Data Drive Revisions in PCI, STEMI Guidelines

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he pace of research in cardiology is proceeding so rapidly that important changes have been issued to two guidelines initially promulgated in the not-so-distant past.

The "focused updates" involve the treatment of ST-elevation myocardial infarction (STEMI) and the technique of percutaneous coronary intervention (PCI). While the updates maintained many of the recommendations in the full guidelines, issued in 2004 for STEMI and 2005 for PCI, they each included significant recommendations for practice changes. (See boxes.)

The STEMI updates, for example, reiterate that the overarching goal of treatment remains rapid reperfusion. But they state that, with the exception of aspirin, NSAIDs and cyclooxygenase-2 inhibitors should be discontinued immediately. And $\beta\text{-blockers}$ should not be administered to patients in certain high-risk groups.

The PCI updates emphasized the importance of ensuring that patients will be able to comply with dual antiplatelet therapy for a full year after receiving a drug-eluting stent. Bare-metal stents should be substituted when that compliance can't be ensured. This dual antiplatelet therapy is so important that physicians should take into account the possibility that the patient may later need medical procedures that would require that antiplatelet therapy be discontinued. Bare-metal stents or balloon angioplasty with provisional stent implantation should be considered for those patients.

The STEMI update was a joint effort of the American College of Cardiology and the American Heart Association and appeared in Circulation and the Journal of the American College of Cardiology. The PCI update was a joint effort of the ACC, the AHA, and the Society for Cardiovascular Angiography and Interventions (SCAI) and appeared in Circulation, the Journal of the American College of Cardiology, and Catheterization and Cardiovascular Interventions. The updates

are available online at www.americanheart.org and www.acc.org.

The focused update strategy was developed by the ACC/AHA Task Force on Practice Guidelines as a way to speed up the often years-long process of developing comprehensive new guidelines on the basis of full literature reviews. Twice a year or more experts are polled, and if there is a consensus that data from late-breaking clinical trials warrant an update, one can be prepared relatively quickly.

According to Dr. Elliott M. Antman, cochair of the STEMI update committee and chair of the 2004 writing committee, new research suggests several important changes in the management of this most critical type of heart attack. Among at least 15 guideline modifications or additions, he highlighted several in an interview.

"We indicate that physicians should not routinely administer intravenous β-blockers acutely to patients with heart failure or shock, or who are at risk for heart failure Continued on following page

Highlights of the Percutaneous Coronary Intervention Updates

- After implantation of a drug-eluting stent (DES), dual antiplatelet therapy comprising clopidogrel and aspirin is required for at least 1 year or longer.
 If the patient is likely to face addi-
- 2. If the patient is likely to face additional surgery requiring interruption of dual antiplatelet therapy, a bare-metal stent (BMS) or balloon angioplasty with provisional stent implantation should be considered instead of a DES.
- **3.** Between 24 hours and 28 days after a heart attack, PCI is not recommended in patients with one- or two-vessel dis-

ease and a totally occluded coronary artery if they are not hemodynamically and electrically stable and have no ongoing or easily provoked chest pain.

4. On the other hand, physicians might consider PCI for those patients or patients who respond favorably to initial fibrinolysis treatment if they don't continue to do well on drug therapy alone.

5. The balance of the evidence supports an early invasive strategy for PCI in patients with unstable angina or non-STE-MI who are at moderate and higher risk.

6. In patients with STEMI, facilitated PCI with regimens other than full-dose fibrinolytic therapy may be considered in high-risk patients if PCI is not immediately available within 90 minutes and if the risk of bleeding is low.

7. In patients with STEMI, a planned reperfusion strategy using full-dose fibrinolytic therapy followed by immediate PCI may be harmful.

8. A strategy of coronary angiography with the intent to perform rescue PCI is reasonable for those patients in

whom fibrinolytic therapy has failed. 9. The update includes specific guidelines for ancillary therapy in patients undergoing PCI for STEMI who received prior treatment with unfractionated heparin, enoxaparin, or fondaparinux.

10. Serum LDL cholesterol should be maintained below 100 mg/dL after PCI, and further reduction to less than 70 mg/dL is reasonable.

