## **External Counterpulsation Reduces Mortality**

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CHICAGO — Enhanced external counterpulsation therapy results in significantly increased left ventricular ejection fraction and improved 1-year survival in patients with advanced ischemic heart disease, according to two studies presented by Dr. William E. Lawson at the annual meeting of the American College of Cardiology.

Enhanced external counterpulsation

(EECP) already is covered by Medicare and other third-party payers for relief of refractory symptoms of angina pectoris or heart failure. Prior studies have documented that the noninvasive outpatient therapy results in improvements in myocardial perfusion, endovascular function, exercise capacity, and quality of life.

These two new studies provide the first evidence of additional benefits in the key areas of mortality and ventricular function, noted Dr. Lawson, professor of med-

associated with a heroin overdose and 1 with spinal cord compression, had

icine and director of preventive cardiology and heart center outcomes research at Stony Brook (N.Y.) University.

In one study, he analyzed the records of 4,597 patients with end-stage coronary disease enrolled in the prospective observational International EECP Patient Registry. He compared 1-year outcomes in the 3,962 patients who completed the standard course of 35 hours of EECP over 7 weeks with the 14% who completed fewer than 30 hours (a mean of 13 hours).

pepsia 0.9% and 2.5%; General disorders: injection site reactions 5.8%

After censoring deaths within 60 days of starting EECP as a potential confounding variable, researchers report the 1-year mortality in EECP completers as 4.1%, vs. 14.1% in noncompleters. There were significant differences in other 1-year outcomes as well: 85% of EECP completers had improved by at least one Canadian Cardiovascular Society angina functional class, compared with 25% of noncompleters; and 4.1% in the completer group had an MI, vs. 7.7% of noncompleters.

Baseline characteristics of the two groups were similar: 89% had previously undergone a revascularization procedure, 70% had a prior MI, 92% had class III or IV

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In a separate study conducted by Dr. Lawson and cardiologists at the People's College of Medical Sciences and Research Center, Jamnagar, India, 505 patients

with ischemic heart disease underwent 2-D echocardiography 1 week before starting a 35-hour, 7-week course of EECP and again within 1 week after completing therapy.

Among the 145 patients who had a baseline left ventricular (LV) ejection fraction (EF) of 35% or less, EF increased from a mean baseline of 29% to 45%, while stroke volume improved from 68 mL to 75 mL with no change in heart rate.

In the 360 patients with a baseline EF greater than 35%, EECP was associated with an increase from a mean baseline of 48% to 56% post therapy, while stroke volume rose from 78 mL to 86 mL.

These beneficial changes in cardiac function resulted chiefly from a significant reduction in LV end systolic volume from 59 mL to 53 mL in the group with a baseline EF of 35% or less, and from 55 mL to 50 mL in patients with a baseline EF above 35%. There was no significant change in LV end diastolic volume, he continued.

Dr. Lawson is on the speakers bureau for Vasomedical Inc., which markets a proprietary EECP system.



Brief summary of prescribing information.

INDICATIONS AND USAGE CUBICIN (daptomycin for injection) is indicated for the following infections (see also DOSAGE AND ADMINISTRATION and CLINICAL STUDIES in full prescribing information): Complicated skin and skin structure infections (cSSS) caused by susceptible isolates of the following Gram-positive microorganisms: Staphylococcus aureus (including methicillin-resistant isolates), Streptococcus progenes, S. agalactiae, S. dysgalactiae subsp. equisimilis, and Enterococcus faecalis (vancomycin-susceptible isolates only). Combination therapy may be clinically indicated if the documented or presumed pathogens include Gram-positive comycin-susceptible isolates only). Combination therapy may be clinically indicated if the documented or presumed pathogens include Gram-negative or anaerobic organisms. Staphylococcus aureus bloodstream infections (bacteremia), including those with right-sided infective endocarditis, caused by methicillin-resusceptible and methicillin-resistant isolates. Combination therapy may be clinically indicated if the documented or presumed pathogens include Gram-negative or anaerobic organisms. The efficacy of CUBICIN in patients with left-sided infective endocarditis due to S. aureus has not been demonstrated. The clinical trial of CUBICIN in patients with S. aureus bloodstream infections included limited data from patients with Alfactive endocarditis outcomes in these patients were proof (see S. aureus processem infections included infinite data from patients with left-sided infective endocarditis; outcomes in these patients were poor (see CLINICAL STUDIES in full prescribing information). CUBICIN has not been studied in patients with prosthetic valve endocarditis or meningitis. Patients with persisting or relapsing S. aureus infection or poor clinical responses should have repeat blood cultures. If a culture is positive for S. aureus, MIC susceptibility testing of the isolate should be performed using a standard-section of the standard of the solate should be performed using a standard-section. ized procedure, as well as diagnostic evaluation to rule out sequestered foci of infection (see **PRECAUTIONS**). CUBICIN is not indicated for the treat-ment of pneumonia. Appropriate specimens for microbiological examination should be obtained in order to isolate and identify the causative pathogens should be obtained in 'order to isolate and identify the causative pathogens and to determine their susceptibility to daptomycin. Empiric therapy may be initiated while awaiting test results. Antimicrobial therapy should be adjusted as needed based upon test results. To reduce the development of drug-resistant bacteria and maintain the effectiveness of CUBICIN and other antibacterial drugs, CUBICIN should be used only to treat or prevent infections that are proven or strongly suspected to be caused by susceptible bacteria. When culture and susceptibility information are available, they should be considered in selecting or modifying antibacterial therapy. In the absence of such data, local epidemiology and susceptibility patterns may contribute to the empiric selection of therapy.

