Improving Unadjusted and Adjusted Mortality With an Early Warning Sepsis System in the Emergency Department and Inpatient Wards

Justin Iannello, DO, MBA; and Nicole Maltese, PharmD, BCPS, BCCCP

Background: Mortality reduction has been a major focus of improvement for health care systems. Although several studies have noted improved sepsis-related mortality with the use of electronic health record (EHR) systems, there are no known published early warning sepsis systems using the Veterans Health Administration (VHA) EHR system.

Methods: The Malcom Randall Veterans Affairs Medical Center (MRVAMC), a large academic 1a VHA facility within the North Florida/South Georgia Veterans Health System (NF/SGVHS), was identified as having opportunities for improvement related to inpatient mortality outcomes. Sepsis was discovered as the primary contributor to inpatient mortality for MRVAMC's acute level of care (LOC). Education along with implementation of an early warning sepsis system (EWSS) was subsequently integrated in the VHA EHR known as the Veterans Information Systems and Technology Architecture/Computerized Patient Record System (VistA/CPRS) at NF/SGVHS, which applied a combination of informatics solutions within a Lean Six Sigma quality improvement framework.

Results: At MRVAMC, there was an observed decrease in the number of inpatient deaths for the acute LOC from a high of 48 in fiscal year (FY) 2017, quarter 3 to a low of 27 in FY 2019, quarter 4. This resulted in as large of an improvement as a 44% reduction in unadjusted mortality with education and implementation of an EWSS from FYs 2017 to 2019. Additionally, the MRVAMC acute LOC risk-adjusted mortality (standardized mortality ratio) improved from > 1.0 to < 1.0, demonstrating fewer inpatient mortalities than predicted from FYs 2017 to 2019.

Conclusions: Education along with the possible implementation of an EWSS within the VHA EHR was associated with improvement in unadjusted and adjusted inpatient mortality at MRVAMC. This may be an effective approach for patients with sepsis.

Author affiliations can be found at the end of the article. **Correspondence:** Justin lannello (jliannello22@gmail.com)

Fed Pract. 2021;38(11). Published online November 13. doi:10.12788/fp.0194

n 1997, Elizabeth McGlynn wrote, "Measuring quality is no simple task."¹ We are reminded of this seminal *Health Affairs* article at a very pertinent point—as health care practice progresses, measuring the impact of performance improvement initiatives on clinical care delivery remains integral to monitoring overall effectiveness of quality. Mortality outcomes are a major focus of quality.

Inpatient mortality within the Veterans Health Administration (VHA) was measured as actual number of deaths (unadjusted mortality), and adjusted mortality was calculated using the standardized mortality ratio (SMR). SMR included actual number of deaths during hospitalization or within 1 day of hospital discharge divided by predicted number of deaths using a risk-adjusted formula and was calculated separately for acute level of care (LOC) and the intensive care unit (ICU). Using risk-adjusted SMR, if an observed/expected ratio was > 1.0, there were more inpatient deaths than expected; if < 1.0, fewer inpatient deaths occurred than predicted; and if 1.0, observed number of inpatient deaths was equivalent to expected number of deaths.2

Mortality reduction is a complex area of performance improvement. Health care fa-

cilities often focus their efforts on the biggest mortality contributors. According to Dantes and Epstein, sepsis results in about 265,000 deaths annually in the United States.³ Reinhart and colleagues demonstrated that sepsis is a worldwide issue resulting in approximately 30 million cases and 6 million deaths annually.⁴ Furthermore, Kumar and colleagues have noted that when sepsis progresses to septic shock, survival decreases by almost 8% for each hour delay in sepsis identification and treatment.⁵

Improvements in sepsis management have been multifaceted. The Surviving Sepsis Campaign guidelines created sepsis treatment bundles to guide early diagnosis/treatment of sepsis.⁶ In addition to awareness and sepsis care bundles, a plethora of informatics solutions within electronic health record (EHR) systems have demonstrated improved sepsis care.⁷⁻¹⁶ Various approaches to early diagnosis and management of sepsis have been collectively referred to as an early warning sepsis system (EWSS).

An EWSS typically contains automated decision support tools that are integrated in the EHR and meant to assist health care professionals with clinical workflow decisionmaking. Automated decision support tools within the EHR have a variety of functions, such as clinical care reminders and alerts.¹⁷

Sepsis screening tools function as a form of automated decision support and may be incorporated into the EHR to support the EWSS. Although sepsis screening tools vary, they frequently include a combination of data involving vital signs, laboratory values and/ or physical examination findings, such as mental status evaluation. The Modified Early Warning Signs (MEWS) + Sepsis Recognition Score (SRS) is one example of a sepsis screening tool.^{7,16}

At Malcom Randall Veterans Affairs Medical Center (MRVAMC) in Gainesville, Florida, we identified a quality improvement project opportunity to improve sepsis care in the emergency department (ED) and inpatient wards using the VHA EHR system, the Computerized Patient Record System (CPRS), which is supported by the Veterans Information Systems and Technology Architecture (VistA).¹⁸ A VistA/CPRS EWSS was developed using Lean Six Sigma DMAIC (define, measure, analyze, improve, and control) methodology.¹⁹ During the improve stage, informatics solutions were applied and included a combination of EHR interventions, such as template design, an order set, and clinical reminders. Clinical reminders have a wide variety of use, such as reminders for clinical tasks and as automated decision support within clinical workflows using Boolean logic.

