# If electronic medical records are so great, why aren't family physicians using them?

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#### **KEY POINTS FOR CLINICIANS**

- Physicians have major concerns about data entry, cost, security, and confidentiality of current electronic medical records (EMRs), resulting in their questioning the need for EMRs and the usefulness of existing EMRS.
- There are large differences in the perceptions of physicians who do and do not use EMRs.
- Before EMRs will be accepted by a majority of family physicians, EMR companies must balance cost against the needs of mainstream family physicians.

• <u>OBJECTIVE</u> The chasm theory of marketing states that fundamental differences exist between early adopters of technology and the mainstream marketplace, making it difficult for technology to transition to the mainstream market. We investigated possible differences in attitudes and beliefs about electronic medical records (EMRs) between current EMR users (early market) and nonusers (mainstream market).

•  $\underline{STUDY}$   $\underline{DESIGN}$  Cross-sectional mail survey.

• <u>POPULATION</u> Active members in the Indiana Academy of Family Physicians 2000–2001 membership database (N = 1328).

• <u>OUTCOMES MEASURED</u> Differences in attitudes, beliefs, and demographic characteristics of EMR users and nonusers.

■ <u>RESULTS</u> The overall return rate was 51.7%; 14.4% of respondents currently use an EMR. Electronic medical record users were more likely to practice in urban areas or to be hospital-based and reported seeing fewer patients. Nonusers were less likely to believe that (1) physicians should computerize their medical records; (2) current EMRs are a useful tool for physicians; (3) EMRs improve quality of medical records and decrease errors; and (4) it is easy to enter data into current EMRs. Nonusers were more likely to believe that paper records are more secure and more confidential than EMRs. Both users and nonusers believed that current EMRs are too expensive.

■ <u>CONCLUSIONS</u> A chasm exists between

EMR users and nonusers regarding issues that affect EMR implementation, including necessity, usefulness, data entry, cost, security and confidentiality. To reach full implementation of EMRs in family medicine, organizations should use these data to target their research, education, and marketing efforts.

• <u>KEY WORDS</u> Medical records systems; computerized; medical informatics applications; attitude about computers; family practice. (*J Fam Pract 2002;* 51:636–641)

"If everyone wants EMRs and the sources of patient data are so abundant, why are EMRs so scarce?" —Clement J. McDonald, MD<sup>1</sup>

The benefits of using electronic medical records (EMRs) instead of paper records have been well documented.<sup>1-6</sup> However, the current use (5% to 10%) falls very short of the 100% by the year 2000 recommended by a 1991 Institute of Medicine (IOM) report<sup>7</sup>; furthermore, the rate of EMR use has remained relatively unchanged (5% to 10%) over the past decade. Given this stagnant rate of growth despite the IOM's support, it is important to analyze the needs and perceptions of physicians with regard to EMRs.

There are few articles on the use of EMRs in outpatient settings.<sup>1-20</sup> Only 2 studies have analyzed the perceived needs and preferences for use of EMRs and family physicians.<sup>11,12</sup> The first study found significant concerns about the ease of data entry, data confidentiality, data sharing, and initial EMR training.<sup>11</sup> The other article rated user requirements in rank order, but was limited by a 24% response rate.<sup>12</sup> Most of the literature and information on the Internet

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about EMRs focuses on the needs and perceptions of current EMR users.  $^{\scriptscriptstyle 1\!-\!20}$ 

The chasm theory of marketing (Figure) states that the early market of new product adopters (the first 5% to 10%) often has different concerns than the

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| Demographic characteristics of respondents |                |                  |       |
|--|----------------|------------------|-------|
| Characteristic                             | User<br>n (%)  | Nonuser<br>n (%) | Р     |
| Female                                     | 23 (26.1)      | 131 (25.0)       | .925  |
| Mean age (y)                               | 44.1 (8.84 SD) | 44.6 (9.29 SD)   | .059  |
| Mean number of outpatient                  | 85.1 (51.4 SD) | 116.1 (55.2 SD)  | <.001 |
| visits per week                            |                |                  |       |
| County type                                |                |                  |       |
| Rural                                      | 26 (29.5)      | 194 (37.2)       | .013  |
| Suburban                                   | 28 (31.8)      | 204 (39.1)       |       |
| Urban                                      | 34 (38.6)      | 124 (23.8)       |       |
| Practice setting                           |                |                  |       |
| Solo                                       | 12 (13.6)      | 101 (19.3)       | .003  |
| Small FP (2–6)                             | 21 (23.9)      | 191 (36.5)       |       |
| Large FP (>6)                              | 8 (9.1)        | 55 (10.5)        |       |
| Multispecialty group                       | 9 (10.2)       | 54 (10.3)        |       |
| Hospital employee                          | 25 (28.4)      | 91 (17.4)        |       |
| Other                                      | 13 (14.8)      | 31 (5.9)         |       |

