quartile (those who had an AHI of less than 7), patients in the highest quartile (those with an AHI at least 46) had 4.6 times the risk of developing diabetes. Patients who were in the second and third quartile had intermediate hazard ratios, and the trend was statistically significant.

When the degree of hypoxia as measured by oxygen saturation was added to the multivariate analysis, OSA alone no longer emerged as a significant predictor of the development of type 2 diabetes, whereas hypoxia conferred a 2.9-fold increase in risk.

This indicates that at least some of the

risk that was conferred by OSA can be explained by hypoxia.

The exact link between OSA, hypoxia,



This increase in risk for diabetes is independent of obesity, age, hypertension, race, and gender.

DR. BOTROS

and type 2 diabetes remains unknown, Dr. Botros said, but there is evidence that sleep apnea activates the body's fight-or-flight response.

This in turn triggers a cascade of events including the production of high levels of cortisol, which has been tied to the development of insulin resistance and glucose intolerance. If these prediabetic conditions are left untreated, it can lead to the development of fullblown diabetes.

'Our next step will be to determine whether the treatment of sleep apnea can improve an individual's diabetic parameters and consequently the negative health affects of diabetes," Dr. Botros said in a prepared statement.

Other events reported by 1% or more of patients with early Parkinson's disease and treated with Mirapex® (pramipexole dihydrochloride) tablets but reported equally or more frequently in the placebo group were infection, accidental injury, headache, pain, tremor, back pain, syncope, postural hypotension, hypertonia, depression, abdominal pain, anxiety, dyspepsia, flatulence, diarrhea, rash, ataxia, dry mouth, extrapyramidal syndrome, leg cramps, twitching, phanyngitis, sinusitis, sweating, thinitis, urinary tract infection, vasodilation, flu syndrome, increased saliva, tooth disease, dyspnea, increased cough, gait abnormalities, uninary frequency, vomitting, allergic reaction, hypertension, pruritus, hypokinesia, increased creatine PK, nervousness, dream abnormalities, chest pain, neck pain, paresthesia, tachycardia, vertigo, voice alteration, conjunctivitis, paralysis, accommodation abnormalities, thinitus, diplopia, and taste perversions.

frequency, vomiting, allergic reaction, hypertension, pruritus, hypokinėsia, increased creatinė PK, nervousness, dream abnormalities, chest pain, neck pain, paresthesia, tachycardia, vertigo, voice alteration, conjunctivitis, paralysis, accommodation abnormalities, thmitus, diplopia, and taste perversions.

In a fixed-dose study in early Parkinson's disease, occurrence of the following events increased in frequency as the dose increased over the range from 1.5 myddy to 6 mydday, postural hypotension, nausea, constipation, somnolence, and amnesia. The frequency of these events was generally 2-fold greater than placebo for pramipexole doses greater than 3 mydday. The incidence of somnolence with pramipexole at a dose of 1.5 mydday was comparable to that reported for placebo.

Advanced Parkinson's Disease: in the four double-blind, placebo-controlled trials of patients with advanced Parkinson's disease, the most commonly observed adverse events (>5%) that were numerically more frequent in the group treated with MIRAPEX tablets and concomitant levodopa. In view of the provision deviates and concomitant levodopa in the double-blind, placebo-controlled trials of patients, as a step of the double-blind, placebo-controlled trials of patients with advanced Parkinson's disease who received bards and the double-blind, placebo-controlled trials discontinued treatment due to adverse events compared with 15% of 260 patients with advanced Parkinson's disease who received Mirapex* (pramipexole dihydrochloride) tablets and concomitant levodopa in the double-blind, placebo-controlled trials discontinued treatment due to adverse events compared with 15% of 264 patients who received placebo and concomitant levodopa. The events most commonly causing discontinuation of treatment were related to the nervous system (hallucinations [2.7% on MIRAPEX tablets vs 0.4% on placebo); dyskinesia [1.9% on MIRAPEX tablets vs 1.5% on placebo); or placebo); confusion [1.2% on MIRAPEX tablets vs 2.3% on placebo); or placebo (scenario patients treat

In uses success, wire-web, acides or piaceon was administered to patients who were also receiving concomitant levodopa. Adverse events were usually mild or moderate in intensity.