To the best of our knowledge, there has been no published application of an EWSS within VistA/CPRS. In this study, we outline the strategic development of an EWSS in VistA/CPRS that assisted clinical staff with identification and treatment of sepsis; improved documentation of sepsis when present; and associated with improvement in unadjusted and adjusted inpatient mortality.

METHODS

According to policy activities that constitute research at MRVAMC, no institutional review board approval was required as this work met criteria for operational improvement activities exempt from ethics review.

The North Florida/South Georgia Veterans Health System (NF/SGVHS) includes MRVAMC, a large academic hospital with rotating residents/fellows and multiple spe-

TABLE 1 Mortality on Acute Level of Care at MRVAMC

	Fiscal Year 2017			
Mortality	Quarter 1	Quarter 2	Quarter 3	
Deaths, No.	39	43	48	
Standardized mortality ratio	1.10	1.11	1.20	

Abbreviation: MRVAMC, Malcom Randall Veterans Affairs Medical Center, Gainesville, Florida.

cialty care services. MRVAMC comprised 144 beds on the medicine/surgery wards; 48 beds in the psychiatry unit; 18 intermediate LOC beds; and 27 ICU beds. The MRVAMC SMR was identified as an improvement opportunity during fiscal year (FY) 2017 (Table 1). Its adjusted mortality for acute LOC demonstrated an observed/ expected ratio of > 1.0 suggesting more inpatient deaths were observed than expected. The number of deaths (unadjusted mortality) on acute LOC at MRVAMC was noted to be rising during the first 3 quarters of FY 2017. A deeper examination of data by Pyramid Analytics (www.pyramidanal ytics.com) discovered that sepsis was the primary driver for inpatient mortality on acute LOC at MRVAMC. Our goal was to reduce inpatient sepsis-related mortality via development of an EWSS that leveraged VistA/CPRS to improve early identification and treatment of sepsis in the ED and inpatient wards.

Emergency Department

Given the importance of recognizing sepsis early, the sepsis team focused on improvement opportunities at the initial point of patient contact: ED triage. The goal was to incorporate automated VistA/CPRS decision support to assist clinicians with identifying sepsis in triage using MEWS, which was chosen to optimize immediate hospital-wide buy-in. Clinical staff were already familiar with MEWS, which was in use on the inpatient wards.

Flow through the ED and availability of resources differed from the wards. Hence, modification to MEWS on the wards was necessary to fit clinical workflow in the ED. Temperature, heart rate (HR), respiratory rate (RR), systolic blood pressure (SBP), mental status, and white blood cell count (WBC) factored into a MEWS + SRS score on the

	Score						
Criteria	3	2	1	0	1	2	3
Temperature, °F		< 95		95-101.1		> 101.1	
Heart rate, beats per min	< 40	40-44	45-50	51-100	101-110	111-129	> 130
RR, breaths per min	< 7	8	9	10-14	15-20	21-29	≥ 30
SBP, mm Hg	≤ 70	71-80	81-100	101-160	161-180	181-199	> 200
Mental status change	Unresponsive; coma	Responds to pain	Responds to voice	Alert	Mildly agitated or confused	Very agitated	Extremely agitated
Latest WBC, mcL	< 1	1-2.9		3-14.9	15-19.9	20-39.9	≥ 40

Abbreviations: RR, respiratory rate; SBP, systolic blood pressure; WBC, white blood count.

wards (Table 2). For the ED, MEWS included temperature, HR, RR and SBP, but excluded mental status and WBC. Mental status assessment was excluded due to technical infeasibility (while vital signs could be automatically calculated in real time for a MEWS score, that was not possible for mental status changes). WBC was excluded from the ED as laboratory test results would not be available in triage.

MEWS + SRS scores were calculated in VistA by using clinical reminders. Clinical reminder logic included a series of conditional statements based on various combinations of MEWS + SRS clinical data entered in the EHR. When ED triage vital signs data were entered in CPRS, clinical data were stored and processed according to clinical reminder logic in VistA and displayed to the user in CPRS. While MEWS of \geq 5 triggered a sepsis alert on the wards, the \geq 4 threshold was used in the ED given mental status and WBC were excluded from calculations in triage (eAppendix 1 available at doi:10.12788/fp.0194).

Once a sepsis alert was triggered in triage for MEWS \geq 4, ED nursing staff prioritized bed location and expedited staffing with an ED attending physician for early assessment. The ED attending then performed an assessment to confirm whether sepsis was present and direct early treatment. Although every patient who triggered a sepsis alert in triage did not meet clinical findings of sepsis, patients with MEWS \geq 4 were frequently ill and required timely intervention.

