THE BUSINESS OF MEDICINE

Reengineering your office to be perfect for your patients

The focus of your practice must be the patient. What steps can you take to ensure patient satisfaction and service excellence?

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ndependent of the Affordable Care Act or any upcoming changes in health care, the focus of an ObGyn practice remains paramount: the patient comes first.

The "recipe" for creating patient satisfaction and service excellence is predicated upon the mission of your practice and creating a shared vision with your employees. An action plan that is created and "visited/revisited" on a regular basis will serve to keep all abreast of the latest information to enhance the quality of patient care. It goes without saying, the ObGyn must first "lead by example" and always strive for satisfied patients who will tell their friends about your practice.

Start with the right tools

To organize a practice well, you need the right tools, which ideally include mission and vision statements and an action plan with goals and objectives.



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Mission statement

A mission statement can be developed by the ObGyn(s) in your office or in concert with your staff. It should include:

- · the "here and now" focus on the current approach to patient care
- why the practice exists (Develop a brief description of your practice, including the desired patient population.)
- the products and services offered and why and how those services are provided.

Here is an example of a mission statement for an ObGyn practice: "Our mission is to provide excellent, exceptional, personalized care for women of all ages in a warm and friendly environment. We incorporate leading-edge technology in our practice and continue to be a leader in obstetrics and gynecology."

Vision statement

A vision statement should be developed in concert with your staff. It should include:

- the "then and there" focus on the historic perspective of your practice
- the ObGyn(s) and staff vision of the future
- what the ObGyn(s) and staff want to create. The vision statement should energize and excite your personnel, create a shared and meaningful purpose, inspire passion and interest, and convey the values you want to share in your practice.

Here is an example of a vision statement for an ObGyn practice: "We aim to become the premier obstetrics and gynecology provider to residents of (location) community."

Action plan: Setting goals

To succeed, an ObGyn practice needs to:

- develop targets and challenges reflecting periodic (quarterly) meetings with staff and new entity development in the practice
- establish benchmarks and measurable parameters (How do you compare with other local practices? Set criteria/metrics to assess your progress.)
- ensure that the objectives support the goals (Develop goals and objectives over a defined period of time.)
- revisit the goals (Have they have been met?
 Do they need revision?)

Goals and objectives are essential for the continued health of your practice. This is all predicated upon developing a competitive advantage and then maintaining it.

Is the environment welcoming?

When we examine a practice from the patient's point of view, a good starting place is with the front desk. Have you looked at your front desk "from the outside in?" In one sense, this is the showcase of your practice.

The first impression: Appointment scheduling

The first impression a patient receives about your practice occurs when she attempts to set up an appointment. Perhaps you might ask someone to call in to schedule an appointment. Is the caller immediately put on hold? Are your personnel courteous on the phone? Can she be seen quickly if she has a problem? How long is the wait for an annual exam? A test run can be very revealing.

Walk in the front door

When a patient walks in the door, does the physical office space radiate a friendly, relaxed atmosphere? Walk through the waiting room, then consultation and exam rooms as if you are a patient seeing it for the first time. Have you created an environment in which patients sense a well-organized office and the esprit de

corps of the personnel? Does it look and smell fresh and clean? This all sends a loud and clear positive message about your practice. 1-3

Here are some suggestions for making a waiting room more inviting:

- Provide a seating arrangement that is "patient centered." For example, semicircular arrangements allow easy viewing of any monitors in the waiting room.
- WiFi is a great addition. Post several signs with the user name and password.
- Offer computers for patients to use to complete registration
- Set up a fish tank. If well-maintained, it can be soothing to many people.
- Display medical information pamphlets, even if they are rarely taken.
- Provide a big screen television that offers information about your practice, including personnel and procedures.

Streaming ads for physician offices are available. One platform, Outcome Health (https://www.outcomehealth.com), provides flat-screen TVs and tablets that show patient education videos.⁴ Another vendor, Patient Point (http://patientpoint.com), offers waiting room networks, editorials, and other communications designed to support "the goals of improving healthcare." Other available media include channel news and music programming to relax patients.⁶

Wait times. A patient's perceived wait time and the actual wait time are often quite different. How long she waits to see the ObGyn is "numero uno" with regard to patient satisfaction and can be a key source of annoyance, irritability, stress, and anger.

Does someone inform waiting patients that the ObGyn is running late? Does staff at the front desk or perhaps your medical assistant inquire, "Can I get you anything? The doctor is running late," or "Dr. Jones has just finished delivering a baby. He'll be here in 10 minutes. He'll see you first."

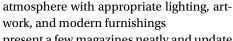
Consultation and exam rooms

Suggestions to develop a relaxing environment in your consultation and exam rooms are⁷:

- decorate the walls with soft, pastel colors
- use "spa aesthetics" to create a colorful



Examine your practice from the patient's point of view, from scheduling a first appointment to walking in the front door. Does the environment send a positive message?



- present a few magazines neatly and update them periodically
- stock and appropriately maintain the patients rooms with medical supplies
- remember, "Subjects perceive people more positively in beautiful rooms than in ugly rooms."

