

From the editor



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I have used currentpsychiatry.com twice recently to solve real clinical problems:

- One weekend, an 80-year-old patient was concerned about medication interactions. I got the information I needed on cytochrome P-450 isoenzymes without having to search the whole Internet or evaluate a hundred different sites' reliability. Even more important, I didn't have to make a special trip to my office or the library.
- Another time, a patient asked me what I knew about omega-3 fatty acids and ADHD. She and I visited the site and discussed the data on the spot.

Having this information online makes it difficult to justify keeping old journals for years. I found my March 2005 editorial on this topic in seconds by entering "hoarding" in the site's search field. I never would have found that issue in my messy office. It also makes it difficult to justify using books as reference sources because they quickly become outdated, whereas our Web site remains forever current.

James Randolph Hillard, MD