



Dear Colleague:

What could be better than a day in May? How about a day in May and a new issue of the *Cleveland Clinic Journal of Medicine*? So leave the lawnmower in the garage and check out what we have to offer this month.

■ **New insulins and new delivery technologies** (page 293)

New forms of insulin and new technologies for delivering it have enabled much tighter control of blood glucose levels in type 1 diabetes than ever before. Dr. Leslie explores the range of tools for treating these patients. An illustration shows some innovations in insulin delivery.

■ **COX 2 inhibitors** (page 285)

The long-awaited and highly touted selective inhibitors of cyclo-oxygenase 2 (COX 2) have begun to appear on the market. Dr. Mandell points out that these drugs provide nonsteroidal anti-inflammatory activity with much lower likelihood of gastrointestinal ulceration, although they are not without side effects.

■ **Colorectal cancer screening** (page 303)

Many different groups have published guidelines on the optimal methods and intervals for colorectal cancer screening. Drs. Burke and van Stolk explain the guidelines and provide their perspective on the controversial issues.

■ **1-Minute Consult** (page 273)

In this month's 1-Minute Consult, Drs. Bauer and Lashner discuss the role of repeated colonoscopy and biopsy in patients at high risk for colon cancer.

■ **IM Board Review** (page 270)

In this month's Internal Medicine Board Review, Drs. Matteoni and Vargo explore the differential diagnosis of anemia with hypocalcemia, considering possibilities ranging from NSAID gastroenteropathy to neoplasm, with a few stops in between.

■ **HIV antiviral therapy** (page 267)

Better understanding of the life cycle of the human immunodeficiency virus has led to more rational and successful treatment. Drs. Isada and Calabrese explain the thinking behind highly active antiretroviral therapy.

■ **Henoch-Schönlein purpura** (page 312)

Henoch-Schönlein purpura, a vasculitic syndrome with dermal and articular involvement, also has renal and gastrointestinal manifestations in many patients. Dr. Szer describes these and presents information about diagnosis and treatment when these systems are affected.

■ **The exercise stress test** (page 278)

Dr. Lauer breathes new life into an old war horse, the exercise stress test, by shifting the paradigm from diagnosis to prognosis. He introduces us to the chronotropic index, a useful tool in assessing the ominousness of coronary artery disease.

As always, we are interested in what you think of the *Journal*, and your ideas for future topics.



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