Most Hormonal Contraception Effective in Obese

BY ROBERT FINN

SAN FRANCISCO — Oral contraceptives provide effective birth control in very heavy or obese women, but "OCs are less forgiving of imperfect use among" this population, according to James Trussell, Ph.D., director of the office of population research, Princeton (N.J.) University.

Speaking at a conference on contra-

OXYCONTIN® 10 mg | 15 mg | 20 mg | 30 mg | 40 mg 60 mg* | 80 mg* | 160 mg*

*60 mg, 80 mg, and 160 mg for use in opioid-tolerant patients only

BRIEF SUMMARY OF PRESCRIBING INFORMATION (For complete prescribing inform see package insert)

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WARNING: OxyContin is an opioid agonist and a Schedule II controlled substance with an abuse liability similar to morphine. Oxycodone can be abused in a manner similar to other opioid agonists, legal or illicit. This should be considered when prescribing or dispensing OxyContin i subulons where the physician or pharmacist is concerned about an increased risk of misuse, abuse, or diversion

OxyContin Tablets are a controlled-release oral formulation of oxycodone hy

UsyComin 1 ablets are a controlled-release or al formulation of oxyCoodone hydro-chloride indicated for the management of moderate to severe pain when a con-tinuous, around-the-clock analgesic is needed for an extended period of time. OxyContin 60 mg, 80 mg, and 160 mg Tablets, or a single dose greater than 40 mg, ARE FOR USE IN OPIOID-TOLERANT PATIENTS ONLY. A single dose greater than 40 mg, or total daily doses greater than 80 mg, may cause faal respiratory depression when administered to patients who are not tolerant to the respiratory depres-

sant effects of opioids. Oxycontin TABLETS ARE TO BE SWALLOWED WHOLE AND ARE NOT TO BE BROKEN, CHEWED, OR CRUSHED. TAKING BROKEN, CHEWED, OR CRUSHED OxyContin TABLETS LEADS TO RAPID RELEASE AND ABSORPTION OF A POTENTIALLY FATAL DOSE OF OXYCODONE.

INDICATIONS AND USAGE

OxyContin Tablets are a controlled-release oral formulation of oxycodone hydrochloride indicated for the management of moderate to severe pain when a continuous, around-the-clock analgesic is needed for an extended period of time. l for use as a prn analo

Physicians should individualize trea

ns should individualize treatment in every case, initiating therapy at the appropriate point progression from non-point analgesies, such as ono-streoid anti-inflammatury drugs aminophen to opioids in a plan of pain management such as outlined by the World Health the "Research" of Healthcare Research and Dualty dometry known as the Appency for ne Policy and Research), the Federation of State Medical Boards Model Guidelines, or the Pain Society. In its not indicated for pain in the immediate postoperative period (the first 12-24 hours following or if the pain sim (if , ont depetced to persist for an extended period of time. DoyContin is cated to prosponsative use. If the patient is already receiving the drug prior to surgery or if the schuld individual treatment, moving from parenteral to oral analgesics as appropriate. retrice a Pain Society guidelines.). DICATIONS

NUICATIONS ** Is contraindicated in patients with known hypersensitivity to oxycodone, or in orisk are contraindicated. This includes patients with significant respiratory red settings or the absence or resuscitative equipment), and patients with as asthma or hypercarbia. OxyContin is contraindicated in any patient who has or paralytic leas.

UIS ITIN TABLETS ARE TO BE SWALLOWED WHOLE AND ARE NOT TO BE BROKEN, CHEWED, Shed. Taking Broken, Chewed, or Crushed Oxycontin tablets leads to rapid E and Absorption of a potentially fatal dose of oxycodone.