Source: J. Am. Coll. Cardiol. 2008;51:172-209.

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Highlights of the ST-Elevation Myocardial Infarction Updates

- 1. As in the 2004 guidelines, the overarching goal for treatment of ST elevation myocardial infarction is that reperfusion therapy should begin within 2 hours, and ideally within 1 hour of the event. 2. The emphasis on percutaneous coronary intervention should not obscure
- the importance of fibrinolytic therapy. **3.** With the exception of aspirin, all NSAIDs and cyclooxygenase-2 inhibitors should be discontinued immediately at the time of STEMI.
- **4.** Early intravenous β-blocker therapy should not be given to STEMI patients who have signs of heart failure or other relative contraindications to β-blockade.
- **5.** Long-term oral β-blockers should be used for secondary prevention in patients at high risk once they have stabilized.
- 6. The strategy of facilitated PCI (planned PCI immediately after administration of therapy to improve coronary patency) may be considered in subgroups of patients with a large MI
- or hemodynamic or electrical instability who are at low risk of bleeding.
- 7. Rescue PCI is suitable for patients who have received fibrinolytic therapy and who have cardiogenic shock, ventricular arrhythmia, or severe heart failure and/or pulmonary edema.
- 8. Patients undergoing reperfusion with fibrinolytics should receive anticoagulant therapy for at least 48 hours and preferably for the duration of the initial hospital stay up to 8 days.
- 9. Clopidogrel should be added to aspirin in patients with STEMI whether or not they receive reperfusion therapy, and the clopidogrel should be continued for at least
- 10. Emergency medical systems that provide advanced life support should increase the use of prehospital 12-lead electrocardiography.

Sources: J. Am. Coll. Cardiol. 2008;51:210-47

Continued from previous page

or shock," said Dr. Antman of Harvard Medical School, Boston. "There is information about facilitated PCI indicating that a strategy of a full-dose fibrinolytic followed by immediate routine PCI is not recommended anymore."

On the other hand, "It's not unreasonable to use a strategy of preparatory pharmacological regimen other than a fulldose fibrinolytic and routine immediate PCI in certain situations where the patient is at risk, PCI cannot be performed within 90 minutes, and bleeding risk is low."

Dr. Antman said that he has not heard any significant criticisms of the new STEMI guidelines, and that most will not be difficult to implement. "Physicians understand the importance of responding to evidence," he said. "These are strategies that are a matter of just organizing systems of care for patients with STEMI. We would hope that physicians would meet as a team in their local hospitals and local systems and consider how they are going to approach the STEMI patients in the future with this new information in mind."

The recommendation for prehospital 12-lead ECG may be one of the most challenging to implement, since many emergency medical technicians are not trained in interpreting ECGs, and many ambulance systems don't have prehospital ECG capability, he added.

In the PCI update, "We are reaching a point where we really have to look across time and also understand the impact of adjunctive therapies, and how we combine all of this I think is a real challenge," said Dr. Sidney C. Smith Jr., cochair of the focused update writing committee, in an interview posted on the ACC's Cardiosource Web site (www.cardiosource.com/guidelinefocus).

'My personal opinion is that comprehensive therapy really has a place in the management of patients," continued Dr. Smith of the University of North Carolina, Chapel Hill. "I still think that the highrisk patients, the patients that are symptomatic, benefit from revascularization, but we definitely are getting to a point where I personally will be urging and being certain that my patients not only have revascularization when they need it, but that they adhere to the comprehensive medical therapies that are so important in terms of reducing future events.'

Each of the focused updates includes detailed information about potential conflicts of interest among members of the writing committees. Individual members who appeared to have a conflict recused themselves from voting on certain sections. (daptomycin for injection)

Brief summary of prescribing information.

