

Revenge of the Deer Stand

As you begin your shift, knowing deer season has started in your area, you wonder how long it will be before you see your first deer stand casualty of the day. With your first patient, you wonder no more: A 30-year-old man presents for evaluation of right wrist pain after falling from his deer stand. He says one of the straps holding the stand broke, causing him to fall forward and land on his outstretched hands.

His medical history is unremarkable. Inspection of the right wrist shows no obvious deformity. No significant swelling is present. There is decreased range of motion and localized tenderness over the radius and ulna. Good pulses and capillary refill are noted.

You obtain a radiograph of the wrist. What is your impression?



see answer on page 16>>



Nandan R. Hichkad, PA-C, MMSc, practices at the Georgia Neurosurgical Institute in Macon.

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ANSWER

The radiograph shows a fracture of both the distal radius and distal ulna. The patient was placed in a splint and referred to orthopedics for outpatient follow-up. **CR**

