

Appendix B

Table B. The domains, definitions, and affiliated variables Weiss' Readiness for Hospital Discharge Scale (RHDS) short version.*

Readiness Domain	Definition	Readiness variable
Personal status	<ul style="list-style-type: none">• How the patient feels on the day of discharge.	<ul style="list-style-type: none">• Physical readiness• Energy on day of discharge
Knowledge	<ul style="list-style-type: none">• How much the patient knows about care of self at home after discharge.	<ul style="list-style-type: none">• Knowledge of complications• Knowledge of restrictions
Perceived coping ability	<ul style="list-style-type: none">• How the patient will be able to cope at home after discharge.	<ul style="list-style-type: none">• Ability to handle demands• Ability to perform self-care
Expected support	<ul style="list-style-type: none">• How much help the patient will have if/when needed at home after discharge.	<ul style="list-style-type: none">• Help with care at home• Help with medical care

*Weiss ME. Readiness for Hospital Discharge Scale (RHDS).

<https://www.marquette.edu/nursing/readiness-hospital-discharge-scale.php>. Accessed April 10, 2020.