INDICATIONS AND USAGE CUBICIN (daptomycin for injection) is indicated for the following infections (see also DOSAGE AND ADMINISTRATION and CLINICAL STUDIES in full prescribing information): Complicated skin and skin structure infections (cSSSI) caused by susceptible isolates of the following Gram-positive microorganisms: Staphylococcus aureus (including methicillin-resistant isolates), Straptococcus progenes, S. agatactiae, S. dysgalactiae subsp. equisimilis, and Enterococcus faecalis (van-comycin-susceptible isolates only). Combination therapy may be clinically indicated if the documented or presumed pathogens include Gram-negative or anaerobic gragaines. Staphylococcus aureus lingstyram infecindicated if the documented or presumed pathogens include Gram-negative or anaerobic organisms. Staphylococcus aureus bloodstream infections (bacteremai), including those with right-sided infective endocarditis, caused by methicillin-susceptible and methicillin-resistant isolates. Combination therapy may be clinically indicated if the documented or presumed pathogens include Gram-negative or anaerobic organisms. The efficacy of CUBICIN in patients with left-sided infective endocarditis due to S. aureus has not been demonstrated. The clinical trial of CUBICIN in patients with S. aureus bloodstream infections included limited data from patients with left-sided infective endocarditis; outcomes in these patients were poor (see CLINICAL STUDIES in full prescribing information). CUBICIN has not been studied in patients with prosthetic valve endocarditis or meningitis. Patients with persisting or relapsing S. aureus infection or poor clinical response should have repeat blood cultures. If a culture is positive for S. aureus, MIC susceptibility testing of the isolate should be performed using a standardized procedure, as well as diagnostic evaluation to rule out sequestered foci of infection (see PRECAUTIONS). CUBICIN is not indicated for the treatsusceptibility testing of the isolate should be performed using a standardized procedure, as well as diagnostic evaluation to rule out sequestered foci of infection (see PRECAUTIONS). CUBICIN is not indicated for the treatment of pneumonia. Appropriate specimens for microbiological examination should be obtained in order to isolate and identify the causative pathogens and to determine their susceptibility to daptomycin. Empiric therapy may be initiated while awaiting test results. Antimicrobial therapy should be adjusted as needed based upon test results. To reduce the development of drug-resistant bacteria and maintain the effectiveness of CUBICIN and other antibacterial drugs, CUBICIN should be used only to treat or prevent infections that are proven or strongly suspected to be caused by susceptible bacteria. When culture and susceptibility information are available, they should be considered in selecting or modifying antibacterial therapy. In the absence of such data, local epidemiology and susceptibility patterns may contribute to the empiric selection of therapy.

CONTRAINDICATIONS CUBICIN is contraindicated in patterns with known hypersensitivity to daptomycin.

WARNINGS Clostridium difficile—associated diarrhea (CDAD) has been exported with use of nearly all antibacterial agents, including CUBICIN, and may range in severity from mild diarrhea to fatal colitis. Treatment

reported with use of nearly all antibacterial agents, including CUBICIN, and may range in severity from mild diarrhea to fatal colitis. Treatment with antibacterial agents alters the normal flora of the colon, leading to overgrowth of *C. difficile*. *C. difficile* produces toxins A and B, which contribute to the development of COAD. Hypertoxin-producing strains of *C. difficile* cause increased morbidity and mortality, since these infections can be refractory to antimicrobial therapy and may require colectomy. CDAD must be considered in all patients who present with diarrhea following antibiotic use. Careful medical history is necessary because CDAD has been reported to occur over 2 months after the administration of antibacterial agents. If CDAD is suspected or confirmed, ongoing antibiotic use not directed against *C. difficile* may need to be discontinued. Appropriate fluid and electrolyte management, protein supplementation, antibiotic treatment of *C. difficile*, and surgical evaluation should be instituted as clinically indicated.

Appropriate fluid and electrolyte management, protein supplementation, antibiotic treatment of *C. difficile*, and surgical evaluation should be instituted as clinically indicated.

