Early PET Predictive in Barrett-Related Cancer

BY BRUCE JANCIN

Denver Bureau

COLORADO SPRINGS — The early metabolic response to induction chemotherapy as assessed by fluorodeoxyglucose-PET just 2 weeks into the treatment of patients with locally advanced Barrett cancer reliably distinguishes those who will have low recurrence and favorable long-term survival post resection from those with a poor prognosis, Dr. Joerg R. Siewert said at the annual meeting of the American Surgical Association.

This suggests FDG-PET can be used to tailor treatment according to the chemosensitivity of tumors. Early response evaluation after induction chemotherapy opens the door to a more individualized therapy in Barrett's cancer," added Dr. Siewert, professor and chairman of surgery at Technical University of Munich.

Patients without a metabolic response after the first 2 weeks can be spared the morbidity and expense of the remaining 10 weeks of the course of chemotherapy, since they are unlikely to benefit from it, he said.

Dr. Siewert reported on 104 patients with locally advanced adenocarcinoma of the esophagus or esophagogastric junction who had a baseline FDG-PET and then were placed on induction chemotherapy before planned tumor resection. After 2 weeks of chemotherapy they had a second FDG-PET, at which point 48% were classified as responders based on at least a 35% reduction in tumor metabolic activity. Responders continued on chemotherapy for 10 more weeks before resection, whereas nonresponders stopped chemotherapy and had palliative surgery based on prior studies indicating that further chemotherapy would be of little benefit.

Curative R0 resection was achieved in 96% of responders, compared with 74% of nonresponders. Overall, 20% of responders and 62% of nonresponders had lymph node involvement. Of early metabolic responders, 58% experienced major histologic remission after resection, as did none of the nonresponders. The distant recurrence rate was 16% in responders, compared with 29% in nonresponders. Median overall survival was more than 5 years in responders and less than 26 months in nonresponders.

Induction chemotherapy did not adversely affect surgical risk. Postoperative complications occurred in 34% of patients



'Early response evaluation ... opens the door to a more individualized therapy.'

DR. SIEWERT

and in-hospital mortality in 2%, with similar rates in the two groups.

The superior survival in the PET-defined early metabolic responders can probably be explained by their more radical resectability and more favorable lymph node-based tumor staging, according to Dr. Siewert.

Discussant Dr. Murray F. Brennan, chairman of surgery at Memorial Sloan-Kettering Cancer Center, New York, noted that the patients in Dr. Siewert's study were classified as AEG I/II. In Dr. Brennan's own work with AEG III patients having subcardial gastric cancer, he has been unable to show any prognostic significance for an early metabolic response at 2 weeks. Instead, he sees a prognostic value only when FDG-PET is done after 30 days of chemotherapy and at a threshold of at least a 50% reduction in tumor metabolic activity.

Dr. Siewert replied that he, too, observed a difference in the early prognostic value of PET between AEG I/II and III patients.

Audience members asked how Dr. Siewert manages the early PET nonresponders, given their poor outcomes in this trial. He replied that it's an open question. In another study, he gave early nonresponders a course of chemoradiation, but few responded.

"It's easy to treat the responders. They are always the winners," Dr. Siewert observed. "The problem is how to treat the nonresponders. I have a feeling that it's not a good idea to change to chemoradiation, because the preliminary results are not promising. For the moment, I think the best treatment option for the nonresponders is still palliative surgical resection, but we have to wait for further trials to make definitive statements."

All papers presented at the 127th annual meeting of the ASA are submitted to the Annals of Surgery for consideration. ■

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INDICATIONS AND USAGE

Duodenal Ulcer
ZEGERID is indicated for short-term treatment of active duodenal ulcer. Most patients heal within four weeks. Some patients may require an additional four weeks of therapy. within four weeks. Some paperson me, recommended to the paperson of active benign gastric ulcer. ZEGERIO is indicated for short-term treatment (4-8 weeks) of active benign gastric ulcer. See CLINICAL PHARMACOLOGY, Clinical Studies, Gastric Ulcer.)

