

H&E, original magnification $\times 100$.



Congo red, original magnification $\times 200$ (left). Under polarized light, original magnification $\times 200$ (right).

A biopsy was performed of a purpuric lesion on the left supraclavicular area of a 77-year-old woman. The best diagnosis is:

- a. colloid milium
- b. erythropoietic protoporphyria
- c. lichen sclerosus
- d. lipoid proteinosis
- e. primary systemic amyloidosis

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The authors report no conflict of interest.

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Primary Systemic Amyloidosis

rimary systemic amyloidosis, usually with an underlying plasma cell dyscrasia, is associated with a wide spectrum of organ involvement. Skin infiltration by amyloid presents as waxy, translucent, or purpuric papules, nodules, and plaques. Petechiae, purpura, and ecchymosis often are observed, especially on the eyelids, due to infiltration of vessel walls. Histopathology is characterized by amorphous material in the dermis and subcutaneous tissue. Amyloid often is found around adnexal structures and within blood vessel walls (Figure 1),¹⁻³ staining pink with hematoxylin and eosin and metachromatic with crystal violet and methyl violet. Amyloid stained by Congo red gives an apple green birefringence when viewed under polarized light (Figure 2).

Colloid milium stains similar to amyloidosis, except for pagoda red, which stains negative in colloid milium. Nodules of amorphous amphophilic materials are found in the papilla to mid dermis with artificial clefting and solar elastosis (Figure 3). Lipoid proteinosis is a progressive deposition of pale, eosinophilic, hyaline material in the superficial dermis. It surrounds the capillaries, which is known as an onionskin appearance, and is deposited in appendageal structures (Figure 4). The epidermis may show hyperkeratosis and some acanthosis in the verrucous lesion. This hyaline material contains



Figure 1. Amyloid of primary systemic amyloidosis (H&E, original magnification $\times 100$).



Figure 3. An amorphous amphophilic nodule with artificial clefting and solar elastosis characteristic of colloid milium (H&E, original magnification ×100).



Figure 2. Amyloid of primary systemic amyloidosis staining positive with Congo red (left)(original magnification ×200) and producing an apple green birefringence when viewed under polarized light (right)(original magnification $\times 200$).

Figure 4. Amorphous eosinophilic material of lipoid proteinosis surrounding capillaries, known as an onionskin appearance, and eccrine sweat glands as well as in the thickened papillary dermis (H&E, original magnification $\times 40$).

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Figure 5. Hyaline material forming an irregular cuff around blood vessels in erythropoietic protoporphyria (H&E, original magnification ×200).



Figure 6. Homogenized collagen in the papillary dermis with thinning of the epidermis and vacuolar alteration of the basal layer characteristic of lichen sclerosus (H&E, original magnification \times 100).

type IV collagen and laminin, which differs from amyloidosis by negative Congo red stain. In erythropoietic protoporphyria, the hyaline material not only involves the walls of small vessels in the papillary dermis but also forms an irregular cuff around these small vessels (Figure 5). However, it does not involve the sweat glands. In lichen sclerosus, homogenized collagen is situated above a diffuse perivascular infiltrate of lymphocytes, few plasma cells, and histiocytes. Epidermal changes include hyperkeratosis, follicular plugging, thinning of the epidermis, and vacuolar alteration of the basal layer (Figure 6).⁴

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