SE AND ADSUMPTION OF A POTENTIALL TRAIL DUSE OF OATCOOMS Init 60 mg, 80 mg, and 160 mg Tables, or a single dose greater than 40 mg, OID-TOLERANT PATIENTS ONLY. A single dose greater than 40 mg, or to r than 80 mg, may cause fatal respiratory depression when administered t tolerant to the respiratory depressant effects of optiolis. s should be instructed against use by individuals other than the patient for whom it was bed, as such inappropriate use may have severe medical consequences, including death.

schede, as such mappinghate use may have severe mean consequences, menuany deam-suse, Abuse and Diversion of Opioids codone is an opioid agonist of the morphine-type. Such drugs are sought by drug abusers and ople with addiction disorders and are subject to criminal diversion.

with addiction disorders and are subject to criminal oversion. fore can be abused in a manner similar to other opiol capolits, legal or illicit. This should be ered when prescribing or dispersing 0xyContin in situations where the physician or pharmacist remed about an increased risk of missue, abuse, or diversion. This has been reported as being abused by cushing, chewing, snorting, or injecting the discolved t. These practices will result in the uncontrolled delivery of the opiold and pose a significant risk abuse that could result in overtose and death **ARNINGS and DRUG ABUSE AND ADDICTION**.

e professionals should contact their State Professional Licensing Board, or State Controlled es Authority for information on how to prevent and detect abuse or diversion of this

. ions with Alcohol and Drugs of Abuse one may be expected to have additive effects when used in conjunction with alcohol, or illicit drugs that cause central nervous system depression. RUSE AND ADDICTION this canchine expectations which is a future uncertaint orbit with an abuse lishible timi this canchine expectations which is a future uncertaint orbit with an abuse lishible timi this canchine expectations which is a future uncertaint orbit with an abuse lishible timi this canchine expectations which is a future uncertaint orbit with an abuse lishible timi the canchine expectation which is a future uncertaint orbit with an abuse lishible timi the canchine expectation which is a future uncertaint orbit with an abuse lishible timi the canchine expectation which is a future uncertaint orbit with a solution of the future orbit with a solution of the future orbits of the

ISE AND ADUICTION [®] contains oxycodone, which is a full mu-agonist opioid with an abuse liability similar to and is a Schedule II controlled substance. Oxycodone, like morphine and other opioids algesia, can be abused and is subject to criminal diversion.

licition is characterized by compulsive use, use for non-medical purposes, arm or risk of harm. There is a potential for drug addiction to develop s, including oxycodone. Drug addiction is a treatable disease, utilizing but relates is common

tak of tariff, "Tince is a polaritian on drug aduction to develop nonvinite guidose ing opcodota. Drug addiction is at traatable deseae, utilizing a multi-disciplinary see is common. Harvior is very common in addicts and drug abusers. Drug-seeking tactics include travitor is near the end of office hours, relusat to underpo appropriate examination. I pertaider "loss" of prescriptions, targering with prescriptions and reluctance metadata fecords or contact information for other iterating physical aductions). "Doctor interfamiliary and aduction and and aductions and period subters and period subters within the contact of the subters."

Intraeace account. and addiction are separate and distinct from physical dependence and tolerane are addicted and addicts. In addicts, and additon, abuse of opioids can occur in didiction and is characterized by misuse for non-medical purposes, often in o didiction and is characterized by misuse for non-medical purposes, often in o psychoactive substances. Dyx-oftmi, like other opioids, has been diverted Daychoactive substrates. Dyx-oftmi, like other opioids, has been diverted is is strongly avised.

ment of the patient, proper prescribing practices, periodic re-evaluation of therapy, and ino and storage are appropriate measures that help to limit abuse of opioid drugs. spensing and storage are appropriate measures that help to limit acuse or option drugs. In consists of a dual-polymer matrix, incluended for oral uses only. Abuse of the crustled tablet azard of overdose and death. This risk is increased with concurrent abuse of alcohol and stances. With parenteral abuse, the help excipients, especiality table, can be expected to local lissue necrosis, infection, pulmonary granulomas, and increased risk of endocardilis tal heart injury. Parenteral drug abuse is commonly associated with transmission of s diseases such as hepatitis and HIV.

ry depression is the chief hazard from oxycodone, the active in ioid agonists. Respiratory depression is a particular problem in e llowing large initial doses in non-tolerant patients, or when opioi agents that depress respiration.