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usual medical practice where patient characteristics and other factors differ from those that prevailed in the clinical studies. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigations. However, the cited figures do provide the prescribing physician with some basis for estimating the relative contribution of drug and nondrug factors to the adverse-event incidence rate in the population studied. Treatment-emergent adverse events are listed by body system in order of decreasing incidence for MIRAPEX tablets (N=260) vs placebo (N=264), respectively. Body as a whole-accidental highly (7 % vs 15%), asthenia (10% vs 83%), general edema (4% vs 3%), chest pain (3% vs 2%), malaise (3% vs 2%). Cardiovascular system: postural hypotension (53% vs 48%). Digestive system: constipation (10% vs 9%), during vs 9%), during which cancelled in the contribution of the contribution of the vs 9%). Miscouloskeletal system: arthrist (3% vs 1%), witholing (2% vs 9%), birshift (2% vs 9%). Miscouloskeletal system: arthrist (3% vs 19%), witholing (2% vs 9%), birshift (3% vs 2%), paramoit reaction (2% vs 5%), 4%), dear and promatilies (7% vs 5%), amnesia (6% vs 4%), akathisia (3% vs 2%), thinking abnormalities (3% vs 10%), containing the study or at discontinuation; thus, patients may be included in more than one category. Other events exported by 1% or more of patients with advanced Parkinson's disease and treated with Mirapex* (pramipexole dihydrochloride) tables but reported equally or more frequently in the placebo group were nausea, pain, infection, headache, depression, tremor, hypokinesia, anorexia, back pain, dyspepsia, flatu

transient.

Approximately 7% of 575 patients treated with MIRAPEX tablets during the double-blind periods of three placebo-controlled trials discontinued treatment due to adverse events compared to 5% of 223 patients who received placebo. The adverse event most commonly causing discontinuation freatment was nausea (1%).

This section lists treatment-empert events that occurred in three double-blind, placebo-controlled studies in RLS patients that were reported by 2% or more of patients treated with MIRAPEX tablets and were numerically more frequent than in the placebo

group.

The prescriber should be aware that these figures cannot be used to predict the incidence of adverse events in the course of usual medical practice where patient characteristics and other factors differ from those that prevailed in the clinical studies. Similarly, the cited frequencies cannot be compared with figures obtained from other clinical investigations involving different treatments, uses, and investigators. However, the cited figures do provide the prescribing physician with some basis for estimating the relative contribution of drug and nondrug factors to the adverse-event incidence rate in the population studied. Treatment-emergent adverse events are listed by body system in order of decreasing incidence for MIRAPEX tablets (N=575) vs placebo (N=223), respectively. Gastrointestinal disorders: nausea (16% vs 5%), constipation (4% vs 1%), diarrhea (3% vs 1%), dry mouth (3% vs 1%). General disorders and administration site conditions: fatigue (9% vs 7%). Infections and infastations: finitiuenz (3% vs 1%), Nervous system disorders: beadche (16% vs 15%), sometone (6% vs). Patients may have reported multiple adverse experiences during the study or at discontinuation; thus, patients may be included in more than one category.

than one category.

This section summarizes data for adverse events that appeared to be dose related in the 12-week fixed dose study. Dose related adverse events in a 12-week, double-blind, placebo-controlled, fixed dose study in Restless Legs Syndrome (occurring in 5% or more of all patients in the treatment phase) are listed by body system in order of decreasing incidence for MIRAPEX (0.25 MIR-88) 0.5 mg (N=80); 0.75 mg (N=90); 0.9 placebo (n=80); Ferspectively, Bastrointestinal Gisorders: nausea (11%; 19%; 27% to 5%), diarrhea (3%; 1%; 7% to 9%), dyspepsia (3%; 1%; 4% to 7%). Infections and infestations: influenza (1%; 4%; 7% to 1%). General disorders: and administration site conditions: fatigue (3%; 5%; 7%; 7% to 5%). Psychiatric disorders: insonnia (9%; 9%; 13% to 9%), abnormal treasms (2%; 1%; 6% to 2%). Respiratory, thoracic and mediastinal disorders: nasal congestion (0%; 3%; 6% to 1%). Musculoskeletal and connective tissue disorders: pain in extremity (3%; 3%; 7% to 1%).