CONTRAINDICATIONS CUBICIN is contraindicated in patients with

WARNINGS Clostridium difficile—associated diarrhea (CDAD) has been WARNINGS Clostridium difficile—associated diarrhea (CDAD) has been reported with use of nearly all antibacterial agents, including CUBICIN, and may range in severity from mild diarrhea to fatal colitis. Treatment with antibacterial agents alters the normal flora of the colon, leading to overgrowth of *c. difficile*, *c. difficile*, roduces toxins A and B. which contribute to the development of CDAD. Hypertoxin-producing strains of *C. difficile* cause increased morbidity and mortality, since these infections can be refractory to antimicrobial therapy and may require colectomy. CDAD must be considered in all patients who present with diarrhea following antibiotic use. Careful medical history is necessary because CDAD has been reported to occur over 2 months after the administration of antibacterial agents. If CDAD is suspected or confirmed, ongoing antibiotic use not directed against *C. difficile* may need to be discontinued. Appropriate fluid and electrolyte management, protein supplementation, antibiotic treatment of *C. difficile*, and surgical evaluation should be instituted as clinically indicated.

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PRECAUTIONS General The use of antibiotics may promote the selection of non-susceptible organisms. Should superinfection occur during therapy, appropriate measures should be taken. Prescribing CUBICIN in the absence of a proven or strongly suspected bacterial infection is unlikely to provide benefit to the patient and increases the risk of the development of drugresistant bacteria. Persisting or Relapsing *S. aureus* Infection Patients with persisting or relapsing *S. aureus* Infection or poor cilnical responses should have repeat blood cultures. If a culture is positive for *S. aureus*, MIC susceptibility testing of the isolate should be performed using a standardized procedure, as well as diagnostic evaluation to rule out sequestered foci of infection. Appropriate surgical intervention (eg., debridement, removal of prosthetic devices, valve replacement surgery) and/or consideration of a change in antibiotic regimen may be required. Failure of treatment due to persisting or relapsing *S. aureus* infections was assessed by the Adjudication Committee in 19/120 (15.8%) CUBICIN-treated patients (12 with MRSA and 7 with MSSA) and 11/115 (9.6%) comparator-treated patients (9 with MRSA treated with vancomycin-treated patient developed increasing MICs (reduced susceptibility) by central laboratory testing on or following therapy. Most patients who failed due to persisting or relapsing *S. aureus* intervention (see CLINICAL STUDIES in full prescribing information). Skeletal Muscle In a Phase 1 study examining doses up to 12 mg/kg, elevations in CPK were reported as clinical adverse events in 15/534 (2.8%) CUBICIN-treated patients. In the *S. aureus* bacteremia/endocarditis trial, at a dose of 6 mg/kg, elevations in CPK were reported as clinical andverse events in 11/534 (5.1%) CUBICIN-treated patients. Preated patients who received to the