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both de used with extreme caliton in patients with significant chronic obstructions of the significant chronic obstructions of the significant chronic obstructions. In our patients in a significant chronic obstructions, hypercapital, or pre-arising registratory depression. In such patients of a significant chronic obstructions downcome may decrease respiratory drive to the point of apnas. In these patients on-poind analgesis should be employed only used supervision at the lowest effective dose.

severe hypotension. There is an added risk to individual ch as phenothiazines or other agents which compromise vasomot orthostatic hypotension in ambulatory patients. Oxycodone, like all op a chould be administrated with caution to patients in argumentation chouse or the state of the state of

ceptive technology sponsored by Contemporary Forums, Dr. Trussell said that he based his conclusions on his analysis of the shortcomings of the data from two studies by Victoria Holt, Ph.D., professor of epidemiology at the University of Washington School of Public Health, Seattle. Dr. Holt's studies have formed the basis of the conventional wisdom that OCs fail more often in heavy women.

outweigh the known risks of respi

na or hypothyroidism; prostation or renal function; and toxic

The administration of oxycodine may obscure the diagnosis or clinical course in patients with acute abdominal conditions. Oxycodine may aggravate convulsions in patients with convulsive disorders, and all opioids may induce or aggravate seizures in some clinical settings. Interactions with other CNS Depressants

meracenes with other CNS Depresants OxyContin should be used with catation and statistical in a reduced docage (1/3 to 1)² of the usual on hypothes, generation and statistical in a reduced docage (1/3 to 1)² of the usual on hypothes, generation alreading, hypothesis and the statistical and the resulting in respiratory depression, hypothesion, profound sedation, or coma may result if these retaken in combination with the usual does of OxyContin. Interactions with Mixed AgantistAntagonist Opioid Analgesics

Apolis/antagonis/a nalgesise (i.e., pentrazocine, nalupulnie, and butorphanol) should be admi with caudion to a patient who has received or is receiving a course of therapy with a pure opioid analgesis cust as ovycodone. In this situation, mixed agonis/antagonist analgesise may re analgesis cust as ovycodone and/or may precipitate withdrawal symptoms in these patients

anagence inerc or upycoune and of may precipitate whole awa symptoms in trees parents. Ambilatory Surgery and Postoperative Use OxyContin is not indicated for pre-emptive analgesia (administration pre-operatively for the management of postoperative pain). OxyContin is not indicated for pain in the immediate postoperative period (the first 12 to 24 hours following surgery) for patients not previously taking the drug, because its safety in this setting has not been established.

biolomic source is the stabilished. OxyContin is not indicated for pain in the postoperative period if the pain is mild or not expected to persist for an actended period of time. OxyContin is only indicated for postoperative use if the patient is already receiving the drug prior to surgery or if the postoperative peni is expected to be moderate to severe and persist for an extended period of time. Physicians should individualize treatment, moving from parenteral to cral analgesics as appropriate (See American Pain Society guidelines). Patients who are already receiving DxyContin[®] Tablets as part of ongoing analgesic therapy may be safely continued on the drug if appropriate diseage adjustments are made considering the procedure, other drugs given, and the temporary changes in physiology caused by the surgical intervention

ther drugs given, and the temporary changes in physiology ca see DOSAGE AND ADMINISTRATION).

supportive therap Biliary Tract Dis

USAGE AND ADMINISTRATION). Initin and other morphine-like copiolds have been shown to de on postoperative complication, especially after intra-abdomin n should be taken to monitor for decreased bowel motility in S. Standard supportive therapy should be implemented.