, ov.). There events reported by 2% or more of RLS patients treated with Mirapex® (pramipexole dihydrochloride) tablets but equally or more requently in the placebo group, were: vomiting, nasopharyngitis, back pain, pain in extremity, dizziness, and insomnia.

General Adverse Events; Relationship to Age, Gender, and Race: Among the treatment-emergent adverse events in patients treated with MIRAPEX tablets, hallucination appeared to exhibit a positive relationship to age in patients with Parkinson's disease. Although no gender-related differences were observed in Parkinson's disease patients, nausea and fatigue, both generally transient, were more frequently reported by female then made RLS patients. Less than 4% of patients enrolled were non-Caucasian, therefore, an evaluation of adverse events related to race is not possible.

Other Adverse Events Observed During Phase 2 and 3 Clinical Trials: MIRAPEX tablets have been administered to 1620 Parkinson's disease patients and to 889 RLS patients in Phase 2 and 3 clinical trials. During these trials, all adverse events were recorded by the clinical investigators using terminology of their own choosing; similar types of events were grouped into a smaller number of standardized categories using MedPAR dictionary terminology. These categories are used in the listing blow. Adverse events which are not listed above but occurred on at least two occasions (one occasion if the event was serious) in the 2509 individuals exposed to MIRAPEX tablets, are listed below. The reported events below are included without regard to determination of a causal relationship to MIRAPEX tablets, are not efficiency anemia, leukocytosis, leukopenia, lymphadenistis, lymphadenistis, invonboor/therain, thromboor/therain, thro

individuals exposed to MiKAP-X taolets are listed Detivi. The reported events below are incurred window regard to occurrence of a causal relationship to MiRAP-X taolets are listed Detiving and a causal relationship to MiRAP-X taolets are manifered and improved provided in the provided provided and improved provided provided and improved provided provided provided provided provided and provided pr

