vous system or with alcohol, he added.

Dr. Katz described both types of events as "relatively rare," based on the information available. He added that no deaths have been reported in association with any of the events reported to the FDA.

After the teleconference, an FDA spokesperson said that the agency had received a "couple of dozen" reports of complex sleep behaviors but emphasized that these events are likely to be underreported, and that the decision to strengthen labeling was not based on numbers but on the serious nature of these adverse effects. There were more cases of allergic reactions, but no specific numbers were provided.

Manufacturers also have been asked to develop "Patient Medication Guides" to directly inform patients about the risks and about what they can do to minimize their risks of experiencing these events. Medication guides are leaflets that are required for certain drugs with particular risks, which are distributed with each new prescription or refill. These will not be available soon, however, since the companies have until May to submit their versions of the guides, which will then need to be reviewed by the agency.

But the events also are being added to the "information for patients" section of the drug labels, which physicians can use

to counsel patients. "Patients should be aware that there are behaviors that they can engage in that can decrease the risk of these events occurring, namely, to refrain from alcohol [and] other drugs that depress the nervous system and to make sure they take the right dose," Dr. Katz emphasized.

The FDA also has requested that the manufacturers conduct clinical trials to determine whether the complex sleep behaviors are more common with some of the drugs and not others. Dr. Katz said that none of the companies had approached the agency yet with plans for such studies and acknowledged that getting them to do studies would be more difficult than making the labeling changes.

The label change affects drugs including Zolpidem, marketed as Ambien/Ambien CR by Sanofi-Aventis; butabarbital, marketed as Butisol Sodium by Medpointe Pharmaceuticals HLC; flurazepam, marketed as Dalmane by Valeant Pharmaceuticals; quazepam, marketed as Doral by Questcor Pharmaceuticals; triazolam, marketed as Halcion by Pharmacia & Upjohn Inc.; eszopiclone, marketed as Lunesta by Sepracor Inc.; estazolam, marketed as Prosom by Abbott; temazepam, marketed as Restoril by Tyco Healthcare Group; ramelteon, marketed as Rozerem by Takeda Pharmaceutical Inc.; secobarbital, marketed as Seconal by Ranbaxy Pharmaceuticals Inc.; and zaleplon, marketed as Sonata by King Pharmaceuticals Inc.

Health care professionals can report serious adverse reactions to these and other drugs to the FDA's Medwatch program online at www.fda.gov/medwatch, by calling 800-332-1088, or by faxing 800-332-0178.

## ADHD Patient Drug Guides to Be Revised

The Food and Drug Administration has sent letters to all manufacturers of medications approved for treating attention-deficit hyperactivity disorder, instructing them to develop patient medication guides within 30 days to address possible cardiovascular risks and adverse psychiatric symptoms associated with their use.

The ruling builds on regulatory action the FDA took last May when it directed manufacturers to revise product labeling for physicians to reflect concerns about adverse cardiovascular and psychiatric events. The concerns came from an FDA review of reports of sudden unexplained death in patients taking usual doses of ADHD products, said Dr. Tom Laughren, director of the division of psychiatry products at the FDA Center for Drug Evaluation and Research, during a teleconference.

Concern about adverse psychiatric events, principally psychotic symptoms, comes from another FDA review, including spontaneous reports and pooled analyses of placebo-controlled trials.

"The causal link is stronger for this event than it is for cardiovascular events," Dr. Laughren said, noting that adverse psychiatric events occur in about 1 of every 1,000 patients treated.

The ruling applies to 15 products: Adderall tablets, Adderall XR extended-release capsules, Concerta extended-release tablets, Daytrana transdermal system, Desoxyn tablets, Dexedrine Spansule capsules and tablets, Focalin tablets, Focalin XR extended-release capsules, Metadate CD extended-release capsules, Methylin oral solution, Methylin chewable tablets, Ritalin tablets, Ritalin SR sustained-release tablets, Ritalin LA extended-release capsules, and Strattera capsules.

Draft medication guides for these products can be found at www. fda.gov/cder/ drug/infopage/ADHD/default.htm.