Oxycodone may cause spasm of the sphincter of Oddi and should be used with caution in with billiary tract disease, including acte parcratitis. Opioids like oxycodone may cause i in the serum amylase level. Diferance and Physical Dependence Tolerance is the need for increasing doses of opioids to maintain a defined effect much his abscene of the server server server and the server of the serv

whence and Physical Dependence lerance is the need for increasing does of opioids to maintain a defined effect such as an absence of disease progression or other edernal factors). Physical dependence is man, thirdwal symptoms after abrupt discontinuation of a drug or upon administration of an systal dependence and tolerance are not nunsual during thornic opioid therapy. e opioid abstinence or withdrawal syndrome is characterized by some or all of the tessness. Incirnation, rhinoritea, synaming, perspiration, chills, myadiga, and mydrais ruptoms also may develop, including: inflability, andeyb, backache, joint pain, weakness, a mys, insomin, aussea, anoroka, vomiling, diarhea, or increased blood pressure, re general, opioids schuid on be adverted.

ds should not be abruptly discontinued (see DOSAGE AND ADMINISTRATION In general, opioids should not be abruptly discontinued (see DOSAGE AND ADMINISTRATION: Cessation of Therapy). Information for Patients/Caregivers If clinically advisable, patients receiving OxyContin Tablets or their caregivers should be given the following information by the physician, nurse, pharmacist, or caregiver: 1. Patients should be aware that OxyContin Tablets contain oxycodone, which is a morphine-like substance.

substance. Patients should be advised that OxyContin Tablets were designed to work properly only if swallowed whole. OxyContin Tablets will release all their contents at once if broken, chewed, or crushed, resulting in a risk of fatal overdose.

Patients should be advised to report episodes of breakthrough pain and adverse experiences occurring during therapy. Individualization of dosage is essential to make optimal use of this medication.

Processing processing and the advised that OxyContin may impair mental and/or physical ability required for the performance of potentially hazardous tasks (e.g., driving, operating heavy machinery).

Performance of potentially inacarbours (sees, e.g., univing, operaning nearly inacarboy). Patients should not combine OxyContin with alcohol or other central nervous system depressants (sleep aids, transjuilizers) except by the orders of the prescribing physician, because dangerous additive effects may occur, resulting in serious injury or death.

Women of childbearing potential who become, or are planning to become, pregnant should be advised to consult their physician regarding the effects of analgesics and other drug use during pregnancy on themselves and their unborn child.

Patients should be advised that OxyContin is a potential drug of abuse. They should protect it from theth, and it should never be given to anyone other than the individual for whom it was prescribed.

All the should be advised that they may pass empty matrix "ghosts" tablets, should be advised that they may pass empty matrix "ghosts" tablets, via colostomy or in the stool, and that this is on a concern should be advised that if they have been receiving treatment with OxyContin for more than a few weeks and cession of the agvis indicated, it may be appropriate to tape the OxyContin does, rather than abruphy discontinue it, due to the risk of precipitaling withdrawal symptoms. Their physical can can provide a does schedule to accomplish a gradual discontinuation of the medication. Patients should be instructed to keep OxyContin in a secure place out of the reach of children. Patients should be instructed to keep OxyContin in a secure place out of the reach of children.

Drug-brug interactions Dipolic analysics, including oxy-Contin[®], may enhance the neuromuscular blocking action of skeletal muscle relaxants and produce an increased degree of respiratory depression. Oxycodone is metabolized in part by cytochrome P450 2D6 and cytochrome P450 3A4 and in theory can be affetded by other drugs.

can be ameted by other oriugs. Oxycodone is metabolizatin part to oxymorphone via cytochrone P450 2D6. While this pathway may be blocked by a variety of drugs (e.g., certain cardiovascular drugs including amiodarone and quindine as well as polycyclic antidepressants), such blockade has not yet been shown to be of clinical signifi-cance with this agent. Clinicans should be aware of this possible interaction, however.

cance with this agent. Clinicians should be aware of this possible interaction, however. Use with CNS Depresants OxyContin, like all opioid analyseics, should be started at 1/s to 1/g of the usual docage in paties are concurrently receiving other central nervous system depressants including setatives or try general anesthetics, phenothazines, centrally acting anti-emetics, tranquitzers, and alcoho be repiratory depression, hypotension, and profound setation or com any result. No specific into the between oxycodore and monoamine oxidase inhibitors has been observed, but caution in the any opioid in patient staking this class of drugs is appropriate.

means when maternal administration of an opioid analgesic tot be undertaken while a patient is receiving OxyContin beca respiratory depression in the infant.

d effectiveness of OxyContin have not been established in pediatric patients below the age of 18

Pregnancy reratogenic Effects - Category B: Reproduction studies have been administration at doese up to 8 mg/kg and 125 mg/kg, respectiv a human dose of 160 mg/dg/, based on mg/kg basis. The resul-he fetus due to oxycodone. There are, however, no adequate ar women. Because arimal reproduction studies are not always per hould be used during pregnancy only if clearly needed.