Treatment of Gastroesophageal Reflux Disease (GERD)

Symptomatic GERD
ZEGERID is indicated for the treatment of heartburn and other symptoms associated with GERD.

with GERD.

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ZECERID is indicated for the short-term treatment (4-8 weeks) of erosive exophagitis which has been diagnosed by endoscopy, (See CUNICAL PHAPMACOLOGY, Clinical Studies.)

The efficacy of ZECERID used for longer than 8 weeks in these patients has not been established. In the rare instance of a patient not responding to 8 weeks of treatment, it may be helpful to give up to an additional 4 weeks of treatment. If there is recurrence of erosive esophagitis or GERD symptoms (e.g., heartburn), additional 4-8 week courses of omeprazole may be considered.

Maintenance of Healing of Erosive Esophagitis ZEGERID is indicated to maintain healing of erosive esophagitis. Controlled studies do

ZECFRID is indicated to maintain healing of erosive esophagitis. Controlled studies do not extend beyond 12 months.

Reduction of Risk of Upper Gastrointestinal Bleeding in Critically III Patients ZECFRID Powder for Oral Suspension 40 mg/1680 mg is indicated for the reduction of risk of upper 61 bendeding in critically III patients.

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PRECAUTIONS

General

Symptomatic response to therapy with omeprazole does not preclude the presence of gastric malignancy.

gastric malignancy. Atrophic gastritis has been noted occasionally in gastric corpus biopsies from patients reated long-term with omegrazole.

Audiplic gashrus has over linder docastoriary in gashric coppus diugses from patients treated long-term with omeprazole. Each ZEERHD Capsule contains 1100 mg (13 mEq) of sodium bicarbonate (equivalent to 300 mg of Na+). Each packet of ZEGERID Powder for Oral Suspension contains 1680 mg (20 mEq) of sodium bicarbonate (equivalent to 460 mg of Na+). The sodium content of ZEGERID products should be taken into consideration when administering to patients on a sodium restricted diet. Sodium bicarbonate is contraindicated in patients with metabolic alkalosis and hypocalcemia. Sodium bicarbonate is south service audition in patients with Barter's syndrome, hypokalemia, respiratory alkalosis, and problems with acid-base balance. Long-term administration of bicarbonate with calcium or milk can cause milk-alkalis syndrome.

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for Oral Suspension: Empty packet contents into a small cup containing 1-2
ons of water. 00 NOT USE OTHER LIQUIDS OR FOODS. Stir well and drink
ately. Refill cup with water and drink.

Powder for Oral Suspension: Empty packed contents into a small cup containing 1-2 tablespoons of water. DN NOT USE OTHER L00/IDS OR F000S. Stir well and drink immediately, Refill cup with water and drink.

Drug Interactions
Compazable can prolong the elimination of diazepam, warfarin and phenyloin, drugs that are metabolized by oddation in the liver. There have been reports of increased INR and proformorbin time in patients receiving proton pump inhibitors, including omeyazole, and warfarin concomitantly, increases in INF and proformorbin time may lead to abnormal bleeding and even death. Patients treated with proton pump inhibitors and warfarin may need to be monitored for increased in INF and proformorbin time intellection of the increases in INF and proformorbin time intellection and even death. Patients breated with proton pump inhibitors and warfarin may need to be monitored for increases in INF and proformorbin time. Bellough in normal subjects for interaction with other drugs metabolized view the optochrome P-450 system (e.g. policisporter, distillarm, benzodiazogines). Patients with a sport of the optochrome P-450 system (e.g. policisporter, distillarm, benzodiazogines). Patients with absorption of drugs where gastric pt in the contract of the proformal of the proformal proform

pregnancy are unlikely to pose a substantial teratogenic or text, unemperute costs suffling were assessed as fair). Three epidemiological studies compared the frequency of congenital abnormalities among rifarits born to women who used omepracide during pregnancy to the frequency of bornmalities among rifarits of women exposed to 12-7 receptor antagonists or other controls, a population-based prospective orbor epidemiological study from the Swedish Medical Brith legistry, covering approximately 98% of pregnancies, reported on 955 infants (824 exposed furing the first timester with 39 of these exposed beyond first timester, and 131 exposed that the first timester, whose mothers used omepracide during pregnancy in unter occur.