PRECAUTIONS General The use of antibiotics may promote the selection of non-susceptible organisms. Should superinfection occur during therapy, appropriate measures should be taken. Prescribing OUBICIN in the absence of a proven or strongly suspected bacterial infection is unlikely to provide benefit to the patient and increases the risk of the development of drug-resistant bacteria. Persisting or Relapsing *S. aureus* Infection Patients with persisting or relapsing *S. aureus* Infection Patients with persisting or relapsing *S. aureus* infection or poor clinical response should have repeat blood cultures. If a culture is positive for *S. aureus*, MIC susceptibility testing of the isolate should be performed using a standard-rized procedure, as well as diagnostic evaluation to rule out sequestered foci of infection. Appropriate surgical intervention (eg., debridement, removal of prosthetic devices, valve replacement surgery) and/or consideration of a change in antibiotic regimen may be required. Failure of treatment due to persisting or relapsing *S. aureus* infections was assessed by the Adjudication Committee in 19/120 (15.8%) Comparator-treated patients (12 with MRSA and 7 with MSSA) and 11/115 (9.6%) comparator-treated patients (12 with MRSA and 7 with MSSA) and 11/115 (9.6%) comparator-treated patient supplylococcal semi-synthetic penicillin). Among all failures, 6 CUBICIN-treated patients and 1 vancomycin-treated patient developed increasing fulficient and deep-seated infection and did not receive necessary surgical infection with a comparator-treated patient infection and did not receive necessary surgical infection with a patient developed increasing therapy. Most patients who failed due to persisting or relapsing *S. aureus* infection shall do not receive necessary surgical infection and GPK sequents in 15/34 (2.4%) comparat those treated with comparator (N=24). In the *S. aureus* bacteremia/endo-carditis study, 3 (2.6%) CUBICIN-treated patients, including 1 with trauma