If an ED attending physician agreed

with a sepsis diagnosis, the physician had access to a sepsis workup and treatment order set in CPRS (eAppendix 2 available at doi:10.12788/fp.0194). The sepsis order set incorporated recommendations from the Surviving Sepsis Campaign guidelines and included orders for 2 large-bore peripheral IV lines; aggressive fluid resuscitation (30 mL/kg) for patients with clinical findings of hypoperfusion; broad-spectrum antibiotics; and frequent ordering of laboratory tests and imaging during initial sepsis workup.⁶ Vancomycin and cefepime were selected as routine broad-spectrum antibiotics in the order set when sepsis was suspected based on local antimicrobial stewardship and safety-efficacy profiles. For example, Luther and colleagues demonstrated that cefepime has lower rates of acute kidney injury when combined with vancomycin vs vancomycin + piperacillin-tazobactam.²⁰ If a β-lactam antibiotic could not be used due to a patient's drug allergy history, aztreonam was available as an alternative option.

The design of the order set also functioned as a communication interface with clinical pharmacists. Given the large volume of antibiotics ordered in the ED, it was difficult for pharmacists to prioritize antibiotic order verification. While stat orders convey high priority, they often lack specificity. When antibiotic orders were selected from the sepsis order set, comments were already included that stated: "STAT. First dose for sepsis protocol" (eAppendix 3 available at doi:10.12788/fp.0194). This standardized communication conveyed a sense of urgency and a collective understanding that patients with suspected sepsis required timely order verification and administration of antibiotics.

Hospital Ward

Mental status and WBC were included on the wards to monitor for possible signs of sepsis, using MEWS + SRS, which was routinely monitored by nursing every 4 to 8 hours. When MEWS + SRS was \geq 5 points, ward nursing staff called a sepsis alert.7,16 Early response team (ERT) members received telephone notifications of the alert. ERT staff proceeded with immediate evaluation and treatment at the bedside along with determination for most appropriate LOC. The ERT members included an ICU physician and nurse; respiratory therapist; and nursing supervisor/bed flow coordinator. During bedside evaluation, if the ERT or primary team agreed with a sepsis diagnosis, the ERT or primary team used the sepsis order set to ensure standardized procedures. Stat orders generated through the sepsis order set pathway conveyed a sense of urgency and need for immediate order verification and administration of antibiotics.

In addition to clinical care process improvement, accurate documentation also was emphasized in the EWSS. When a sepsis alert was called, a clinician from the primary team was expected to complete a standardized progress note, which communicated clinical findings, a treatment plan, and captured severity of illness (eAppendix 4 available at doi:10.12788/fp.0194). It included sections for subjective, objective, assessment, and plan. In addition, data objects were created for vital signs and common laboratory findings that retrieved important clinical data from VistA and inserted it into the CPRS note.²¹

Nursing staff on the wards were expected to communicate results with the primary team for clinical decision making when a patient had a MEWS + SRS of 3 to 4. A sepsis alert may have been called at the discretion of clinical team members but was not required if the score was < 5. Additionally, vital signs were expected to be checked by the nursing staff on the wards at least every 4 hours for closer monitoring.

TABLE 3 Nonspecific Inpatient Ward ERT and Sepsis Alerts^a

Fiscal Years	ERT Alerts, No.	Sepsis Alerts, No.	Total, No.
2017			
Quarter 1	100	N/A	N/A
Quarter 2	90	N/A	N/A
Quarter 3	87	N/A	N/A
Quarter 4	75	N/A	N/A
2018			
Quarter 1	88	4 ^b	92
Quarter 2	106	16	122
Quarter 3	106	10	116
Quarter 4	119	18	137
2019			
Quarter 1	131	9	140
Quarter 2	135	8	143
Quarter 3	142	15	157
Quarter 4	164	6	170

Abbreviations: ERT, early response team; MEWS, modified early-warning system; SRS, Social Responsiveness Scale; STEMI, ST-segment elevation myocardial infarction.

^aIncludes inpatient medicine, surgery, and psychiatry acute and intermediate level of care wards; excludes outpatients, intensive care units, stroke alerts, and STEMI alerts.

^bInitial implementation of sepsis alerts using MEWS + SRS screening tool started during the last month of FY 2018, quarter 1 (December 2017). FY 2018, quarter 1 runs from October 2017 through December 2017.

Sepsis Review Meetings

Weekly meetings were scheduled to review sepsis cases to assess diagnosis, treatment, and documentation entered in the patient record. The team conducting sepsis reviews comprised the chief of staff, chief of quality management, director of patient safety, physician utilization management advisor, chief resident in quality and patient safety (CRQS), and inpatient pharmacy supervisor. In addition, ad hoc physicians and nurses from different specialty areas, such as infectious diseases, hospitalist section, ICU, and the ED participated on request for subject matter expertise when needed. At the conclusion of weekly sepsis meetings, sepsis team members provided feedback to the clinical staff for continuous improvement purposes.

RESULTS

Before implementation of an EWSS at NF/ SGVHS, a plan was devised to increase awareness and educate staff on sepsisrelated mortality in late FY 2017. Awareness and education about sepsis-related mortality was organized at physician, nursing, and pharmacy leadership clinical staff meetings.