associated with a heroin overdose and 1 with spinal cord compression, had an elevation in CPK >500 U/L with associated musculoskeletal symptoms. None of the patients in the comparator group had an elevation in CPK >500 U/L with associated musculoskeletal symptoms. CUBICIN should be discontinued in patients with unexplained signs and symptoms of myopathy in conjunction with CPK elevation >1,000 U/L (->50 UJN), or in patients without reported symptoms who have marked elevations in CPK >2,000 U/L (a)10x ULN). In addition, consideration should be given to temporarily suspending agents associated with rhabdomyolysis, such as HMG-CoA reductase inhibitors, in patients receiving CUBICIN. In a Phase 1 study examining doses up to 12 mg/kg a24h of UBICIN for 14 days, no evidence of nerve conduction deficits or symptoms of peripheral neuropathy was observed. In a small number of patients in Phase 1 and Phase 2 studies at doses up to 6 mg/kg, administration of CUBICIN was associated with decreases in nerve conduction velocity and with adverse events (eg, paresthesias, Bell's palsy) possibly reflective of peripheral or cranial neuropathy. Nerve conduction deficits were also detected in a similar number of comparator subjects in these studies. In Phase 3 cSSSI and community-acquired pneumonia (CAP) studies, 7/980 (0.7%) CUBICIN-treated patients and 7/1,018 (0.7%) comparator-treated patients experienced paresthethesias, Bell's palsy) possibly reflective of peripheral or cranial neuropathy. Nerve conduction deficits were also detected in a similar number of comparator subjects in these studies. In Phase 3 cSSSI and community-acquired pneumonia (CAP) studies, 7/989 (0.7%) CUBICIN-treated patients and 7/1,018 (0.7%) comparator-treated patients experienced paresthesias. New or worsening peripheral neuropathy was not diagnosed in any of these patients. In the *S. aureus* bacteremia/endocarditis trial, a total of 11/120 (9.2%) CUBICIN-treated patients experienced paresthesias. New or worsening peripheral neuropathy was not diagnosed in any of these patients. In the *S. aureus* bacteremia/endocarditis trial, a total of 11/120 (9.2%) CUBICIN treated patients had treatment—emergent adverse events related to the peripheral neuropathy was not diagnosed in early classified as mild to moderate in severity; most were of short duration and resolved during continued treatment with CUBICIN on peripheral nerve were observed (see AlliMAL PHARMACOLOGY in full prescribing information). Therefore, physicians should be alert to the possibility of signs and symptoms of neuropathy in patients receiving CUBICIN. Drug Interactions wardarin Concomitant administration of CUBICIN on gripheral nerve were observed (see AlliMAL PHARMACOLOGY) in full prescribing information. The paramacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of either drug, and the INR) was not significant effect on the pharmacokinetics of the first several days af older. Of the 12U patients treated with CUBICIN in the Phase 3 controlled clinical trial of *S. aureus* bacteremia/endocarditis, 25.0% were 65 years of age or older and 15.8% were 75 years of age or older. In Phase 3 clinical studies of cSSSI and *S. aureus* bacteremia/endocarditis, lower clinical suc-cess rates were seen in patients ∂65 years of age compared with those <65 years of age. In addition, treatment-emergent adverse events were more common in patients ∂65 years old than in patients <65 years of age. rore common in patients 365 years old than in patients <65 years of age.

ADYERSE REACTIONS

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of another drug and may not reflect the rates observed in practice. The adverse reaction information from clinical trials of oses, however, provide a basis for identifying the adverse events that appear to be related to drug use and for approximating rates. Clinical studies sponsored by Cubist enrolled 1,667 patients treated with CUBICIN and 1,319 treated with comparator. Most adverse events reported in Cubist-sponsored Phase 1, 2, and 3 clinical studies were described as mild or moderate in intensity. In Phase 3 cSSSI trials, CUBICIN was discontinued in 15/534 (2,3%) patients due to an adverse event, while comparator was discontinued in 17/558 (3,0%) patients. In the S. aureus bacteremia/endocarditis trial, CUBICIN was discontinued in 20/120 (16,7%) patients due to an adverse event, while comparator was discontinued in 20/120 (16,7%) patients. Gram-negative infections in the S. aureus bacteremia/endocarditis trial, serious Gram-negative infections and nonserious Gram-negative bloodstean Negative Infections in the *S. aureus* bacteremia/endocarditis trial, serious Gram-negative infections and nonserious Gram-negative infections are infections. OcuBICIN-treated and 0/115 comparator-treated patients. Comparator patients received dual therapy that included initial gentamicin for 4 days. Events were reported during treatment and during early and late follow-up. Gram-negative infections included cholangitis, alcoholic pancreatitis, sternal osteomyelitis/mediastinitis, bowel infarction, recurrent Crohn's disease, recurrent line sepsis, and recurrent urosepsis caused by a number of different Gram-negative organisms. One patient with sternal osteomyelitis following mitral valve repair developed *S. aureus* endocarditis with a 2 cm mitral vegetation and had a course complicated with bowel infarction, polymicrobial bacteremia, and death. Other Adverse Reactions The incidence (%) of adverse events that occurred in a2% of patients in either CUBICIN 4 mg/kg (N=534) or comparator\* (N=558) treatment groups in Phase 3 cSSSI studies were as follows: *Gastrointestinal disorders*: constipation 6.2% and 6.8%; nausea 5.8% and 9.5%; diarrhea 5.2% and 4.3%; vomiting 3.2% and 3.8%; dys-