Labor and Deliv

in Drug and Alcohol Addiction

uxyContin is an opioid with no approved in individuals with drug or alcohol dep of pain requiring opioid analgesia.

uld be advised not to adjust the dose of OxvContin® without consulting the prescrib-

pioid analgesia ostural hypotens

Findings from the first of her studies, which was a retrospective cohort analysis of 755 HMO enrollees, showed that there was a 60% increase in the risk of OC failure in this population, who were of reproductive age and weighed at least 70.5 kg. That risk was especially high for low-dose and very low-dose formulations, with increases in risk of 2.6-fold and 4.5-fold (Obstet. Gynecol. 2002; 99[pt. 1]:820-7).

mbered that OxyContin Tablets cannot be crushed or divided for n controlled pharmacokinetic studies in elderly subjects (greater than 65 xycodone appeared to be slightly reduced. Compared to young adulte the

concerne presentation stutures in energy studieds (greater than 65 years) the clearance of oxycordone appeared to be slightly reduced. Compared to young addits, the pasama concentrations of oxycordone vere increased approximately 175% (see PHARMACONINETICS AND METABOLISM) (b) the total number of subjects (445) in clinical studies of oxycordin, 148 d) and young addits, the appropriate initiation of therapy and does thration, no variant of a studies (440, 90.%) were age 75 and older. In clinical studies with appropriate initiation of therapy and does thration, no universed or wycordin, 148 d) and young addits, there are appropriate printiation of therapy and obse thration, no universed or you they approximate or the addity patients who received DxyContin. Thus, the usual doesa and dosing intervals are appropriate or these patients. As with all opicials, the starting does should be reduced to 1/s to 1/s of 1/e of the usual doesage in on-biolerant patients, or when opioids are given in oncimication with other agents that depress respiration. Laboratory Monitorina

orv Monitorin Due to the broad range of plasma concentrations seen in clinical populations, the varying d pain, and the development of tolerance, plasma oxycodone measurements are usually not clinical management. Plasma concentrations of the active drug substance may be of value in

of OxyContin in patients with hepatic impairment indicates greater plasma core se with normal function. The initiation of therapy at 1/3 to 1/2 the usual doses ation is waranted.

enal Impairment

ts with renal ations of ox oction. Dose g to the clin

uncentrations and greater frequency of typical opioid adverse even body weight. The clinical relevance of difference of the thronic usage at individualized dosages, and there was no male/fer adverse events in clinical trials. studies, opioid-naive females demonstrate up to 25% highe

AUVENSE HEAR LIVES The safety of OxyContin* was evaluated in double-blind clinical triats involving 713 patients with mo ate to severe pain of various etiologies. In open-label studies of cancer pain, 187 patients recei OxyContin in total daily doses ranging from 20 mg to 640 mg per day. The average total daily d was approximately 105 mg per day.

DxyContin In total daily doses ranging from 20 mg to 640 mg per 4qy. The average total daily dose was approximately 105 mg per 4qy. Serious adverse reactions which may be associated with DxyContin Tablet therapy in clinical use are those observed with other opioid analgesics, including respiratory depression, apnea, respiratory arrest, and (to an even lesser degree) circulatory depression, hypotension, or shock (see **0VERDOSAEE**). The non-serious adverse events seen on initiation of therapy with DxyContin are typical opioid side effects. These events are dose-dependent, and their frequency depends upon the dose, the clinical usase, somolence, dizzines, vomiting puritude, headed, chy mouth, sweiting, and atternia. In many cases the frequency of these events during initiation of therapy may be minimized by careful individualization of starting dossage, is wolt traition, and the avoldance of large swings in the plasma concentrations of the opioid. Mary of these adverse events will cease or decrease in intensity as dwerse event profile between DXyContin with immediate-release oxycodome. The most energies of between averse service large between DXyContin and immediate-release oxycodome. The most energies and averse event profile between DXyContin and immediate-release oxycodome. The most energies and services (>5%) reported by patients at least once during therapy marks.