89 users and 529 nonusers responded.

The number of users or nonusers for a given variable may be less than the total due to missing responses.

FP, family practice; SD, standard deviation.

|                         | User<br>n (%)    | Nonuser<br>n (%)  | Р     |
|-------------------------|------------------|-------------------|-------|
| Computer use at home    |                  |                   |       |
| Computer                | 89/89<br>(100.0) | 507/527<br>(96.2) | .122  |
| Internet                | 88/89<br>(98.9)  | 467/523<br>(89.3) | .007  |
| E-mail                  | 83/89<br>(93.3)  | 451/521<br>(86.6) | .111  |
| Computer use at work    |                  |                   |       |
| Computer                | 86/87<br>(98.9)  | 467/506<br>(92.3) | .043  |
| Internet                | 78/88<br>(88.6)  | 318/506<br>(62.8) | <.001 |
| E-mail                  | 69/88<br>(78.4)  | 242/502<br>(48.2) | <.001 |
| Computerized scheduling | 83/89<br>(93.3)  | 420/526<br>(79.8) | .004  |
| Computerized billing    | 79/84<br>(94.0)  | 458/489<br>(93.7) | .999  |
| Handheld computer user  | 44/89<br>(49.4)  | 137/525<br>(26.1) | <.001 |

mainstream market. This group leaps ahead of the mainstream, creating a chasm.<sup>21</sup> Early market adopters are more willing to endure technical difficulties and poor service to make a product work if it promises a competitive advantage, while mainstream

users are more likely to look for widely used products that are inexpensive and easily assimilated into their current work environment with little organizational discomfort.<sup>21</sup> Products engineered for the needs of the early market are often too complex to meet the needs of mainstream users; therefore, many products are unable to cross the chasm from early markets to mainstream markets because they fail to meet the needs of the mainstream users.<sup>21</sup>

This theory may explain the slow adoption of EMRs by family physicians. The purpose of this study was to investigate differences in attitudes and beliefs about EMRs between current EMR users (early market) and nonusers (mainstream market).

## <u>METHODS</u>

The study population comprised active members of the Indiana Academy of Family Physicians (IAFP) listed in the 2000–2001 IAFP Membership Database. IAFP members who were practicing outside of Indiana or who spent less than 4

hours per week seeing patients were excluded from the study, leaving a study population of 1398 participants.

The authors designed a 53-item questionnaire based on the principles outlined in the 1991 Institute of Medicine report.<sup>7,18,19</sup> Six physicians with expertise in medical informatics screened the questionnaire for content validity. Twelve academic family physicians reviewed the instrument for structure, clarity, and relevance to test face validity. Ten resident physicians generated a test–retest reliability rate of >80% for each item over a 2-week interval.

The questionnaire consisted of 3 parts. The first section included questions about physician demographics, use of computer aided technology, practice location and type, and volume of patients. The second section contained questions about respondents' attitudes, beliefs, and concerns regarding current and emerging technologic issues related to EMRs using a 4-point Likert scale ranging from "strongly agree" to "strongly disagree." The Likert Scale also contained a "Don't Know" option. The third section included multiple-choice questions to



evaluate specific computer technology needs and preferences of family physicians. The final item was an open-ended question inviting a written response about any issues the respondent felt were not adequately addressed by the questionnaire.