pepsia 0.9% and 2.5%; General disorders: injection site reactions 5.8% and 7.7%; tever 1.9% and 2.5%; Nervous system disorders: headache 5.4% and 5.4%; insomnia 4.5% and 5.4%; disziness 2.2% and 2.0%; Skin/subortaneous disorders: rash 4.3% and 3.8%; Diagnostic investigations: abnormal liver function lets 3.0% and 1.6%; elevated CPk 2.8% and 1.8%; Infections: fungal infection 2.6% and 3.2%; urinary tract infection 2.4% and 0.5%; Vascular disorders: hypotension 2.4% and 1.4%; hypertension 1.1% and 2.0%; Renal/urinary disorders: limb pain 1.5% and 2.0%; arthralgial 0.9% and 2.2%. "Comparators included vancomycin (1 g lv q 12h) and anti-staphylococcal semi-synthetic penicillins (ie, nafcillin, oxacillin, cloxacillin, flucloxacillin; 4 to 12 q/day lv in divided doses). The incidence (%) of adverse events that occurred in 75% of patients organized by system organ class (SOC), in either CUBICIN 6 mg/kg (M=120) or comparator (1-16) freatment groups in the S. aureus bacteremia/endocarditis study were as follows: Infections and infestations: 65 (54.2%) and 56 (48.3%); urinary tract infection NOS 8 (6.7%) and 11 (1.95%); sepsis NOS 6 (5.0%) and 3 (2.6%); bacteraemia 6 (5.0%) and 0 (0%); pneumonia NOS 4 (3.3%) and 9 (7.8%); Gastrointestinal disorders: infection NOS 14 (11.7%) and 3 (2.6%); bacteraemia 6 (5.0%) and 0 (50.0%) and 68 (58.8%); diarrhoea NOS 14 (11.7%) and 21 (18.1%); vomiting NOS 14 (11.7%) and 15 (12.9%); constipation 13 (10.8%) and (5.2%); gastrointestinal haemorrhage NOS 2 (1.7%) and 6 (5.2%); gostrointestinal haemorrhage NOS 2 (1.7%) and 6 (6.7%) and 10 (8.6%); cheema disorders and administration site conditions: 53 (44.2%) and 69 (59.5%); oedema peripheral 8 (6.7%) and 16 (7.8%); operal of (6.7%) and 7 (6.0%); persea 6 (6.7%) and 6 (6.2%); injection site erythema 3 (2.5%) and 7 (6.0%); Respiratory, thoracic, and mediastinal disorders: 33 (31.7%) and 43 (37.1%); pharyngolaryngeal pain 10 (8.3%) and 69 (59.5%); oedema peripheral 8 (6.7%) and 16 (13.8%), pyrexia 8 (6.7%) and 10 (8.6%); chest pain 8 (6.7%) and 7 (6.0%); oedema NOS 8 (6.7%) and 10 (8.6%); chest pain 8 (6.7%) and 6 (6.2%); injection site erythema 3 (2.5%) and 7 (6.0%); asthenia 6 (5.0%) and 6 (6.2%); injection site erythema 3 (2.5%) and 7 (6.0%); Respiratory, thoracic, and mediastinal disorders: 38 (31.7%) and 43 (37.1%); pharyngolaryngeal pain 10 (8.3%) and 7 (6.0%); dyspnoea 4 (3.3%) and 6 (6.2%); Six and subcutaneous tissue disorders: 36 (30.0%) and 40 (34.5%); rash NOS 8 (6.7%) and 10 (8.6%); ruritus 7 (5.8%) and 6 (5.2%); erythema 6 (5.0%) and 6 (5.2%); sweating increased 6 (5.0%) and 0 (0%); Musculoskeletal and connective tissue disorders: 35 (29.2%) and 4 (36.2%); pain in externity 11 (9.2%) and 11 (9.5%); back pain 8 (6.7%) and 10 (8.6%); arthraligia 4 (3.3%) and 13 (11.2%); Psychiatric disorders: 35 (29.2%) and 8 (24.1%); insomnia 11 (11.2%); Psychiatric disorders: 35 (29.2%) and 28 (24.1%); insomnia 11 (11.2%); Psychiatric disorders: 36 (29.2%) and 6 (5.2%); Nervous system disorders: 32 (26.7%) and 32 (27.6%); headache 8 (6.7%) and 12 (10.3%); dizciness 7 (5.8%) and 7 (6.0%); Investigations: 30 (25.0%) and 13 (28.4%); blood creatine phosphokinase increased 8 (6.7%) and 1-(1%); Blood and Imphatic system disorders: 29 (24.2%) and 24 (20.7%); anaemia NOS 15 (12.5%) and 18 (15.5%); Each latebolism and nutrition disorders: 26 (21.7%) and 38 (32.8%); hypotension NOS 6 (5.0%) and 9 (7.8%); Renal and urinary disorders: 21 (17.5%) and 20 (17.2%); hypertension NOS 7 (5.8%) and 10 (8.6%); vascular disorders: 8 (12.6%); and 14 (14.5%); and 26 (22.4%); renal failure acute 4 (3.3%) and 7 (6.0%). Tomparator: vancomycin (1 9 V 121%) or anti-staphylococcal semi-synthetic periotillin (e, nacillin, oxacillin, cloxacillin, fluctoxacillin; 2 gl V q4h), each with initial low-dose gentamicin. The following events, not included above, were reported as possibly or probably drug-related in the CDISION-treated group: Blood and Lymphatic System Disorders: e alkaline phosphatase increased (1.7%), INR ratio increased (1.7%), Invertunction test abnormal (1.7%), alanine aminotransferase increased (-1.7%), potromotion test abnormal (1.7%), alanine aminotransferase increased (-1.7%), protromotin time prolonged (<1%); Metabolism and Nutrition Disorders: appetite decreased NOS (<1%); Musculoskeletal and Connective Tissue Disorders: myalgia (<1%); Nervous System Disorders: dyskinesia (<1%), paraesthesia (<1%); Psychiatric Disorders: hallucination NOS (<1%); Breal and Urinary Disorders: proteinuria (<1%), pralimapriment NOS (<1%); Faral and Urinary Disorders: proteinuria (<1%), in prapariment NOS (<1%); Faral and Urinary Disorders: proteinuria (<1%), in prapariment NOS (<1%); Faral and Urinary Disorders: weight of the protein proteinuria (<1%), in prapariment NOS (<1%); Faral and Urinary Disorders: weight of the protein proteinuria (<1%), in prapariment NOS (<1%); Faral and Urinary Disorders: weight Disorders: heat rash (<1%), pruritus generalized (<1%), rash vesicular (<1%), in the death rate and rates of serious cardiorespiratory adverse events were higher in CUBICIN-treated patients than in comparator-treated patients. These differences were due to lack of therapeutic effectiveness of CUBICIN in the treatment of CAP in patients experiencing these adverse events (see INDICATIONS AND USAGE). The incidence of decreased renal function based on creatinine clearance levels in CUBICIN 6 mg/kg (N=120) and comparator (N=116) was as follows: Days 2 to 4, 2/96 (2.1%), and 6/90 (6.7%); pays 2 to 7, 6/115 (5.2%) and 16/113 (14.2%); Day 2 to End of Therapy, 13/118 (11.0%) and 30/114 (26.3%). Comparar: vancomycin (1 g) V q12h) or anti-staphylococcal semi-synthetic penicillin (e, nafcillin, oxacillin, flucioxacillin, 2 g) V q4h), each with initial low-dose gentamicin. Post-Marketing Experience The following adverse reactions have been reported with CUBICIN in worldwide post-marketing experience. Because these events are reported voluntarily from a population of unknown size, estimates o a population of unknown size, estimates or trequency cannot use made and causal relationship cannot be precisely established. *Immune System Disorders*: anaphylaxis; hypersensitivity reactions, including pruritus, hives, shortness of breath, difficulty swallowing, truncal erythema, and pulmonary eosinophilia. *Musculoskeletal System*: rhabdomyloysis; some reports involved patients treated concurrently with CUBICIN and HMG-CoA reductions into the concurrent of the concurrent o

multipaction of glomerular filtration. Daptomycin is olway (clared from the body by hemodialysis (approximately 15% recovered over 4 hours) or peritoneal dialysis (approximately 11% recovered over 48 hours). The use of high-flux dialysis membranes during 4 hours of hemodialysis may increase the percentage of dose removed compared with low-flux membranes.

the percentage of dose removed compared with low-flux membranes. **DOSAGE** The recommended dosage of CUBICIN (daptomycin for injection) in adult patients is as follows: Creatinine clearance  $(CL_{cop})$   $\partial$  30 mL/min: 4 mg/kg once every 24 hours (cSSSI) or 6 mg/kg once every 24 hours (S. aureus bloodstream infections); Creatinine clearance  $(CL_{cop})$  < 30 mL/min, including hemodialysis or CAPD: 4 mg/kg once every 48 hours (cSSSI) or 6 mg/kg once every 48 hours (SSSI) or 6 mg/kg or 6 mg/

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