FIGURE 1 Inpatient Deaths on Acute Level of Care

Posters about early warning signs of sepsis also were displayed on the nursing units for educational purposes and to convey the importance of early recognition/treatment of sepsis. In addition, the CRQS was the quality leader for house staff and led sepsis campaign change efforts for residents/fellows. An immediate improvement in unadjusted mortality at MRVAMC was noted with initial sepsis awareness and education. From FY 2017, quarter 3 to FY 2018, quarter 1, the number of acute LOC inpatient deaths decreased from 48 to 28, a 42% reduction in unadjusted mortality at MRVAMC (Figure 1). Additionally, the acute LOC SMR improved from 1.20 during FY 2017, quarter 3 down to as low as 0.71 during FY 2018, quarter 1 (Figure 2).

The number of MRVAMC inpatient deaths increased from 28 in FY 2018, guarter 1 to 45 in FY 2018, quarter 3. While acute LOC showed improvement in unadjusted mortality after sepsis education/ awareness, it was felt continuous improvement could not be sustained with education alone. An EWSS was designed and implemented within the EHR system in FY 2018. Following implementation of EWSS and reeducating staff on early recognition and treatment of sepsis, acute LOC inpatient deaths decreased from 45 in FY 2018, quarter 3 through FY 2019 where unadjusted mortality was as low as 27 during FY 2019, quarter 4. The MRVAMC acute LOC SMR was consistently < 1.0 from FY 2018, quarter 4 through FY 2019, quarter 4.

In addition to the observed decrease in acute LOC inpatient deaths and improved SMR, the number of ERT alerts and sepsis alerts on the inpatient wards were monitored from FY 2017 through FY 2019. ERT alerts listed in Table 3 were nonspecific and initiated by nursing staff on the wards where a patient's clinical status was identified as worsening while sepsis alerts were specific ERT alerts called by the ward nursing staff due to concerns for sepsis. The inpatient wards included inpatient medicine, surgery, and psychiatry acute care and the intermediate level of care unit while outpatient clinical areas of treatment, intensive care units, stroke alerts, and STEMI alerts were excluded.

From FY 2017 to FY 2018, quarter 1, the number of nonspecific ERT alerts varied between 75 to 100. Sepsis alerts were not available until December 2017 while the EWSS was in development. Afterward, nonspecific ERT alerts and sepsis alerts were monitored each quarter. Sepsis alerts ranged from 4 to 18. Nonspecific ERT alerts + sepsis alerts continued to increase from FY 2018, quarter 3 through FY 2019, quarter 4.

DISCUSSION

Implementation of the EWSS was associated with improved unadjusted mortality and adjusted mortality for acute LOC at MRVAMC. Although variation exists with application of EWSS at other medical centers, there was similarity with improved sepsis outcomes reported at other health care systems after EWSS implementation.⁷⁻¹⁶

Improved unadjusted mortality and adjusted mortality for acute LOC at MRVAMC was likely due to multiple contributing factors. First, during design and implementation of the EWSS, project work was interdisciplinary with input from physicians, nurses, and pharmacists from multiple specialties (ie, ED, ICU, and the medicine service); quality management and data analysis specialists; and clinical informatics. Second, facility commitment to improving early recognition and treatment of sepsis from leadership level down to front-line staff was evident. Weekly sepsis meetings with the NF/SGVHS chief of staff helped to sustain EWSS efforts and to identify additional improvement opportunities. Third, integrated informatics solutions within the EHR helped identify early sepsis and minimized human error as well

as assisted with coordination of sepsis care across services. Fourth, the focus was on both early identification and treatment of sepsis in the ED and hospital wards. Although it cannot be deduced whether there was causation between reduced inpatient mortality and an increased number of nonspecific ERT alerts+ sepsis alerts on the inpatient wards after EWSS implementation, inpatient deaths decreased and SMR improved. Finally, the EWSS emphasized both the importance of evidence-based clinical care of sepsis and standardized documentation to appropriately capture clinical severity of illness.

Limitations

This program has limitations. The EWSS was studied at a single VHA facility. Veteran demographics and local epidemiology may limit conclusion of outcomes to an individual VHA facility located in a specific geographical region. Additional research is necessary to demonstrate reproducibility and determine whether applicable to other VHA facilities and community care settings.

SMR is a risk-adjusted formula developed by the VHA Inpatient Evaluation Center, which included numerous factors such as diagnosis, comorbid conditions, age, marital status, procedures, source of admission, specific laboratory values, medical or surgical diagnosis-related group, ICU stays, immunosuppressive status, and a COVID-19 positive indicator (added after this study). Further research is needed to evaluate sepsis-related outcomes using the EWSS during the COVID-19 pandemic.

EWSS in the literature have demonstrated various approaches to early identification and treatment of sepsis and have used different sepsis screening tools.²² Evidence suggests that the MEWS + SRS sepsis screening tool may result in false-positive screenings.²³⁻²⁷ Additional research into the specificity of this sepsis screening tool is needed. Ward nursing staff were encouraged to initiate automatic sepsis alerts when MEWS + SRS was \geq 5; however, this still depended on human factors. Because sepsis alerts are software-specific and others were incompatible with the VHA EHR, it was necessary to design our own EWSS.