Questionnaires were mailed in January 2001, with a followup mailing to nonrespondents 3 weeks later.<sup>22</sup> Of the 726 (51.7%) responses, 45 (6.2%) were excluded because they did not indicate user or nonuser EMR status and 63 (8.8%) were excluded

because half or more of the questions were unanswered. There were 618 (44.2%) usable surveys. The questionnaires were scanned into an electronic database and verified for accuracy using TELE*form*<sup>®</sup> software; the data were analyzed using SPSS<sup>®</sup> (Version 10.0). The Likert scales were collapsed to a dichotomous variable, "agree" (strongly agree and agree) and "disagree" (strongly disagree, disagree, and unsure) for this analysis. Differences in demographic characteristics and attitudes, beliefs, and concerns were tested for significance using chi-square tests and the z-test of proportions. Statistical significance was determined by P < .05.

## <u>RESULTS</u>

Demographic and practice characteristics of the respondents are presented in Table 1. Of the 618 respondents, 89 (14.4%) were EMR users. A comparison of the users and nonusers revealed that there were no statistically significant differences in age or sex. EMR nonusers were more likely to practice in a suburban or rural location and were more often in a solo or small practice (2–6 physicians). Nonusers also tended to see an average of 31 more patients per week (116 vs 85).

Table 2 presents responses to questions about respondents' experience with computer technology. A significantly greater proportion of EMR users use the Internet at home (98.9% vs 89.3%), at work (88.6% vs 62.8%), e-mail at work (78.4% vs 48.2%), and personal digital assistants (PDAs) (49.4% vs 26.1%). Other differences in technology use were not statistically significant.

Responses to questions about perceived EMR need and usefulness are summarized in Table 3. Nonusers were significantly less likely than users to believe that (1) physicians should computerize their medical records (67.7% vs 92.1%); (2) current EMRs are useful (51.5% vs 92.0%); (3) EMRs will

reduce their risk of making medical errors (56.6% vs 78.7%); and (4) EMRs will improve health care quality in their office (52.4% vs 80.9%) or in the United States overall (54.3% vs 78.4%). Most respondents (77.6%) expressed an interest in an EMR system that would connect all physician practices, laboratories, radiography facilities, and hospitals for the secure exchange of patient data (85.4% user vs 76.2% nonuser; P = .076).

Table 4 summarizes the attitudes and beliefs of

| Attitudes and beliefs regarding<br>electronic medical records  |                                       |         |       |
|--|---------------------------------------|---------|-------|
|  | Number (%) agreeing<br>with statement |         |       |
|  | User                                  | Nonuser | Р     |
| Physicians should computerize  | 82/89                                 | 354/523 | <.001 |
| their medical records  | (92.1)                                | (67.7)  |       |
| Currently available EMRs are   | 81/88                                 | 269/522 | <.001 |
| a useful tool for physicians   | (92.0)                                | (51.5)  |       |
| EMRs will improve the quality  | 72/89                                 | 274/523 | <.001 |
| of care in physicians' offices   | (80.9)                                | (52.4)  |       |
| Widespread use of EMRs   | 69/88                                 | 283/521 | <.001 |
| would improve healthcare   | (78.4)                                | (54.3)  |       |
| quality in the United States   |                                       |         |       |
| EMRs will reduce my risk   | 70/89                                 | 297/525 | <.001 |
| of making medical errors   | (78.7)                                | (56.6)  |       |
| I am interested in an EMR  | 76/89                                 | 398/522 | .076  |
| that would connect all   | (85.4)                                | (76.2)  |       |
| physician practices, labs,   |                                       |         |       |
| x-ray facilities, and hospitals  |                                       |         |       |
| in my area securely for the  |                                       |         |       |
| exchange of patient data   |                                       |         |       |
| 89 users and 529 nonusers responded. The number of users or nonusers for a given variable may be less than the total due to missing responses.<br>FMR. electronic medical records. |                                       |         |       |