—Doug Brunk

Other events reported by 1% or more of patients with early Parkinson's disease and treated with Mirapex® (pramipexole dilrydrochloride) tablets but reported equally or more frequently in the placebo group were infection, accidental injury, headache, pain, terrom, back pain, syncope, postural hypotension, hypertonia, depression, abdominal pain, anviety, dysein, datadache, pain, terrom, back pain, syncope, postural hypotension, theyertonia, depression, abdominal pain, anviety, dysein, datadache, diarrhea, rash, ataxia, dry mouth, extrapyramidal syndrome, leg cramps, twitching, pharyngitis, sinusitis, sweating, rhinitis, urinary tract infection, vasodilation, flu syndrome, increased saliva, tooth disease, dyspnea, increased creatine PK, nervousness, dream abnormalities, chiest pain, neck pain, paresthesia, tachycardia, vertigo, voice alteration, conjunctivitis, paralysis, accommodation abnormalities, trinitus, diplopia, and taste perversions.
In a fixed-dose study in early Parkinson's disease, occurrence of the following events increased in frequency as the dose increased over the range from 1.5 mg/day to 6 mg/day; postural pryotension, nausea, constipation, somnolence, and armesia. The frequency of these events was generally 2-fold greater than placebo for pramipexole doses greater than 3 mg/day. The incidence of somnolence with pramipexole at dose of 1.5 mg/day was comparable to that reported for placebo.

Advanced Parkinson's Disease: In the four double-blind, placebo-controlled trials of patients with advanced Parkinson's disease, the most commonly observed adverse events (<5%) that were numerically more frequent in the group treated with MIRAPEX tablets and concomitant levodopa in the double-blind, placebo-controlled trials discontinued treatment due to adverse events compared with 1% of 264 patients who received placebo and concomitant levodopa. The events most commonly casing discontinuation of treatment were related to the nervous system (hallucinations [2.7% on MIRAPEX tablets vs 0.4% on placebol; dyskine

1.5% on placebol); confusion [1.2% on MIRAPEX tablets vs 2.3% on placebol); and cardiovascular system (postural (ortnostatic) hypotension [2.3% on MIRAPEX tablets vs 1.1% on placebol).

Adverse-event Incidence in Controlled Clinical Studies in Advanced Parkinson's Disease: This section lists treatment-emergent adverse events that occurred in the double-blind, placebo-controlled studies in advanced Parkinson's disease that were reported by 1% or more of patients treated with MIRAPEX tablets and were numerically more frequent than in the placebo group. In these studies, MIRAPEX tablets or placebo was administered to patients who were also receiving concomitant levodopa. Adverse events were usually mild or moderate in intensity.

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usual medical practice where patient characteristics and other factors differ from those that prevailed in the clinical studies. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigations. However, the cited figures of provide the prescribing physician with some basis for estimating the relative contribution of drug and nondrug factors to the adverse-event incidence rate in the population studied. Treatment-emergent adverse events are listed by body system in order of decreasing incidence for MIRAPEX tablets (N=260) vs placebo (N=264), respectively, Body as a whole cacidental pluny (17% vs 15%), asthenia (10% vs 8%), own 8%), general edema (4% vs 3%), chest pain (3% vs 2%), malaise (3% vs 2%). Palaise (3%), Malaise (3% vs 2%), malaise (3% vs 2%), and over the subject of the subject

sient. oximately 7% of 575 patients treated with MIRAPEX tablets during the double-blind periods of three placebo-controlled trials influed treatment due to adverse events compared to 5% of 223 patients who received placebo. The adverse event most monly causing discontinuation of treatment was nausea (1%). section lists treatment-emergent events that occurred in three double-blind, placebo-controlled studies in RLS patients that reported by 2% or more of patients treated with MIRAPEX tablets and were numerically more frequent than in the placebo

escriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of u

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usar, medical practice where patient characteristics and other factors differ from those that prevailed in the clinical studies. Similarly, the otted frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigations. However, the cited figures do provide the prescribing physician with some basis for estimating the relative contribution of drug and nondrug factors to the adverse-event incidence rate in the population studied. Treatment-emergent adverse events are listed by body system in order of decreasing incidence for MIRAPEX tablets (N=575) vs placebo (N=223), respectively. Castrointestinal disorders: nausea (16% vs 5%), constipation (4% vs 1%). General disorders and administration site conditions: failuge (9% vs 7%). Infections and infestations: influenza (3% vs 1%). Nervous system disorders: headache (16% vs 15%), somnolence (6% vs 3%). Patients may have reported multiple adverse experiences during the study or at discontinuation; thus, patients may be included in more than one category.

than one category.