irritable bowel syndrome, esophageal spasm, esophageal stenosis, esophagitis, pancreatitis, periodonitis, rectal hemorrhage, reflux esophagitis, tonque edema, tonque ulceration, toothache, umbilical hemia. General disorders: chest discomfort, chilis, death, drug withdrawal syndrome, face edema, feeling od, feeling hot, feeling littero, gait disturbance, impaierd healing, internaz-like illness, irritability, localized edema, edema, pitting edema, thirst. Hepatobiliary disorders: biliary colic, cholecystitis, cholecystitis chronic, choleithitasis. Immune system disorders: drug hypersensitivity. Infections and infestations: abscess, acute tonsillitis, appendicitis, pronchiolists, bronchiolis, bronchopenumonia, cellultis, cystitis, dental caries, diventicultis, earliection, epidenticion, follicultis, funcional infection, furuncle, gangrene, gastroenteritis, gingival infection hepes simplex, herpes zoster, hordeolum, intervertebral discritis, arynglitis, olbar pneumonia, nall infection, onychomycosis, oral candidiasis, orothis, osteonoryellis, othic expendicion, follicultis, paronychia, pyelonephritis, pyoderma, sepsis, skin infection, tooth abscess, tooth infection, upper respiratory tract infection, urethritis, vaginal candidiasis, vaginal infection, wiral infection, wound infection, lipury, poisoning and procedural complications: acachesia, decreased appetite, dehydration, diabetes mellitus, fluid retention, gout, hypercholesterolemia, hypercylcemia, hyporelipylcemia, hyporalemia, increased appetite, metabolic alkalosis. Musculoskeletal and connective fissue disorders: bone pain, fascilis, flank pain, intervertebral disc disorder, titervertebral disc protrusion, joint effusion, joint effusion, joint effusion, joint effusion, joint effusion, joint effusion, point effusion, poi neuralgia, neuropathy, nystagmus, parosmia, psychomotor hyperactivity, scialica, sedation, sensory disturbance, sleep phaser nythory disturbance, sleep plating, stupyor, synoope vasovagal, tension headache. *Psychiatric disorders*: affect lability, aggression, agitation, bradyphrenia, brusism, suicide, delirium, defusional disorder persecutory type, disorientation, dissociation, emotional distress, euphoric mood, hallucination suutiony, hallucination sustal, initial insomnia, bildo increased, mania, middle insomnia, mod altered, nightmare, obsessive thoughts, obsessive-compulsive disorder, panic reaction, parasomnia, personality disorder, psychotic disorder, restlessness, sleep walking, suicidal ideation. *Renal and urinary disorders*: chromaturia, oysuria, gyrosuria, hematuria, urgency, nephriotificase, suerogenic bladder, nocturia, oliguria, poliativinia, proteinuria, renal artery stemosis, renal colie, renal stagure, nephriotificania, menopausal symptoms, menorrhaga, metorrhagia, metorrhagia, ovarian ops.; priapisim, prostatiis, sexual dysfunction, uterine hemorrhage, vaginal discharge, vaginal hemorrhage. *Respiratory, thoracic and mediastinal disorders*: apnea, aspiration, asthmac, hoking, chronic obstructive pulmotrary disease, dry throat, dysphonia, dyspinea exertional, epistaxis, haemophysis, hicuron, hyperventilation, increased bronohial secretion, laryngoepsam, nasal dryness, nasal polyps, obstructive alivavys disorder, pharyngolaryngeal pain, pleurisy, pneumonia aspiration, pneumothorax, postnasal drip, productive cough, pulmonary embolism, plumonary demolism, pleurisy, pneumonia aspiration, pneumothorax, postnasal drip, productive cough, pulmonary embolism, plumonary demolism, esperantory, alkalosis, respiratory distrues, respiratory fallure, respiratory tract congestion, rhinitis allergic, rhinorrhea, sinus congestion, sleep apnoea syndrome, sneezing, snoring, tachypnea, wheezing. *Skin and subcutaneous tissue* disorders: acne, alopecia, cold sveat, dema loyst, dermatitis, dermatitis bullous, derma

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and weight increase.

DRUG ABUSE AND DEPENDENCE

Pramipexole is not a controlled substance for abuse, tolerance, or physical depende

OVERDOSAGE
There is no clinical experience with massive overdosage. One patient, with a 10-year history of schizophrenia, took 11 mg/day of pramipexole for 2 days in a clinical trial to evaluate the effect of pramipexole in schizophrenic patients. No adverse events were reported related to the increased dose. Blood pressure remained stable although pulse rate increased to between 100 and 120 beats/minute. The patient withdrew from the study at the end of week 2 due to lack of efficacy.

There is no known antidate for overdosage of a dopamine agonist. If signs of central nervous system stimulation are present, a phenothiazine or other butyrophenone neuroleptic agent may be indicated; the efficacy of such drugs in reversing the effects of overdosage has not been assessed. Management of overdose may require general supportive measures along with gastric lavage, intravenous fluids, and electrocardiogram monitoring.

ANIMAL TROUGHOW

overdosage has not been assessed. Management of overdose may require general supportive measures along with gastnic lavage, intravenous fluids, and electrocardiogram monitoring.

ANIMAL TOXICOLOGY

Retinal Pathology in Alibino Rats: Pathologic changes (degeneration and loss of photoreceptor cells) were observed in the retina of alibin rats in the 2-year carcinogenicity study with pramipexole. These findings were first observed during week 76 and were dose dependent in animals receiving 2 or 8 mg/kg/day (plasma AUCs equal to 2.5 and 12.5 times the AUC in humans that received 1.5 mg TID). In a similar study of pignented rats with 2 years' exposure to pramipexole at 2 or 8 mg/kg/day, retinal degeneration was not diagnosed. Animals given drug had thinning in the outer nuclear layer of the retina that was only slightly greater than that seen in control rats utilizing morphometry.