Set the lead example

The need for open and supportive communication between you and your office staff cannot be overly emphasized. An ideal office staff member understands and shares in the vision, is aware of stated goals and objectives, is responsive to patient needs, and wants to create a win-win environment.

Frequently discuss your expectations with your staff. Expect them to be responsive, courteous, competent, have good communication skills, and be influenced by the appearance of the physical environment. Provide support and educational tools to help them successfully perform their work.

Discover your patients' vision of customer service

Formal measurement of patient satisfaction began with Professor Irwin Press at the University of Notre Dame. Rod Ganey, a sociologist and statistician, then developed the Press Ganey Patient Satisfaction Survey. These points earlier conveyed by Maslow and Mintz⁸ addressed the "effects of esthetic surroundings." Color and art proved to be preferences in an esthetically pleasing environment. Additional historical information has been provided by Siegrist, who addressed "the patient experience."9 He cites the myth that patients do not fill out satisfaction surveys. Indeed they do. Patient satisfaction is not a personality contest but rather a reflection of the health care provider's investment of time and effort to offer patient-centered care. Siegrist also notes that the patient's family plays a key role in how a patient perceives her experience with her health care professional.⁹

The federal government has been actively involved in assessing patient satisfaction in the hospital setting since 2002. This is reflected in the Centers for Medicare and Medicaid Services, the Agency for Healthcare Research and Quality, and Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) surveys. The HCAHPS is a 27-question survey randomly administered to adult inpatients after discharge. 10-12

The following metrics are often included in patient satisfaction surveys^{9,10}:

- rating of hospital care from 0 (lowest) to 10 (highest)
- percentage of patients who would recommend a practice to family and friends
- number of patients who say their health care providers always communicate well
- the number of patients who report that the office is always clean and friendly.

Use of search engines focused on health care patient surveys can provide a number of options for clinicians to use in their practice.

Tips on patient satisfaction

Several interesting tips from the business world can be applied to an ObGyn's practice¹⁴:

- You will only hear from 4% of unhappy customers.
- One dissatisfied customer tells 9.
- 95% of customers with resolved issues will do business with you again.
- If a problem is not addressed, that patient will tell 10 others.
- Resolve the problem and 5 people will know about it.
- It costs 5 times as much effort to gain 1 new customer.
- Loyal customers in 1 area of service are good prospects for other (new) services.

Tell stories about good, satisfied patients

Sharing the stories of satisfied patients motivates others to consider coming to your



The need for open and supportive communication between you and your office staff cannot be overly emphasized

Talking cents: Assessing your practice

To assess the monetary value of your practice, you need to know what contributes to your profit margin and overhead. What investments are the most profitable? Then monitor each segment of the office practice.

Should you proceed with a purchase? Should you take on a new hire? Let's look at one excellent model from the Boston Consulting Group (FIGURE) that provides insight into "low and high performance" aspects of business or practice.¹

In the matrix, **Stars** use large amounts of cash and are leaders in cash generation. Stars lead to development of a **Cash Cow**, which are entities that generate profits and cash with low investment prerequisites. **Dogs** are segments of product and service line(s) that should be carefully reevaluated. A decision must be made to liquidate if the problem cannot be corrected. **Question Marks** have the worst cash characteristics of all and are associated with high demands and low profit margin(s).¹

SWOT analysis

A SWOT analysis is most helpful when assessing a practice in real time. The basic tenets are²: Strengths:

- · prestigious reputation
- technological expertise

Weaknesses:

- antiquated computer system
- lack of experience in specific areas

Opportunities:

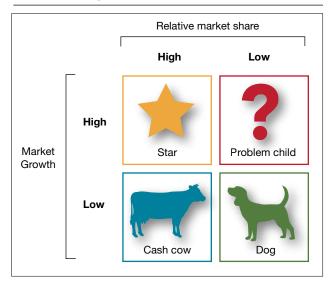
- growing market demand for a specific product or procedure
- · provision of unique services

Threats:

- · changing demographics
- competitive practices
- · changes in health care third-party payers.

The American College of Obstetricians and Gynecologists (ACOG) has developed an "ACOG Medical Home Toolkit" to allow ObGyns to assess how significant

FIGURE Boston Consulting Group Matrix provides a useful tool to assess your services¹



the changes regarding payers will be to their practice. Sections include the patient/practice partnership support; clinical care information; community resources; care delivery management; performance measurement and improvement; and payment and finance.³ The toolkit is available for download from the ACOG website.

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practice. To develop these stories, offer a "suggestion box" where patients can leave compliments or comments about their experiences. Ask patients to record their positive reviews (be sure to obtain written consent before recording and publishing). Show the videos on the big-screen TVs in your waiting room and include patient reviews (written, audio, and video) on your website. ¹⁵

Reevaluate periodically

Encouraging team spirit makes good business sense. Offer staff members bonuses for coming up with improved processes. Provide educational programs for staff on patient care, technology, etc. If a difficult experience occurs, discuss it openly with staff members without accusing, asking them for suggestions to improve the situation.¹⁶

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Bottom line

Ensuring that your patients have an outstanding experience is a smart business strategy. A unified approach that includes team

members' involvement to create a patientcentered environment will provide a quality experience and encourage patients to recommend your ObGyn practice to others. ②

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