associated with a heroin overdose and 1 with spinal cord compression, had an elevation in CPK > 500 U/L with associated musculoskeletal symptoms. None of the patients in the comparator group had an elevation in CPK > 500 U/L with associated musculoskeletal symptoms. CUBICIN should be discontinued in patients with unexplained signs and symptoms of myopathy in conjunction with CPK elevation > 1,000 U/L (-5x ULN), or in patients without reported symptoms who have marked elevations in CPK > 2,000 U/L (310x ULN), in addition, consideration should be given to temporarily suspending agents associated with rhabdomyotysis, such as HMG-CoA reductase inhibitors, in patients receiving CUBICIN. In a Phase 1 study examining doses up to 12 mg/kg q24h of CUBICIN for 14 days, no evidence of nerve conduction deficits or symptoms of peripheral neuropathy was observed. In a small number of patients in Phase 1 and Phase 2 studies at of nerve conduction dentits of symptoms of peripheral netropathy was observed. In a small number of patients in Phase 1 and Phase 2 studies at doses up to 6 mg/kg, administration of CUBICIN was associated with decreases in nerve conduction velocity and with adverse events (eg, paresthesias, Bell's palsy) possibly reflective of peripheral or cranial neuropathy. Nerve conduction deficits were also detected in a similar number of comparator subjects in these studies. In Phase 3 cSSSI and community-acquired pneumonia (CAP) studies, 7/989 (0.7%) CUBICIN-treated patients and 7/1,018 (0.7%) comparator-treated patients experienced parestheses. New comparator-treated patients experienced parestheses. and 71,018 (0.7%) comparator-treated patients experienced paresthe-sias. New or worsening peripheral neuropathy was not diagnosed in any of these patients. In the *S. aureus* bacteremia/endocardifis trial, a total of 11/120 (9.2%) CUBICIN-treated patients had treatment-emergent adverse events related to the peripheral nervous system. All of the events were classified as mild to moderate in severity; most were of short duration and resolved during continued treatment with CUBICIN or were likely due to an resolved during continued treatment with CUBICIN or were likely due to an alternative etiology. In animals, effects of CUBICIN on peripheral nerve were observed (see **ANIMAL PHARMACOLOGY** in full prescribing information). Therefore, physicians should be alert to the possibility of signs and symptoms of neuropathy in patients receiving CUBICIN. **Drug Interactions** *Wartarin* Concomitant administration of CUBICIN (6 mg/kg q24h for 5 days) and warfarin (25 mg single oral dose) had no significant effect on the pharmacokinetics of either drug, and the INR was not significantly altered. As experience with the concomitant administration of CUBICIN and warfarin is limited, anticoaquilant activity in patients receiving CUBICIN and warfarin is limited, anticoaquilant activity in patients receiving CUBICIN and warfarin should be monitored for the first experal days after citization theraps, with is limited, anticoagularitativity in planetis feediving colocitiva and warrain should be monitored for the first several days after initiating therapy with CUBICIN (see CLINICAL PHARMACOLOGY, Drug-Drug Interactions in full prescribing information). HMG-CoA Reductase Inhibitors Inhibitors of HMG-CoA reductase may cause myopathy, which is manifested as muscle pain or weakness associated with elevated levels of CPK. There of HMG-CoA reductase may cause myopathy, which is manifested as muscle pain or weakness associated with elevated levels of CPK. There were no reports of skeletal myopathy in a placebo-controlled Phase 1 trial in which 10 healthy subjects on stable simvastatin therapy were treated concurrently with CUBICIN (4 mg/kg Q244) for 14 days. In the Phase 3 *S. aureus* bacteremia/endocarditis trial, 5/22 CUBICIN-treated patients who received prior or concomitant therapy with an HMG-CoA reductase inhibitor developed CPK elevations >500 U/L Experience with co-administration of HMG-CoA reductase inhibitors and CUBICIN in patients is limited; therefore, consideration should be given to temporarily suspending use of HMG-CoA reductase inhibitors in patients receiving CUBICIN (see **ADVERSE REACTIONS**, **Post-Marketing Experience**). **Drug-Laboratory Test Interactions**. There are no reported drug-laboratory test interactions. REACTIONS, Post-Marketing Experience). Drug-Laboratory Test Interactions. There are no reported drug-laboratory test interactions. Carcinogenesis, Mutagenesis, Impairment of Fertility Long-term carcinogenic potential of daptomycin. However, neither mutagenic nor clastogenic potential was found in a battery of genotoxicity tests, including the Ames assay, a mammalian cell gene mutation assay, a test for chromosomal aberrations in Chinese hamster ovary cells, an in vivo micronucleus assay, an in vitro DNA repair assay, and an in vivo sister chromatid exchange assay in Chinese hamsters. Daptomycin did not affect the fertility or perpoductive performance of male and female rats when administered intravenously at doses up to 150 mg/kg/day, which is approximately 9 times the estimated human exposure level based upon AUCs. Pregnancy Teratogenic Effects: Pregnancy Category B Reproductive and teratology studies performed in rats and rabbits at doses of up to 75 mg/kg, 2 and 4 times the 6 mg/kg human dose, respectively, on a body surface area basis, have revealed no evidence of harm to the fetus due to daptomycin. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed. Nursing Mothers It is not known if daptomycin is excreted in human milk. Caution should be exercised when CUBICIN is administered to nursing women. Pediatric Use Safety and efficacy of CUBICIN in patients under the age of 18 have not been established. Geriatric Use Of the 534 patients treated with CUBICIN in Phase 3 controlled clinical trials of cSSS1, 27.0% were 65 years of age or older and 12.4% were 75 years of age or older. Of the 120 patients treated with CUBICIN in the Phase 3 clinical studies of cSSS1 and S. aureus bacteremia/endocarditis, lower of pages of age. ADVERSE REACTIONS Because clinical trials are conducted under widely varying conditions, adverse events that appear to be Interactions There are no reported drug-laboratory test interaction Carcinogenesis, Mutagenesis, Impairment of Fertility Long-ten carcinogenicity studies in animals have not been conducted to evaluate the