Investigative studies demonstrated that pramipexole reduced the rate of disk shedding from the photoreceptor rod cells of the retina in albino rats, which was associated with enhanced sensitivity to the damaging effects of light. In a comparative study, degeneration and loss of photoreceptor cells occurred in albino rats after 13 weeks of treatment with 25 mg/kg/day of pramipexole (64 times the highest clinical dose on a mg/m² basis) and constant light (100 lux) but not in pigmented rats exposed to the same dose and higher light intensities (500 lux). Thus, the retina of albinor rats is considered to be unique sensitive to the damaging effects of pramipexole and light. Similar changes in the retina did not occur in a 2-year carcinogenicity study in albino mice treated with 0.3, 2, or 10 mg/kg/day (03, 2, 2 and 11 times the highest clinical dose on a mg/m² basis) for 12 months and minipigs given 0.3, 1, or 5 mg/kg/day of pramipexole for 13 weeks also detected no changes. The potential significance of this effect in humans has not been established, but cannot be the highest clinical ose on a mg/m² basis, besidos coccurred at a lover rate in

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Mirapex

No Improvement In Mortality in Diabetic Women

BY ELIZABETH MECHCATIE

Senior Writer

espite marked drops in all-cause and cardiovascular mortality in men with diabetes between 1971 and 2000, no such improvements were seen in women with diabetes in those periods, a study has shown.

"The improvements seen in men suggest that the improvements in diabetes care are working on longevity as well," Edward W. Gregg, Ph.D., the study's lead author, said in a statement issued by the American College of Physicians. "But the finding in women is concerning and means we may need to explore whether different approaches are needed to improve health outcomes for women with diabetes." Dr. Gregg is acting chief of the epidemiology and statistics branch of the division of diabetes translation at the Centers for Disease Control and Prevention in Atlanta.

The study analyzed data on about 20,000 people from three consecutive National Health and Nutrition Examination Surveys (NHANES), which examined the health of nationally representative cohorts of U.S. residents, between 1971-1975, 1976-1980, and 1988-1994. The authors also followed up mortality in participants in 1986, 1993, and 2000 for the three surveys. Participants were aged 35-74 years at baseline.

Data from three time periods, which included follow-up, were compared: 1971-1986, 1976-1992, and 1988-2000. The study was conducted to determine if all-cause and cardiovascular disease (CVD) mortality had dropped in diabetes patients, and to determine whether differences in mortality between diabetes patients and those without diabetes had narrowed. The study will appear in the August 7, 2007, print edition of the Annals of Internal Medicine, and was posted at www.annals.org on June 18.

All-cause mortality in diabetic men went from 42.6 to 24.4 annual deaths per 1,000 persons between 1971-1986 and 1988-2000, a statistically significant 43% drop. During these periods, CVD mortality dropped from 26.4 to 12.8 annual deaths per 1,000 persons, which was not quite statistically significant.

But in women with diabetes, neither allcause mortality nor CVD mortality improved between these periods. In addition, the difference in all-cause mortality between female diabetes patients and women without diabetes increased from 8.3 to 18.2 annual deaths per 1,000 persons. In men, however, the absolute difference in all-cause mortality in those with and without diabetes dropped from 23.6 annual deaths per 1,000 persons in 1971-1986 to 12.8 annual deaths per 1,000 persons in 1988-2000. The difference in CVD mortality between male diabetes patients and men without diabetes dropped from 16.8 to 8.1 annual deaths per 1,000 persons between these two periods.

The authors cited gender differences in coronary heart disease pathophysiology, less aggressive treatment of women, and more negative outcomes after revascularization and hospitalization for CVD in women as some reasons for the data.