her left breast and nipple are retracted, with darkened skin and a *peau d'orange* texture.

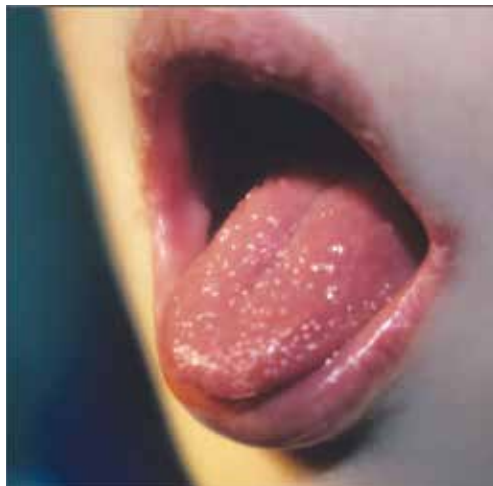
Match the diagnosis to the photo by letter

- | | |
|----------------------|--------------------|
| a. Scarlet fever | c. Lymphedema |
| b. Keratosis pilaris | d. de Morgan spots |

3. This patient presents with her cheeks quite red and covered with hyperkeratotic, rough, pinpoint papules. No other blemishes or lesions are seen on her face, but there are hundreds of hyperkeratotic papules on her bilateral triceps, giving a "chicken skin" appearance.



4. A 5-year-old girl has a fever of 102.4°F and "strawberry tongue." The posterior pharynx is erythematous with slight exudate visible. The anterior cervical lymph nodes are mildly tender and somewhat enlarged. No rashes are noted.



For answers, see next issue; for discussion, go to www.medge.com/clinicianreviews/picture

Photos and text for cases 2 and 4 courtesy of Richard P. Usatine, MD; from Usatine R, Smith M, Mayeaux EJ, et al, eds. *Color Atlas of Family Medicine*. 2nd ed. New York, NY: McGraw-Hill; 2013:551-556. To learn more about the *Color Atlas of Family Medicine*, see: www.amazon.com/Color-Family-Medicine-Richard-Usatine/dp/0071769641/ You can now get the second edition of the *Color Atlas of Family Medicine* as an app by clicking on this link: usatinemedia.com. Answers to last month's "Picture This" (*Clinician Reviews*. 2017;27[3]:29): 1b, 2c, 3a, 4c