	OxvContin	nmediate- Release (n=225) (%)	Placebo (n=45) (%)	
	(n=227) (%)			
Constipation	(23)	(26)	(7)	
Nausea	(23)	(27)	(11)	
Somnolence	(23)	(24)	(4)	
Dizziness	(13)	(16)	(9)	
Pruritus	(13)	(12)	(2)	
Vomiting	(12)	(14)	(7)	
Headache	(7)	(8)	(7)	
Dry Mouth	(6)	(7)	(2)	
Asthenia	(6)	(7)	_	
Sweating	(5)	(6)	(2)	

The following adverse experiences were reported in Ox/Contin®-treated patients with an incidence between 1% and 5%. In descending order of frequency they were anorese, nervousness, insomnia, feer, contasion, diarinea, addominal pain, dyspepsia, rash, anweigy, euphona, dyspinea, postural hypotension, chili, hinchrang, gasthira, admornal densus, hought abnormalies, and hincinga. The following adverse reactors occurred in less than 1% of patients involved in clinical trials or were reported in postmictation genetics: lymphadenopathy Cardiac disorders: suplations (in the context of withdrawal) Ear and labyinth disorders: limitus Endocrine disorders: suplations (in theorem of inappropriate antidiuretic hormone secretion (SIADH) Eye disorders: suplation (disorders) disorders and the secretion (SIADH) Eye disorders: advortion disorders and theorem and the secretion (SIADH) Eye disorders: advorters and theorem and theorem and the secretion (SIADH) Eye disorders: advorters advorters and theorem and the secretion (SIADH) Eye disorders: advorters adversed and theorem and theorem and the secretion (SIADH) Eye disorders: advorters advorters advorters advorter advorter experimentation disorders: theorem and theorem and the secretion (SIADH) Eye disorders: advorters advorter

Gastrointestinal disorders: dysphagia, eructation, flatulence, gastrointestinal disorder, ileus, ncreased appetite, stornatitis

General disorders and administration site conditions: chest pain, edema, facial edema, malaise pain, peripheral edema, thirst, withdrawal syndrome (with and without seizures) Immune system disorders: anaphylactic or anaphylactoid reaction (symptoms of) intoms of)

mmune system disorders: anaphylactic or anaphylactoid reaction tections and infestions: pharyonghis njury, poisoning and procedural complications: accidental injury vestigations: hyponaternia, increased hepatic enzymes, ST depri tebabolism and nurition disorders: dehydration usuculoskeletal and connective lissue disorders: neck pain disorders and and connective lissue disorders: neck pain

Nervous system disorders: abnormal gait, amnesia, hyperkinesia, hypertonia (muscular), hypesthesia hypotonia, migraine, paresthesia, seizures, speech disorder, stupor, syncope, taste perversion ric disorders: acitation, depersonalization, depression, emotional lability, hallo

promato issurers: aguatoni, opersonatzatori, opersonat, opersono, encontral adunty, realectadori nana and unitary aforders: dysuni, hematukir, apolyticu, indray retention, urination impaied productive system and breast disorders: anenorhea, decreased libido, impotence spiratory, thoracic and mediastinal disorders: cough increased, voice alteration in and subutaneous tissue disorders: dy skin, edoliative dermatitis, uricaria

ular disorders: vasodilation OVERD

Acute overdosage with oxycodone can be manifested by respiratory depre progressing to stupor or coma, skeletal muscle flaccidity, cold and clammy skir pradvcardia, hynotension, and death

auycarua, inpuerisioni, ani ocani. attis due to overdose have been reported with abuse and misuse of DxyContin[®], by ingesting, ataling, or injecting the crushed tablets. Review of case reports has indicated that the risk of fatal erdose is further increased when DxyContin is abused concurrently with alcohol or other CNS presants, including other opiods.