ventricular septal defects and the number of stillborn infants was slightly higher in the omeprazole exposed infants than the expected number in the normal population. The author concluded that both effects may be random.

A retrospective cohort study reported on 689 pregnant women exposed to effer a the conclusion of the respective of the program of the program of the program of the first trimester (134 exposed to omeprazole). The overall malformation rate was 4.4%, 695, Cl 3.5–5.3 and the malformation rate for first trimester exposure to omeprazole was 3.6%, 695%, Cl 3.5–5.3. The relative risk of malformations associated with first trimester exposure to omeprazole or comprated with nonexposed women was 0.9, 695%, Cl 0.3–2.2. The study could effectively rule out a relative risk greater than 2.5 for all malformations. Accontrolled prospective observational study followed 113 women exposed to omeprazole during pregnancy (89% first timester exposures). The reported rates of major competial malformations was 4% for the omeprazole group, 2% for controls exposed to nonteractogens, and 2.8% in Greater and the controls (background incidence of major malformations 1-5%). Rates of sportameous and elective abortions, preterm deliveries, gestational age at delivery, and mean brit weight did not differ between the groups. The sample size in this study has 80% power to detect a 5-told increase in the rate of major malformation.

Several studies have responded no apparent adverse short term effects on the infant when single dose and or intravenous omeprazole was administered to over 200 pregnant women as premedication for escaveran section under general anesthesia.

Teratology studies conducted in pregnant rata's at doses up to 158 mg/kg/day (about 2.8 times the human dose of 40 mg/day, based on body surface area) and in pregnant ratables at dose sup to 69 mg/kg/day (about 2.8 times the human dose of 40 mg/day, based on body surface area produced dose-related embryofretal toxicity of harm, omerprazole is not of several surfa

patients. There are no adequate and well-controlled studies in peuseuri; paueris which is **Certaint Use**One-provide was administered to over 2000 elderly individuals (2: 65 years of age) in clinical trials in the U.S. and Europe. There were no differenses in safely and effectiveness behave the elderly and younger subjects. Other reported clinical experience has not identified differences in response between the elderly and younger subjects, but greater sensitivity of some doler individuals cannot be ruled out. Paramacolinetts subles with buffered one-provide have shown the elimination rate was somewhat decreased in the elderly and biosvaliability was increased. The plasma clearance of one-provide was 250 mL/min (about that that of youngs subjects). The plasma clearance of one-provide was 250 mL/min (about that that of youngs subjects). The plasma fall-file averaged one hour, about the same as that in nonelderly, healthy subjects taking ZEGERID. However, no dosage adjustment is necessary in the elderly. (See CLINICAL PHAMACOLOGY). **ANVERSE REACTIONS** nour, about the same as that in nonelderly, healthy subjects taking ZFGERID. However, no ge adjustment is necessary in the elderly, (See CLINICAL PHARMACOLOGY.)

"ERSE REACTIONS
prazole was generally well tolerated during domestic and international clinical trials

Imeprazole was generally well tolerated during ordinastic and mineral and mineral in 3098 patients.

In 9098 patients. In the U.S. clinical trial population of 465 patients, the adverse experiences summarized in fable 11 were reported to occur in 1% or more of patients on therapy with openazole. Wumbers in parentheses indicate percentages of the adverse experiences considered by investigators as possibly, probably or define flery related to the drug.

