CUTS' FAST FACTS FOR BOARD REVIEW

Cosmetic Fillers

Sarah L. Taylor, MD, MPH

Dr. Taylor is Assistant Professor of Dermatology, Wake Forest University School of Medicine, Winston-Salem, North Carolina. The author reports no conflict of interest.

Trade Name (Manufacturer)	Composition	Duration	Implantation Level	Comments
HA Fillers ^a				
Belotero Balance (Merz Aesthetics, Inc)	HA	6–9 mo	Mid to deep dermis	Monophasic: entirely stabilized gel without suspended particles (all other HA fillers are biphasic)
Elevess (Anika Therapeutics, Inc)	HA + lidocaine	6–9 mo	Mid to deep dermis	Contains highest concentration of HA of all the fillers
Hylaform, Hylaform Plus ^b (Inamed/Genzyme)	HA	3–6 mo	Mid dermis (Hylaform), deep dermis (Hylaform Plus)	Derived from rooster comb (not <i>Streptococcus equi,</i> as with the other HA products)
Juvéderm, Juvéderm Ultra, Juvéderm Ultra Plus (all have XC versions) (Allergan, Inc)	HA (XC versions have lidocaine)	4–6 mo	Mid dermis (Juvéderm Ultra), deep dermis (Juvéderm Ultra Plus)	
Perlane (Medicis Aesthetics Inc)	НА	3–6 mo	Deep dermis	
Prevelle Silk (Mentor Corporation)	HA + lidocaine	3–6 mo	Mid to deep dermis	
Restylane, Restylane-L (Medicis Aesthetics Inc) Stimulatory Fillers	HA (L version has lidocaine)	4–6 mo	Mid dermis	
Radiesse (Merz Aesthetics, Inc)	CaHA micro- spheres in polysaccharide gel	9–18 mo	Subdermal	Material is radiopaque and can be seen on CT scans and radiographs; FDA approved for HIV-associated lipoatrophy; lowest allergenic profile of nonhuman fillers; least likely to cause localized inflammation

continued on next page

Table (continued) Trade Name (Manufacturer)	Composition	Duration	Implantation Level	Comments
Stimulatory Fillers (cor	ntinued)			
Sculptra (Valeant Aesthetics)	PLLA	Up to 2 y	Subdermal	FDA approved for HIV- associated lipoatrophy
Artefill (Suneva Medical, Inc)	PMMA beads in bovine collagen suspension	Permanent	Deep dermis	Pretesting required for bovine allergy 6 wk prior to treatment, with 2nd skin test 4 wk later (superficial dermal injection of product into forearm skin); nonabsorbable and nonbiodegradable
Collagen Fillers°				
Zyderm 1,⁵ Zyderm 2⁵ (Allergan, Inc)	Bovine collagen + lidocaine	<3 mo (Zyderm 1), 3–6 mo (Zyderm 2)	Upper to mid dermis (Zyderm 1), mid dermis (Zyderm 2)	Pretesting required for both; first filler used in the United States (Zyderm 1 FDA approved in 1981)
Zyplast [♭] (Collagen Corporation)	Bovine collagen cross-linked with glutaraldehyde + lidocaine	3-5 mo	Deep dermis	Pretesting required
CosmoDerm⁵ (Allergan, Inc)	Human collagen + lidocaine	3-4 mo	Upper to mid dermis	Fibroblast cell cultures derived from neonatal foreskin
CosmoPlast⁵ (Allergan, Inc)	Human collagen cross-linked with glutaraldehyde + lidocaine	3-4 mo	Deep dermis	Fibroblast cell cultures derived from neonatal foreskin
Laviv (Fibrocell Science, Inc)	Human collagen (azficel-T)	6-9 mo	Mid dermis	Fibroblast cell cultures derived from patient's own skin (obtained from postauricular skin)
Cymetra/AlloDerm (LifeCell Corporation)	Acellular tissue matrix	3-6 mo	Subdermal	Derived from human cadaveric dermis

Abbreviations: HA, hyaluronic acid; CaHA, calcium hydroxylapatite; CT, computed tomography; FDA, US Food and Drug Administration; HIV, human immunodeficiency virus; PLLA, poly-L-lactic acid; PMMA, polymethyl methacrylate.

^aAll HAs are derived from bacterial fermentation (S *equi*), except for Hylaform, which is derived from an avian source (rooster comb). All HAs bind water and expand in volume. Possible side effects from injection of HAs include blue-tinged nodules under the skin (can use hyaluronidase to reverse), bruising, swelling, and pain.

^bProduct discontinued in the United States.

^cBovine and human-derived collagen-containing fillers are contraindicated in the glabellar region due to risk for tissue necrosis.

Practice Questions

1. Which of the following cosmetic injectables binds water to create volume, has a low allergic reaction profile, and lasts approximately 6 months?

- a. bovine-derived collagen
- b. calcium hydroxylapatite
- c. human-derived collagen
- d. hyaluronic acid
- e. polymethyl methacrylate

2. Which cosmetic injectable demonstrates radiopacity?

- a. bovine-derived collagen
- b. calcium hydroxylapatite
- c. human-derived collagen
- d. poly-L-lactic acid
- e. polymethyl methacrylate

3. Which cosmetic injectable is contraindicated in the glabellar region due to increased risk for tissue necrosis?

- a. bovine-derived collagen
- b. human-derived collagen
- c. poly-L-lactic acid
- d. a and b
- e. a, b, and c

4. Which of the following cosmetic injectables is the least likely to illicit a localized inflammatory response?

- a. calcium hydroxylapatite
- b. human-derived collagen
- c. hyaluronic acid
- d. poly-L-lactic acid
- e. silicone
- 5. Which of the following cosmetic injectables is approved by the US Food and Drug Administration for the treatment of human immunodeficiency virusassociated lipoatrophy?
 - a. bovine-derived collagen
 - b. human-derived collagen
 - c. hyaluronic acid
 - d. poly-L-lactic acid
 - e. polymethyl methacrylate

Fact sheets and practice questions will be posted monthly. Answers are posted separately and require registration on www.cutis.com.