

About Face

Facial rash is a commonly occurring symptom and also one of the most misunderstood. Would you be able to distinguish the benign from malignant?

Match the diagnosis to the photo by letter

- a. B-cell neoplasm
- b. Rosacea
- c. Erysipelas
- d. Polymorphous light eruption
- e. Seborrheic dermatitis



1. Papulosquamous skin disease, marked by a history of waxing and waning in severity and scaling, manifested in the perinasal area of this patient.



2. This patient had a painful, erythematous skin rash over the bridge of her nose, spreading to the malar area, eyelids, and forehead.



3. Shortly after she started taking Bikram yoga classes, this 30-year-old patient developed inflammatory papules and pustules—symptoms that worsened after each one-hour session. Physical exam revealed erythematous, inflammatory papules and pustules concentrated on her forehead, but no comedones.



4. Erythematous papules, papulovesicles, and plaques appeared on the sun-exposed surfaces of this patient's skin.



5. This patient presented with isolated, grouped, and multiple erythematous to violaceous papules, plaques, and nodules, in an asymmetric distribution.

For the correct answers, go to www.clinicianreviews.com/articles/picture-this.html.

Figures 1, 4, and 5 are reprinted with permission from *Cutis* (2014;94[1]:39-45); Figures 2 and 3 are reprinted with permission from *The Journal of Family Practice* (2010;59[8]:459-462 and 2010;59[7]:399-401, respectively). Figure 2 is courtesy of Felix B. Chang, MD; Figure 3, courtesy of Nikki N. Kim, MD, and Heather W. Wickless, MD, MPH; and Figures 4 and 5 courtesy of Marc Silverstein, MD.