Table 11: Adverse Experiences Occurring in 1% or More of Patients on Omeprazole Therapy

Partititine

	Omeprazole (n = 465)	Placebo (n = 64)	Ranitidine (n = 195)
Headache	6.9 (2.4)	6.3	7.7 (2.6)
Diarrhea	3.0 (1.9)	3.1 (1.6)	2.1 (0.5)
Abdominal Pain	2.4 (0.4)	3.1	2.1
Nausea	2.2 (0.9)	3.1	4.1 (0.5)
URI	1.9	1.6	2.6
Dizziness	1.5 (0.6)	0.0	2.6 (1.0)
Vomitina	1.5 (0.4)	4.7	1.5 (0.5)
Rash	1.5 (1.1)	0.0	0.0
Constipation	1.1 (0.9)	0.0	0.0
Cough	1.1	0.0	1.5
Asthenia	1.1 (0.2)	1.6 (1.6)	1.5 (1.0)
Back Pain	1.1	0.0	0.5

Table 12 summarizes the adverse reactions that occurred in 1% or more of omeprazole-treated patients from international double-blind, and open-label clinical trials in which 2.631 patients and subjects received omeorazole.

Causal Relationship not Assessed				
	Omeprazole (n = 2631)	Placebo (n = 120)		
Body as a Whole, site unspecified				
Ábdominal pain	5.2	3.3		
Asthenia	1.3	0.8		
Digestive System				
Constipation	1.5	0.8		
Diarrhea	3.7	2.5		
Flatulence	2.7	5.8		
Nausea	4.0	6.7		
Vomiting	3.2	10.0		
Acid regurgitation	1.9	3.3		
Nervous System/Psychiatric				
Headache	2.9	2.5		

	ZEGERID® (N=178)	Cimetidine (N=181)
MedDRA		
Body System	All AEs	All AEs
Preferred Term	n (%)	n (%)
BLOOD AND LYMPHATIC SYSTEM DISORDERS	1	
Anaemia NOS	14 (7.9)	14 (7.7)
Anaemia NOS Aggravated	4 (2.2)	7 (3.9)
Thrombocytopenia	18 (10.1)	11 (6.1)
CARDIAC DISORDERS		
Atrial Fibrillation	11 (6.2)	7 (3.9)
Bradycardia NOS	7 (3.9)	5 (2.8)
Supraventricular Tachycardia	6 (3.4)	2 (1.1)
Tachycardia NOS	6 (3.4)	6 (3.3)
Ventricular Tachycardia	8 (4.5)	6 (3.3)
GASTROINTESTINAL DISORDERS*		
Constipation	8 (4.5)	8 (4.4)
Diarrhoea NOS	7 (3.9)	15 (8.3)

stric Hypomotility	3 (1.7)	6 (3.3)	
NERAL DISORDERS AND ADMINISTRATIO	ON SITE CONDITIONS	:	
perpyrexia dema NOS rexia	8 (4.5) 5 (2.8) 36 (20.2)	3 (1.7) 11 (6.1) 29 (16.0)	
FECTIONS AND INFESTATIONS			
indidal Infection NOS al Candidiasis epsis NOS inary Tract Infection NOS	3 (1.7) 7 (3.9) 9 (5.1) 4 (2.2)	7 (3.9) 1 (0.6) 9 (5.0) 6 (3.3)	
VESTIGATIONS			
ver Function Tests NOS Abnormal	3 (1.7)	6 (3.3)	
ETABOLISM AND NUTRITION DISORDERS	;		
uid Overload perglyczemia NOS perkalzemia pernatrzemia popalcaemia NOS pokalaemia popalcaemia NOS pokalaemia pomagnesaemia pophosphataemia pophosphataemia pophosphataemia pothosphataemia pothosphataemia pothosphataemia pothosphataemia vCHIATRIC DISORDERS iltation SSPIRATIORY, THORACIC AND MEDIASTINU tute Respiratory Distress Syndrome socomial Pneumonia	9 (5.1) 19 (10.7) 4 (2.2) 3 (1.7) 11 (6.2) 6 (3.4) 22 (12.4) 18 (10.1) 7 (3.9) 11 (6.2) 6 (3.4) AL DISORDERS 6 (3.4) 20 (11.2)	14 (7.7) 21 (11.6) 6 (3.3) 9 (5.0) 10 (5.5) 8 (4.4) 24 (13.3) 18 (9.9) 5 (2.8) 7 (3.9) 16 (8.8)	
spiratory Failure	3 (1.7)	6 (3.3)	_
IN AND SUBCUTANEOUS TISSUE DISORE			_
ecubitus Ulcer ish NOS	6 (3.4) 10 (5.6)	5 (2.8) 11 (6.1)	
SCULAR DISORDERS			
pertension NOS potension NOS	14 (7.9) 17 (9.6)	6 (3.3) 12 (6.6)	_
ilinically significant UGI bleeding was ncluded in this table.	s considered an SA	∟ but It Is not	