#### TABLE 4

#### Possible barriers to electronic medical record use

|  | Number (%) agreeing<br>with statement |                |           |  |
|--|---------------------------------------|----------------|-----------|--|
|  | User                                  | Nonuser        | Р         |  |
| Security and confidentiality   |                                       |                |           |  |
| EMRs are more secure   | 48/88 (54.5)                          | 111/523 (21.2) | <.001     |  |
| EMRs are more confidential   | 55/88 (62.5)                          | 115/524 (21.9) | <.001     |  |
| Object to sharing EMR data<br>with other physicians  | 11/81 (13.6)                          | 121/486 (24.9) | .037      |  |
| Usefulness   |                                       |                |           |  |
| Easy to enter data   | 49/89 (55.1)                          | 70/521 (13.4)  | <.001     |  |
| Ability to use an EMR with<br>minimal training   | 79/87 (90.8)                          | 479/522 (91.8) | .929      |  |
| Would like direct link to Medline  | 73/88 (83.0)                          | 298/522 (57.1) | <.001     |  |
| Would like direct links to updated<br>treatment guidelines   | 73/87 (83.9)                          | 360/521 (69.1) | .007      |  |
| Would like direct link to patient<br>education materials   | 83/88 (94.3)                          | 421/520 (81.0) | .003      |  |
| EMR data should be available<br>without patient or physician<br>identifiers for use in clinical and<br>health care services research | 46/89 (51.7)                          | 263/521 (50.5) | .924      |  |
| Costs  |                                       |                |           |  |
| Current EMRs are too costly  | 55/89 (61.8)                          | 355/522 (68.0) | <.001     |  |
| Affordable price per physician to set up an EMR system   |                                       |                |           |  |
| <\$1000  | 5/77 (6.5)                            | 65/464 (14.0)  | <.001     |  |
| \$1000   | 21/77 (27.3)                          | 202/464 (43.5) |           |  |
| \$5000-\$9999  | 27/77 (35.1)                          | 147/464 (31.7) |           |  |
| \$10,000-\$19,999  | 17/77 (22.1)                          | 42/464 (9.1)   |           |  |
| >\$20,000  | 7/77 (9.1)                            | 8/464 (1.7)    |           |  |
| Willing to spend monthly for<br>ongoing use of an EMR  |                                       |                |           |  |
| <\$50  | 3 (3.9)                               | 89 (19.7)      | .013      |  |
| \$50-\$99  | 23 (30.3)                             | 101 (22.4)     |           |  |
| \$100-\$149  | 25 (32.9)                             | 139 (30.8)     |           |  |
| \$150-\$199  | 14 (18.4)                             | 79 (17.5)      |           |  |
| >\$200   | 11 (14.5)                             | 43 (9.5)       | - I 4h 2l |  |

total due to missing responded. The number of users or nonusers for a given variable may be less than the total due to missing responses. EMR, electronic medical records.

respondents about previously reported potential obstacles to EMR use, including: (1) data input; (2) cost; and (3) confidentiality and security.<sup>1,11,12,14,17-20,23,24</sup> Few respondents (55.1% users vs 13.4% nonusers) stated that it is easy to enter data into current EMRs. Many respondents in both groups (61.8% vs 68.0%) responded that EMRs are too costly. Users tend to consider a relatively higher price as affordable for setting up an EMR system (66% would pay more than \$5000) and are willing to pay a slightly higher monthly fee for the ongoing use of an EMR (65% would pay more than \$100 per month). Users consider EMRs as more secure

(54.5% users vs 21.2% nonusers) and more confidential (62.5% users vs 21.9% nonusers) than paper records. Few respondents stated they would object to sharing their EMR data with other physicians (24.9% nonusers vs 13.6% users).

## DISCUSSION

Despite the low penetration of EMRs (14.4%), family physicians in Indiana are interested in using EMRs. Most users (85.4%) (76.2%) and nonusers expressed interest in a system that would securely connect all physician practices, laboratories, radiography facilities, and hospitals in their area for exchanging patient data. Many family physicians are currently using the Internet (67%), e-mail (53%), computers (93%), and PDAs (30%) in their practice.

Despite this expressed interest, only two thirds of nonusers believe that physicians should computerize their medical records. This may be related to the fact that only half of the responding nonusers perceive that current EMRs are useful for physicians. There was also a considerable lack of belief that EMRs will improve quality or reduce medical errors. Replies to the open-ended question indicated that 5% to 10% of respondents, for a variety of reasons, have strong feelings about

computerizing their offices. A targeted, educational effort to show the advantages of EMRs may be useful for improving physician perceptions of EMRs.