Despite improvement with MRVAMC

FIGURE 2 Standardized Mortality Ratio for Acute Level of Care



acute LOC unadjusted and adjusted mortality with our EWSS, we did not identify any actual improvement in earlier antibiotic administration times once sepsis was recognized. While accurate documentation regarding degree of sepsis improved, a MRVAMC clinical documentation improvement program was expanded in FY 2018. Therefore, it is difficult to demonstrate causation related to improved sepsis documentation with template changes alone. While sepsis alerts on the inpatient wards were variable since EWSS implementation, nonspecific ERT alerts increased. It is unclear whether some sepsis alerts were called as nonspecific ERT alerts, making it impossible to know the true number of sepsis alerts.

MRVAMC experienced an increase in nurse turnover during FY 2018 and as a teaching hospital had frequent rotating residents and fellows new to processes/protocols. These factors may have contributed to variations in unadjusted mortality. Also the decrease in inpatient mortality and improvement in SMR on acute LOC could have been the result of factors other than the EWSS and the effect of education alone may have been at least as good as that of the EWSS intervention.

CONCLUSIONS

Education along with the possible implementation of an EWSS at NF/SGVHS was associated with a decrease in the number of inpatient deaths on MRVAMC's acute LOC wards from as high as 48 in FY 2017, quarter 3 to as low as 27 in FY 2019, quarter 4 resulting in as large of an improvement as a 44% reduction in unadjusted mortality from FY 2017 to FY 2019. In addition, MRVAMC's acute LOC SMR improved from > 1.0 to < 1.0, demonstrating fewer inpatient mortalities than predicted from FY 2017 to FY 2019.

This multifaceted interventional strategy may be effectively applied at other VHA health care facilities that use the same EHR system. Next steps may include determining the specificity of MEWS + SRS as a sepsis screening tool; studying outcomes of MRVAMC's EWSS during the COVID-19 era; and conducting a multicentered study on this EWSS across multiple VHA facilities.

Acknowledgments

The authors thank the following individuals for their contribution during early warning sepsis system implementation at North Florida/South Georgia Veterans Health System (NF/SGVHS): Dr. Ilona Schmalfuss, chief of staff, for her leadership support and engagement of front-line clinicians; Dr. Grant Lowther, former chief resident in quality and patient safety at NF/SGVHS, for his expertise during the design and implementation of the early warning sepsis system and engagement with the house staff; Amy Deem, chief of quality management, for providing quality improvement expertise and engagement of nursing staff; Amy Cruz, director of patient safety, for providing patient safety expertise and engagement of nursing staff; Russell Jacobitz, clinical applications coordinator, for providing technical expertise on integrating the early warning sepsis system within the electronic health record; Bill Alt, assistant chief of quality management, for providing quality improvement expertise; Andrew Martinez-Malo, clinical data analyst-quality management, for providing expertise on data acquisition and analysis; Melissa Keefer, clinical nurse leader, for engagement of staff in the emergency department; Dr. Eloise Harman, director of the medical intensive care unit, for providing expertise on sepsis management and engagement of clinicians; Carrol Graves, clinical nurse leader, for providing expertise on sepsis management and engagement of nursing staff on the wards. We also acknowledge the Veterans Health Administration Inpatient Evaluation Center, which tracks and validates mortality data and developed the risk-adjusted standardized mortality ratio.

Author affiliations

Justin lannello is the VISN 21 Chief Health Informatics Officer for the Veterans Health Administration Sierra Pacific Network and former National Lead Physician Utilization Management Advisor for the Veterans Health Administration/Physician Utilization Management Advisor for the North Florida/South Georgia Veterans Health System (NF/ SGVHS). Nicole Maltese is the Inpatient Clinical Pharmacy Supervisor for NF/SGVHS and Affiliated Clinical Assistant Professor, University of Florida College of Pharmacy in Gainesville.

Author disclosures

The authors report no actual or potential conflicts of interest with regard to this article.

Disclaimer

The opinions expressed herein are those of the authors and do not necessarily reflect those of *Federal Practitioner*, Frontline Medical Communications Inc., the US Government, or any of its agencies.