included in this table. Additional adverse experiences occurring in < 1% of patients or subjects in domestic and/or international trials conducted with omeprazole, or occurring since the drug was marketed, are shown below within each body system. In many instances, the relationship to omeprazole was unclear. Body As a Whol. Allergic reactions, including, rarely, anaphylaxis (see also Skin below), fever, pain, tatigue, malaise, abdominal swelling. Cardiovascular Chest pain or angina, tachycardia, bradycardia, palpitation, elevated blood pressure, and peripheral edema. Carsteriotectrical

colic/Nutritional natremia, hypoglycemia, and weight gain.

Musculoskeletal Muscle cramps, myalgia, muscle weakness, joint pain, and leg pain

Skin Bash and rarely, cases of severe generalized skin reactions including toxic epidermal necrolysis (TEN; some fatal), Stevens-Johnson syndrome, and erythema multiforme (some severe); purpure and/or petechie scome with rechallenge); skin inflamation, urticaria, angloedema, pruritus, photosenstilvity, alopecia, dry skin, and hyperhidrosis.

Ocular
Blurred vision, ocular irritation, dry eye syndrome, optic atrophy, anterior ischemic optic neuropathy, optic neuritis and double vision.

Hematologic

Rare instances of pancytopenia, agranulocytosis (some fatal), thrombocytopenia, neutropenia, leukropenia, anemia, leucocytosis, and hemotyfic anemia have been reported. The incidence of clinical adverse experiences in patients greater than 65 years of age was similar to that in patients 65 years of age or less. Additional adverse reactions that could be caused by sodium bicarbonate, include metabolic alkalosis, seizures, and tetany.

Additional adverse reactions that could be caused by sodium bicarbonate, include metabolic alkalosis, sezures, and tetany. **OVERDOSAGE**Reports have been received of overdosage with omeprazole in humans. Doses ranged up to 2400 mg (120 times the usual recommended clinical dose), Manifestations were variable, but included confusion, drowsiness, blumed vision, tackyradia, nauses, ownling, disphoress, flushing, headache, dry mouth, and other adverse reactions smilar to those seen in normal clinical experiences, Gee ADVERSE FEACTIONS.) Symptoms were transent, and no serious clinical outcome has been reported when omeprazole was taken alone. No specific artibide for omeprazole overdosage is known. Omeprazole is venderswely protein bound and is, therefore, not readily dialyzable. In the event of overdosage, treatment should be symptomatic and supportive. As with the management of any overdose, the possibility of multiple druje injuestion should be constacted. Telephone numbers are listed in the Physicians' Desk Reference (PDR) or local telephone book. Single oral doses of omeprazole at 1350, 1339, and 1200 mg/kg were lethal to mice, rats, and dogs, respectively. Animals given these doses showed sedation, ptosis, tremors, convolisions, and decreased activity, body temperature, and respiratory rate and increased depth of respiration.

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