This section summarizes data for adverse events that appeared to be dose related in the 12-week fixed dose study. Dose related adverse events in a 12-week fixed dose study. Dose related adverse events in a 12-week fixed dose study in Restless Legs Syndrome (occurring in 5% or more of all patients in the treatment phase) are listed by body system in order of decreasing incidence for MiRAPEX (0.25 mg [N=80]; 0.5 mg [N=90]) vs placebo (n=96), respectively, Gastrointestinal disorders: nausea (11%; 19%; 7% vs 19%), dainthea (3%; 13%; 7% vs 0.9%), despensia (3%; 19%; 44% vs 7%) infactions and infastations: inflinatsations: inflinatsations: infinitestations: infinitestations: infastations informations and infastations infinitestations informations and infastations infinitestations infinitestations: information (9%; 9%; 13% vs 9%), abnormal dreams (2%; 1%; 8% vs 2%). Respiratory, thoracic and mediastinal disorders: nasol congestion (0%; 3%; 6% vs 19%). Musculoskeletal and connective tissue disorders: pain in extremity (3%; 3%; 7% vs 19%).

1%).
Other events reported by 2% or more of RLS patients treated with Mirapex® (pramipexole ditrydrochloride) tablets but equally or more frequently in the placebo group, were: vomiting, nasopharyngitis, back pain, pain in extremity, dizziness, and insomnia.

General

Adverse Events; Relationship to Age, Gender, and Race: Among the treatment-emergent adverse events in patients treated with
MIRAPEX tablets, hallucination appeared to exhibit a positive relationship to age in patients with Parkinson's disease. Although no
gender-related differences were observed in Parkinson's disease patients, nausea and fatigue, both generally transient, were more
requently reported by female than male RLS patients. Less than 4% of patients enrolled were non-Caucasian, therefore, an evaluation
of adverse events related to race is not possible.

frequently reported by female than male RLS patients. Less than 4% of patients enrolled were non-Caucasian, therefore, an evaluation of adverse events related to race is not possible.

\*\*Other Adverse Events Observed During Phase 2 and 3 Clinical Trials: MIRAPEX tablets have been administered to 1620 Parkinson's disease patients and to 889 RLS patients in Phase 2 and 3 clinical trials. During these trials, all adverse verents were recorded by the clinical investigators using treminology of their own choosing; similar types of events were proved to the clinical investigators using treminology of their own choosing; similar types of events were prouped into a smaller number of standardized categories using MedDRA dictionary terminology. These categories are used in the listing below. Adverse events which are not listed above but occurred on at least two occasions (one occasion if the event was serious) in the 2509 individuals exposed to MIRAPEX tablets are listed below. The reported events below are included without regard to determination of a causal relationship to MIRAPEX tablets are listed below. The reported events below are included without regard to determination of a causal relationship to MIRAPEX tablets.

\*\*Blood and \*\*Impatial\*\* system disorders\*\* ameria, iron deficiency anemia, leukocytosis, leukopenia, lymphadenitis, lymphadenopathy, thrombocythaemia, thrombocytopenia. \*\*Lardiac adisorders\*\* angina pectoris, arrhythmia, supraventricular blook second degree, bradycardia, burnale branch blook, cardiac arrest, cardiac failure, cardiac failure congestive, cardiomegaly, coronary artery occlusion, cyanosis, extrasystoles, left vertricular failure, myocardial infarction, nodal arrhythmia, sinus arrhythmia, sinus bradycardia, sinus tachycardia, supraventricular extrasystoles, supraventricular disorders\* despressed and tabritation and penetic disorders\* arrain appared, hypoacusis, motion sickness, vestibular ataxia. \*\*Endocrine disorders\*\* goiter, hyperthyrolidsm. hypothyroldsm. \*\*Eye disorders\*\* amaurosis fu ncontinence, gastric ulcer, gastric ulcer hemorrhage, gastritis, gastrointestinal hemorrhage, gastroesophageal reflux diseas gingivitis, haematemesis, haematochezia, hemorrhoids, hiatus hernia, hyperchlorhydria, ileus, inguinal hernia, intestinal obstruction