References

- McGlynn EA. Six challenges in measuring the quality of health care. *Health Aff (Millwood*). 1997;16(3):7-21. doi:10.1377/hlthaff.16.3.7
- US Department of Veterans Affairs, Veterans Health Administration. Strategic Analytics for Improvement and Learning (SAIL) value model measure definitions. Updated May 15, 2019. Accessed October 11, 2021. https://www .va.gov/QUALITYOFCARE/measure-up/SAIL_definitions .asp
- 3. Dantes RB, Epstein L. Combatting sepsis: a public health perspective. *Clin Infect Dis.* 2018;67(8):1300-1302. doi:10.1093/cid/ciy342
- Reinhart K, Daniels R, Kissoon N, Machado FR, Schachter RD, Finfer S. Recognizing sepsis as a global health priority - a WHO resolution. N Engl J Med. 2017;377(5):414-417. doi:10.1056/NEJMp1707170
- Kumar A, Roberts D, Wood KE, et al. Duration of hypotension before initiation of effective antimicrobial therapy is the critical determinant of survival in human septic shock. *Crit Care Med.* 2006;34(6):1589-1596. doi:10.1097/01.CCM.0000217961.75225.E9
- Rhodes A, Evans LE, Alhazzani W, et al. Surviving sepsis campaign: international guidelines for management of sepsis and septic shock: 2016. *Crit Care Med.* 2017;45(3):486-552. doi:10.1097/CCM.00000000002255
- Guirgis FW, Jones L, Esma R, et al. Managing sepsis: electronic recognition, rapid response teams, and standardized care save lives. *J Crit Care*. 2017;40:296-302. doi:10.1016/j.jcrc.2017.04.005
- Whippy A, Skeath M, Crawford B, et al. Kaiser Permanente's performance improvement system, part 3: multisite improvements in care for patients with sepsis. *Jt Comm J Qual Patient Saf.* 2011;37(11):483-493. doi:10.1016/s1553-7250(11)37061-4
- Harrison AM, Thongprayoon C, Kashyap R, et al. Developing the surveillance algorithm for detection of failure to recognize and treat severe sepsis. *Mayo Clin Proc.* 2015;90(2):166-175. doi:10.1016/j.mayocp.2014.11.014
- Rothman M, Levy M, Dellinger RP, et al. Sepsis as 2 problems: identifying sepsis at admission and predicting onset in the hospital using an electronic medical record-based acuity score. J Crit Care. 2017;38:237-244. doi:10.1016/j.jcrc.2016.11.037
- Back JS, Jin Y, Jin T, Lee SM. Development and validation of an automated sepsis risk assessment system. *Res Nurs Health*. 2016;39(5):317-327. doi:10.1002/nur.21734
- Khurana HS, Groves RH Jr, Simons MP, et al. Real-time automated sampling of electronic medical records predicts hospital mortality. *Am J Med.* 2016;129(7):688-698.e2. doi:10.1016/j.amjmed.2016.02.037
- Umscheid CA, Betesh J, VanZandbergen C, et al. Development, implementation, and impact of an automated early warning and response system for sepsis. J Hosp Med. 2015;10(1):26-31. doi:10.1002/jlm.2259
- 14. Vogel L. EMR alert cuts sepsis deaths. *CMAJ*. 2014;186(2):E80. doi:10.1503/cmaj.109-4686
- Jones SL, Ashton CM, Kiehne L, et al. Reductions in sepsis mortality and costs after design and implementation of a nurse-based early recognition and response program. *Jt Comm J Qual Patient Saf.* 2015;41(11):483-491. doi:10.1016/s1553-7250(15)41063-3
- Croft CA, Moore FA, Efron PA, et al. Computer versus paper system for recognition and management of sepsis in surgical intensive care. J Trauma Acute Care Surg. 2014;76(2):311-319. doi:10.1097/TA.000000000000121
- Tcheng JE, Bakken S, Bates DW, et al, eds. Optimizing Strategies for Clinical Decision Support: Summary of a Meeting Series. National Academy of Medicine; 2017. Accessed October 11, 2021. https://nam.edu/wp-content /uploads/2017/11/Optimizing-Strategies-for-Clinical -Decision-Support.pdf

Sepsis Mortality

- US Department of Veterans Affairs. History of IT at VA. Updated January 1, 2020. Accessed October 11, 2021. https://www.oit.va.gov/about/history.cfm
- GoLeanSixSigma. DMAIC: The 5 Phases of Lean Six Sigma. Published 2012. Accessed October 11, 2021. https://goleansixsigma.com/wp-content/uploads/2012/02 /DMAIC-The-5-Phases-of-Lean-Six-Sigma-www .GoLeanSixSigma.com_.pdf
- Luther MK, Timbrook TT, Caffrey AR, Dosa D, Lodise TP, LaPlante KL. Vancomycin plus piperacillin-tazobactam and acute kidney injury in adults: a systematic review and meta-analysis. *Crit Care Med.* 2018;46(1):12-20. doi:10.1097/CCM.00000000002769
- International Business Machines Corp. Overview of data objects. Accessed October 11, 2021. https://www.ibm. com/support/knowledgecenter/en/SSLTBW_2.3.0/com .ibm.zos.v2r3.cbclx01/data_objects.htm
- 22. Churpek MM, Snyder A, Han X, et al. Quick sepsis-related organ failure assessment, systemic inflammatory response syndrome, and early warning scores for detecting clinical deterioration in infected patients outside the intensive care unit. *Am J Respir Crit Care Med.* 2017;195(7):906-911. doi:10.1164/rccm.201604-0854OC
- Ghanem-Zoubi NO, Vardi M, Laor A, Weber G, Bitterman H. Assessment of disease-severity scoring systems for patients with sepsis in general internal medicine departments. *Crit Care.* 2011;15(2):R95. doi:10.1186/cc10102
- Hamilton F, Arnold D, Baird A, Albur M, Whiting P. Early Warning scores do not accurately predict mortality in sepsis: a meta-analysis and systematic review of the literature. *J Infect.* 2018;76(3):241-248. doi:10.1016/j.jinf.2018.01.002
- Martino IF, Figgiaconi V, Seminari E, Muzzi A, Corbella M, Perlini S. The role of qSOFA compared to other prognostic scores in septic patients upon admission to the emergency department. *Eur J Intern Med.* 2018;53:e11-e13. doi:10.1016/j.ejim.2018.05.022
- Nannan Panday RS, Minderhoud TC, Alam N, Nanayakkara PWB. Prognostic value of early warning scores in the emergency department (ED) and acute medical unit (AMU): A narrative review. *Eur J Intern Med*. 2017;45:20-31. doi:10.1016/j.ejim.2017.09.027
- Jayasundera R, Neilly M, Smith TO, Myint PK. Are early warning scores useful predictors for mortality and morbidity in hospitalised acutely unwell older patients? A systematic review. *J Clin Med.* 2018;7(10):309. Published 2018 Sep 28. doi:10.3390/jcm7100309

