

Boport

When 2 items become closely linked, a shortened and combined form of their names is born. Brangelina represents the merging of celebrities Brad Pitt and Angelina Jolie, and in the same fashion “Boport” has been created in my practice. Boport refers to the combined use of Botox and Dysport. Both are botulinum toxin type A neurotoxins, but they have different treatment profiles. Botox has predictability in my hands and its use has been well documented in the literature for years.¹⁻³ Botox is still the gold standard for me because I have used it for 14 years and I am very familiar with its effects. I find it stays focally where I place it, whereas Dysport appears to have a quicker onset of action and spreads or diffuses more.⁴ I believe both are good products,

but I prefer their effects in different anatomical areas.

Botox works well in the glabella and forehead, where I want to limit any unwanted spread that may cause ptosis. I like using Dysport for crow’s-feet because it appears to have a more diffuse smoothing and natural appearance. I believe the spread of Dysport allows a softer lateral canthus than Botox and avoids the more distinct shelf or fold of skin that can be seen between the lids and cheeks with Botox.

I am increasingly aware there is not only a place for these 2 products, but I favor using them together in the same patient. I utilize both products strengths by using Botox in the forehead and glabella and Dysport in the lateral canthus (Figure). I charge both per unit; therefore, I am able to add the 2 prices together easily. I believe as more experience

is gained, other practitioners may have a similar preference.

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REFERENCES

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Preinjection demonstrating forehead wrinkles and lateral brow ptosis (A). Post-Boport injection with 30 U of Botox to the forehead and glabella and 50 U of Dysport to the crow’s-feet (B). Note the smooth lateral canthal area and lateral brow arch and reshaping.