irritable bowel syndrome, esophageal spasm, esophageal stenosis, esophagitis, pancreatitis, periodontitis, rectal hemorrhage, reflux esophagitis, tongue edema, tongue ulceration, toothache, umbilical hemia. General disorders: chest discomfort, chills, death, drug withdrawal syndrome, face edema, feeling oold, feeling both, feeling littery, gait disturbance, impaired healing, influenza-like illness, irritability, localized edema, edema, pitting edema, thirst. Hepatobiliary disorders: bilary colic, cholecystitis, cholecystitis, chronic, choleithiasis. Immune system disorders: dring hypersersitivity, illnections and infestations: abosess, acute tonsillitis, appendicitis, bronchiopistis, bronchiopistis prometria, cellulitis, cystitis, dental caries, diverticulis, ear infection, replication, folliculiis, tarpagitis, lobar pneumonia, nall infection, onychomycosis, oral candidiasis, orchitis, ear infection, interverterial disclisis, laryogitis, lobar pneumonia, nall infection, onychomycosis, oral candidiasis, orchitis, osteromyellis, otitis externa, otitis media, paronychia, proherpitris, proderma, sepsis, skin infection, tomatis, tooth abosess, both infection, upper respiratory tract infection, urethritis, vaginal candidiasis, vaginal infection, traffic accident, subunum, tendor nutputra. Metabolism and nutrition disorders: cachexia, decreased appetite, dehydration, diabetes mellitus, fluid retention, gout, hypercholesterolemia, hypoeralimosis, increased appetite, metabolic alkalosis. Musculoskeletal and connective issue disorders: bone pain, fascilitis, flank pain, intervertebral disc disorder, intervertebral disc protration, injuit effusion, injuit efficies, princip, momarthriss, muscle rigidity, muscle pagans, muscles pagans, musculoskeletal stiffness, myopathy, myositis, nuchal rigidity, osteoarthritis, esteoarchis, seteoporosis, polymagila, rheumatoid arthritis, shoulder pain, spiral osteoarthritis, endontis, tenosymovitis. Negolasma benign, momarthritis, muscle rigidity metabolish endoresis, propertical advisor

Talling Asleep During Activities of Daily Living: Patients treated with Mirapex<sup>®</sup> (gramipexole dihydrochloride) tablets his reported falling asleep while engaged in activities of daily living, including operation of a motor vehicle which sometimes resul

Falling Asleep During Activities of Daily Living: Patients treated with Mirapex® (pramipexole dihydrochloride) tablets have reported falling asleep while engaged in activities of daily living, including operation of a motor vehicle which sometimes resulted in accidents (see bolded WARNING).

Post-Marketing Experience: In addition to the adverse events reported during clinical trials, the following adverse reactions have been identified during post-approval use of MIRAPEX tablets, primarily in Parkinson's disease patients. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure. Decisions to include these reactions in labeling are typically based on one or more of the following factors: (1) seriousness of the reaction, (2) frequency of reporting, or (3) strength of causal connection to pramipexole tablets. Similar types of events were grouped into a smaller number of standardized categories using the MedDish dictionary; abnormal behavior, abnormal dreams, accidents (including fall), blackouts, fatigue, hallucinations (all kinds), headache, hypotension (including postural hypotension), increased eating (including binge eating, compulsive eating, and hyperplagia), libiol disorders (including increased and decreased libido, and hypersexuality), pathological gambling, syncope, and weight increase.

for abuse, tolerance, or physical dependence. However, in a rat model on cocaine self-administration, pramipexole had little or no effect.

OVERDOSAGE

There is no clinical experience with massive overdosage. One patient, with a 10-year history of schizophrenia, took 11 mg/day of pramipexole for 2 days in a clinical trial to evaluate the effect of pramipexole in schizophrenic patients. No adverse events were reported related to the increased dose. Blood pressure remained stable although pulse rate increased to between 100 and 120 beats/minute. The patient withdrew from the study at the end of week 2 due to lack of efficacy.

There is no known antidote for overdosage of a dopamine agonist. If signs of central nervous system stimulation are present, a phenothiazine or other butyrophenone neuroleptic agent may be indicated; the efficacy of such drugs in reversing the effects of overdosage has not been assessed. Management of overdose may require general supportive measures along with gastric lavage, intravenous fluids, and electrocardiogram monitoring.

ANIMAL TOXICOLOGY

Retinal Pathology in Albino Rats: Pathologic changes (degeneration and loss of photoreceptor cells) were observed in the retina of albino rats in the 2-year carcinogenicity study with pramipexole. These findings were first observed during week 76 and were dose dependent in animals receiving 2 or 8 mg/kg/day (blasma AUCs equal to 2.5 and 12.5 times the AUC in humans that received 1.5 mg TID). In a similar study of pigmented rats with 2 years' exposure to pramipexole 2 or 8 mg/kg/day, retinal degeneration was not diagnosed. Animals given drug had thinning in the outer nuclear layer of the retina that was only slightly greater than that seen in control rats utilizing morphometry.

Investigative studies demonstrated that pramipexole reduced the rate of disk shedding from the photoreceptor or cells of the retina in albino rats, which was associated with enhanced sensitivity to the damaging effects of light. In a comparative study, degeneration and los

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Mirapex

