

So Much For That Pregnant “Glow”

Match the diagnosis to the photo by letter

- a. Eczema of pregnancy/prurigo of pregnancy
- b. Pruritic folliculitis of pregnancy
- c. Pruritic urticarial papules and plaques of pregnancy
- d. Pemphigoid gestationis

1. A 30-year-old woman of 24 weeks' gestation complains of a bullous lesion; it was preceded by intensely itchy papules and plaques around the umbilicus and extremities, which manifested several weeks earlier. Physical exam reveals a few lesions on the mucus membranes but none on the face, palms, or soles.



2. The pink spots on this 20-year-old primigravida were initially seen only in the striae on her abdomen in her 34th week of gestation. They then began to coalesce and progressed to her legs, arms, buttocks, chest, and back, sparing the umbilical area. The lesions are intensely itchy, causing the patient great discomfort and interfering with her sleep. Despite the itching, however, there are no excoriations.



3. During her third pregnancy, this woman has grouped, erythematous papules, patches, and plaques on her hands, the extensor surfaces of her arms and legs, and her abdomen. The papules measure 0.5 to 1 cm; some have a central crust. Her history is notable for atopy.



4. In her third trimester, this 33-year-old woman presents with pruritic papules and pustules concentrated around hair follicles. The lesions first manifested on her abdomen, then spread upward. She is concerned about what the condition means for her overall health.

For answers, see next issue; for discussion, go to www.mdedge.com/clinicianreviews/picture

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Answers to March "Picture This" (*Clinician Reviews*. 2018;28[3]:35): 1b, 2a, 3d, 4c.