		 A state of the state of the state of the state
e, Issue Frequency Wonthly, except for 2 issues in December	3. fumber of hours Publiched Resaily 13	 Annewi Subscription Price (7 any) \$125
7. Domplets Mailing Address of Scewin Office of Publication (Ro	printers (Street, city, county, state, and 209+24)	Contact Person Jared Somers
Frentine Medical Communications Inc., 7 Century Drive, Bude 3	22, Persignery, Marin County, NJ 07054-4808	Telephone circlude area cod 1875-206-8081
8. Complete Malling Address of Heaptquarters or General Busin	ess Office of Publisher (And protect)	
7 Century Drive, Bulle 302, Perspipany, NJ 07954-4808		
9. Full Names and Complete Malling Addresses of Publisher: Ex Publisher (Name and complete mailing address)	titor, and Managing Editor (Co not leave blant)	
JoAnn Wehl, 7 Century Drive, Suite 302, Parsippony, N	07054-4609	
Editor (Name and complete mailing address)		
Reid Poul, 7 Century Drive, Suite 302, Parsippany, NJ 02	1054-4609	
Managing Editor (Name and companie mailing address)		
Icryce Brody, 7 Century Drive, Suite 302, Parsippiany, NJ	07054-4609	
 Onmer (Do dol level blank, Fishe publication is owned by a nerves and addresses of all allochication sensing or holding internet and addresses of the individual context, if owned by each individual owner. (The publication is published by a ro Published 	I percent or reore of the lotal amount of dock. If not own a partnembly-or other unincorporated time, give its varies	ed by a corporation, give the
rontline Medical Communications Inc.	7 Century Drive, Suite 102, Parsippo	any, NJ 07054-4609
11. Known Bondholders, Motgagees, and Other Security Halde Other Securities: If none, check box.	es Curring ar Halding 1 Percent at More of Fistal Amount	of Bonce, Moltgages, or
Fuð Hame	Complete Mailing Address	

UNITED STATES

POSTAL SERVICE

Statement of Ownership, Management, and Circulation (Requester Publications Only)

1.4 4 9 7

Hes Not Changed During Preceding 12 Months
 Hes Not Changed During Preceding 12 Months shakener must submit explanation of change with this shakener

7

PS Pares 3036-R, July 2014 (Page 1 of 4 (See instructions page 4); PSH: 1030-00-000-8055 PH/NACY NOTICE) See our privacy policy on new adjustment

	tation Title nal Practitioner	r		Issue Date for Circulate September 2021	in Della Bellow
15. 1	Extent and Na	ture	of Circulation	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
	Total Numbe	r of	Copies (Net press run)	36,555	36,491
		60	Outside County Park/Nequested Vial Subscriptions stated on PS Form 3541, (Instate direct written request from recipient; aslonastrating, and internet requests from recipient, paid subscriptions inclusing nominal rate subscriptions, employer recests, advertiger aprod capture, and exchange capter.)	30,130	30,174
5	Legitimate Fred and/or Requested Distribution (By mail and	æ	In-County Paid/Requested Mail Subscriptions stated on PS Form 3541. (Include direct written request from recipient, telemarkning, and intervet requests from recipient, justi subscriptions including normalis rate and explosion, employer requests, advertion" a pool copies, and exchange copies.)		
	outside De mail	a)	Sales Through Dealers and Carriers, Sheet Vendors, Counter Sales, and Other Paid or Requested Distribution Outside USPS ¹		
		(4)	Requested Copies Distributed by Other Mail Classes Through the USPS (e.g., First-Class Mail*)		
6	Total Paid ar	de	Requested Circulation (Sum of 15b (1), (2), (2), and (40)	30,130	30,174
		60	Outside County Nonrequested Copies Stated on PG Form 35/11 (Include sample copies, requests over 3 years of copuests induced by a premium, built asies and requests including association request, names obtained then business directoring, sits, and other nonreq	6,287	6,216
6	Non- requested Distribution (Dy mail and	æ	In-County Honvequested Copies Baled on PG Fam 3541 (include sample copies, reputeto over 3 parts old; reputet induced by a premain, bulk aware and reputet including association requests, names obtained from localness directories, lists, and other sourcest		
	outside De meit	a	Nonrequested Copies Distributed Through the USPS by Other Classes of Mail (n.g., FrancTasa Mail, nonrequestor copies mailed in excess of 10% inst.mailed at Standard Mail® or Package Services rated		•
		(4)	Nonrequested Copies Distributed Outside the Mall (notade pickup stands, trade shows, showrooms, and other sources)	-	-
	Total None	que	sted Distribution (Sum of 15d (1), (2), (3) and (4)	6,287	6,216
ī	Total Distri	bulik	n (Sum of 15e and e)	36,417	36,390
ī,	Copies not	Dist	Novied (See Instructions to Publishers #4, grape #30	138	101
ĥ	Total (Sum	of 1	Sf and gi	36,555	36,491
ī			Id/ Imee 100	82.7%	82.9%