The demographic profile of the nonusers may indicate that current EMRs are not perceived as being well adapted for use in rural, solo, or small-group practice. EMRs may be thought of as more feasible for larger organizations with larger capital budgets and robust information technology support systems. The differences in the volume of patients treated between users and nonusers suggest that productivity concerns may also be important.

Both EMR users and nonusers believe current EMRs

are too costly. The data suggests that family physicians are willing to pay a relatively low set-up charge <\$5000 would be accepted by more than 87% of respondents) and a very low monthly fee (<\$100 would be accepted by more than 81% of respondents) for the use of an EMR. Few current EMRs can be installed and operated within these price specifications. This supports the previously published view that physicians believe current EMRs are not cost effective.<sup>17</sup> Lower prices or greater perceived value is needed for physicians to consider EMRs a wise business choice.

Data entry is a concern for both users and nonusers. Practicing family medicine requires varied skills, a fast pace, treating patients from multiple age groups, diagnosing conditions from a myriad of potentially unrelated complaints, and keeping a comprehensive record from multiple sources. These factors make data entry the largest potential obstacle to the effective use of computers in family medicine.<sup>1,14,18–20</sup> Our data indicate that only 55% of users and 13.4% of nonusers believe data entry is easy for current EMRs. Perceived and actual ease of data entry must be improved before widespread adoption of EMRs by family physicians can be realized.

Concerns about security and confidentiality generated the largest number of written comments. Despite evidence to the contrary, 9,23,24,28,29 nonusers believe that there are more security and confidentiality risks involved with EMRs than paper records. A small group emphatically expressed dismay at the possibility of subjecting their office to a "Big Brother"-type system. The Health Insurance Portability and Accountability Act (HIPAA) sets the standards for medical record (electronic and written) confidentiality and security, and the creation of an EMR that is HIPAA compliant may give providers greater confidence in its security and confidentiality.23,24 Educating physicians about the security and confidentiality risks of paper records and the safeguards built into EMR programs may help alleviate these concerns.

It is encouraging that both users and nonusers seem to understand the potential usefulness of EMRs. Over half of the nonusers believe an EMR is a useful way to provide patient education materials, participate in clinical and health services research, launch a literature search (eg, Medline), or obtain up-to-date treatment guidelines. To increase the number of physicians using EMRs, vendors should maximize and promote the use of EMR features.

The results of this study are limited by the response rate. Although this rate introduces the possibility of a nonresponse bias, it is comparable to or exceeds the response rate in other physician EMR surveys.<sup>11,12,23–27</sup> Evidence of nonresponse bias includes the high rate of EMR use by Indiana family physicians (14.4%) compared to previous studies, suggesting users were more likely to respond than nonusers. Questionnaires that were returned early in the survey showed an EMR use rate of 40%, but this number dropped quickly after the first 2 weeks. A very small percentage of questionnaires returned near the end of the study were from EMR users. The nonresponse bias of the study is likely toward EMR users and nonusers who have seriously considered using EMRs; since this is the segment of the physician market most likely to adopt EMRs, the sample is likely adequate for the attempted analysis. The study is also limited by its focus on family physicians in Indiana, and may differ from the views of physicians in other specialties or states.

### CONCLUSIONS

Our data demonstrate the existence of a chasm between EMR users (early adopters) and nonusers (mainstream market) regarding attitudes and perceptions that impact the implementation of EMRs by family physicians. Specifically, EMR nonusers exhibit the following important differences from users: (1) less perceived need for EMRs; (2) greater concerns about EMR data entry; (3) less confidence in the security and confidentiality of EMRs; and (4) more concerns about the cost for installation and ongoing use of EMRs.

Further studies are needed to examine nonusers in more detail and to discover if current EMRs can meet the needs of the mainstream physician user. Our research suggests that data entry, cost, security and confidentiality, and connectivity issues are important starting points. A qualitative study of nonusers is desirable to better understand the true needs of the mainstream physician. Broadening this study to include all specialties throughout the country would also be useful.

The IOM has repeatedly called for the computerization of the US medical system.<sup>7,28,29</sup> Government, industry, and physician organizations should use the results of this study to target their research, education, and marketing efforts regarding EMRs, and to develop EMRs that meet the needs of most practicing family physicians, especially family physicians in small group, high-volume, rural or suburban practices.

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