cardiac massage or definitiation. The pure opioid antagonists such as naloxone or nalmeferte are specific antidotes aga depression from opioid overdose. Opioid antagonists should not be administered i of linically significant respiratory or circulatory depression secondary to oxycodone patients who are physically dependent on any opioid agonist including DxyCortin to complete reversal of opioid effects in our precipitate an acute absiltence syndrome. In antagonist administered. Please see the prescribing information for the specific op or details of their proper use. SAFETY AND HANDLING Devicent Tablets are self do aso forms that contribution overdone, which is a controlled for

OxyContin Tablets are solid dosage forms that contain oxycodone, which is a controlled substance. Like morphine, oxycodone is controlled under Schedule II of the Controlled Substances Act. magunene syccooners is controlled under Schedule II of the Controlled Substances Act. OxyContin has been targeted for theft and diversion by criminals. Healthcare professional should contraft their State Professional Losensing Board or State Controlled Substances Authority for Information on how to prevent and detect abuse or diversion of this product. Healthcare professionals can telephone Purdue Pharma's Medical Services Department (1-888-226-7355) for information on this product.

CAUTION DEA Order Form Required. ©2006, 2007, Purdue Phar Purdue Pharma L.P. Stamford, CT 06901-3431 U.S. Patent Numbers 5,508,042 and 7,129,248 November 5, 2007 BS01424

Dr. Holt's second study was a casecontrol study with 248 cases and 538 agematched controls (Obstet. Gynecol. 2005;105:46-52). This study did not find a significant increase in the risk of contraceptive failure among all women in the highest-weight quartile, but it did find a statistically significant 70% increase in risk among consistent OC users weighing 75 kg or more. The increase in risk was also significant among all women in the highest BMI quartile (1.6fold) and in consistent OC users in the highest BMI quartile (2.2-fold).

Findings from six other studies found no association between high weight, BMI, and OC failure. Dr. Trussell conceded that all of the studies had limitations, and he said that the question was unlikely to be settled convincingly except in large prospective studies. Even then the question might never be answered for perfect use because it's difficult to assess adherence.

Even if the increases in relative risk found in the Holt studies prove to be reproducible, the absolute risk of failure is still likely to be modest, Dr. Trussell said.

"Beware of relative risk," he said. A 120% increase in the relative risk of contraceptive failure during perfect use implies an increase in the absolute risk of contraceptive failure only from 0.23% to 0.51%. A 60% increase in relative risk during typical use implies an increase in contraceptive failure from 8% to 12% during the first year, which is still lower than the failure rate of condoms.

There is little evidence that high BMI affects the failure rate of Implanon (etonogestrel) or Depo-Provera (medroxyprogesterone). But it's hard to draw a firm conclusion from this because there were no pregnancies at all in either product's clinical trials, whether the women were obese or not. Furthermore, the Implanon trials excluded women who were heavier than 130% of ideal body weight. New Food and Drug Administration rules require that drugmakers include obese women in contraceptive trials.

The situation with the contraceptive patch is different. Women weighing 80 kg or more have almost eight times the risk of contraceptive failure as do women weighing less, perhaps because of difficulties in hormone transit through subcutaneous fat, he said.

Whether hormonal contraception, which is reasonably effective in obese women, is also safe is another question. Several studies have made it clear that obesity by itself is a risk factor for pulmonary embolism and for deep venous thrombosis, with fivefold increases in risk. Oral contraceptives further increase the effect of obesity on deep venous thrombosis.

A study of OC safety in women with a BMI over 40 has never been done. There's only one study in the literature of women in the BMI category of greater than or equal to 35.

Dr. Trussell said he had no conflicts of interest related to his presentation. Contemporary Forums and this news organization are both owned by Elsevier.