pepsia 0.9% and 2.5%; *General disorders*: injection site reactions 5.8% and 7.7%; fever 1.9% and 2.5%; *Nervous system disorders*: headache 5.4% and 5.4%; insomnia 4.5% and 5.4%; dizziness 2.2% and 2.0%; *Skin/subcutaneous disorders*: rash 4.3% and 3.6%; puritus 2.8% and 1.8%; elevated CPK 2.8% and 1.8%; *infections*: tungal infections 2.6% and 1.6%; elevated CPK 2.8% and 1.8%; *infections*: fungal infections 2.6% and 3.2%; *uninary* tract infection 2.4% and 0.5%; *laszaria disorders*: hypotension 2.4% and 1.4%; hypertension 1.1% and 2.0%; *Resplantinary disorders*: anemia 2.1% and 2.3%; *Respliratory disorders*: disporaes: hypotension 2.4% and 1.4%; hypertension 1.1% and 2.0%; *Respliratinary disorders*: anemia 2.1% and 2.3%; *Respliratory disorders*: disporae 2.1% and 1.6%; *Musculoseletal disorders*: limb pain 1.5% and 2.0%; arthraljalio 9.9% and 2.2%. "Comparators included vancomycin (1 g IV q12h) and anti-staphy-lococal semi-synthetic penicillins (e.e. natifilint), oxacillin, cloacillin, value-cloacillin; 4 to 12 g/day IV in divided doses). The incidence (%) of adverse events that occurred in 35% of patients organized by system organ class (SOC), in either CUBICNI 6 mg/kg (N=120) or comparator; (N=116) treatment groups in the 5.8 aureus bacteremia/endocarditis study were as follows: *Infections and infestations*: 55 (54.2%) and 56 (48.3%); *urinary tract infection* NOS 8 (6.7%) and 11 (9.5%) and 3 (2.6%); bacteraemia 6 (5.0%) and 0 (0%); pneumonia NOS 4 (3.3%) and 9 (7.8%); *Castrointestinal disorders*: 60 (50.0%) and 68 (58.6%) and 3 (2.6%); bacteraemia 6 (5.0%) and 0 (0%); pneumonia NOS 4 (3.3%) and 9 (7.8%); *Castrointestinal disorders*: 50 (50.0%) and 6 (5.2%); dispensable 4 (3.7%) and 5 (4.2%) and 6 (5.0%) and 6 (6.0%) and 6 (6.0%); an were higher in CUBICIN-treated patients than in comparator-treated patients. These differences were due to lack of therapeutic effectiveness of CUBICIN in the treatment of CAP in patients experiencing these adverse events (see INDICATIONS AND USAGE). The incidence of decreased renal function based on creatinine clearance levels in CUBICIN 6 mg/kg (N=120) and comparator (N=116) was as follows: Days 2 to 4, 2/96 (2.1%) and 6/90 (6.7%); Days 2 to 7, 6/115 (5.2%) and 16/113 (14.2%); Day 2 to End of Therapy, 13/118 (11.0%) and 30/114 (26.3%). 'Comparator' vancomycin' (1 g IV q12h) or anti-staphylococcal semi-synthetic penicillin (ie, nafcillin, oxacillin, cloxacillin, flucloxacillin; 2 g IV q4h), each with initial low-dose gentamicin. Post-Marketing Experience The following adverse reactions have been reported with CUBICIN in worldwide post-marketing experience. Because these events are reported voluntarily from a population of unknown size, estimates of frequency cannot be made and causal relationship cannot be precisely established. Immune System Disorders: anaphylaxis; hypersensitivity reactions, including pruritus, hives, shortness of breath, difficulty swallowing, truncal erythema, and pulmonary eosinophilia. Musculoskeletal System: rhabdomyolysis; some reports involved patients treated concurrently with CUBICIN and HMG-CoA reductase inhibitors.

OVERDOSAGE In the event of overdosage, supportive care is advised with

OVERDOSAGE In the event of overdosage, supportive care is advised with maintenance of glomerular filtration. Daptomycin is slowly cleared from the body by hemodialysis (approximately 11% recovered over 4 hours) or peritoneal dialysis (approximately 11% recovered over 48 hours). The use of high-flux dialysis membranes during 4 hours of hemodialysis may increase the percentage of dose removed compared with low-flux membranes. **DOSAGE** The recommended dosage of CUBICIN (daptomycin for injection) in adult patients is as follows: *Creatinine clearance* ($CL_{pol} > 3.00 \, mL/min$: 4 mg/kg once every 24 hours (cSSSI) or 6 mg/kg once every 24 hours (cSSSI) or 6 mg/kg once every 48 hours (cSSSI) or 6 mg/kg once every



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