* If you are claiming electronic copies, go to line 16 on page 3. If you are not claiming electronic copies, skip to line 17 on page 3.

Statement of Ownership, Management, and Circulation (Requester Publications Only) UNITED STATES POSTAL SERVICE . Requested and Paid Electronic Copies of Paris Deat Co. • • . I certify that 50% of all my a its or paid o 17. Publication of Blatement of Ownership for a Requester Publication is required and will be printed in the <u>Ha</u> us of this pu 10. Signature and Title of Editor, Publisher, Dusiness Mana Bath Buchler 09/29/21

mdedge.com/fedprac

 SECH Stability
 09/23/21

 I settly that all information furnished on this form is true and complete. I understand that anyone who furnishes fails or relations for during on this form only the subject to clinical sandlons (including fires and imprisonment) and/or solid sandlons.

eAPPENDIX 1 Modified Early Warning Score



Score was integrated into emergency department triage to identify early sepsis and trigger automated alerts.

eAPPENDIX 2 Sepsis Workup and Treatment Order Set



	- Departure		Jone
Nursing (Required)	Clinic Medications	13	
www.Vitals/Large Bore IVs *****	CEFERIME INJ.PWDR	Change	
IV Fluids			
30ml/kg bolus Normal Saline 30ml/kg bolus Laclated Ringers	Dorage / Rate Complex Route Schedule (Day-Of-Week) 2GM/TVIAL IV PIGGYBACK Q12H	EPBN	
Antibiolica	16M/TVIAL \$10.19 IV FORT SALE BID INSUUN-70/30 16M/TVIAL \$9.190 INTRAMUSCULAR BID INSUUN-NPH		
Vanconvcin 20mg/kg IV + 2g cetepime IV Vanconvcin 20mg/kg IV + 2g aztreonam IV (for p	AGM/TV/AC 31495 INTRAVENOUS BID LC-RESPIRATORY BID TREATMENT BID SAMSNOON		
Labre Biod Cultures V2 Stat 48 Lactic Acid Stat 49 Basic Metabolics STAT 49 ABG Stat 49 URF STAT 49 NR Penel Stat 49 URF Stat 40 LFT Stat 40 LFT Stat 40 LFT Stat	8/0_WM CONTRAUDUS VIA FUMP EVRY/VEEK MG-14/8/2100 MG/WEEK 00/WE MG/WEEK 00/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE 01/WE	Vancomycin 20mg/kg	
Imaging CHEST 1 VIEW PORTABLE STAT	Conserver STAT. First dose for Sepsis Protocol	VANCONVCIN 2046	
	If Give additional dose now Prior		
	Admin Time: Not defined for Clinic Locations	AT S	
	PRE MOLED BAG	Stop Dide: Set	2
	2GM/TVIAL IVP8 Q12H STAT First dose for Septia Protocol	ccept Order	

eAPPENDIX 3 Standardized Communication Process for STAT Antibiotic Orders

eAPPENDIX 4 Sepsis Initial Progress Note

🖉 Reminder Dialog Template: SEPSIS INITIAL (T)	123
SUBJECTIVE: Called to bedside to evaluate patient for	
OBJECTIVE:	
Vital signs: 1. 97.8 F (34.6 C) (07/07/2017 31.36)	
P: 80 (09/26/2018 15:51)	
89: 126/72 (09/26/2018 15:61)	
R: 16 (07/07/2017 21:85)	
02: 58 (07/07/2017 21:35)	
Physical Exam:	
Sen: Gen:	
Chest:	
CV:	
Abd:	
Int:	
LABSI	
NBC - NONE FOUND	1.0
HGB - NONE FOUND	
HCT - NORE FOOND	
PLT - NONE FOUND	
BASIC METABOLIC FASE, FLASMA - None Found	
ASSESSMENT:	
Level of Sepsis:	
C Sepaia	
C Severe Sepsis (sepsis with end-organ dysfunction)	
Septic Shock (severe sepsis with lactic acid >4 or severe sepsis not improving with 30cc/kg of crystalloi	d fluid)
C Patient not septic	
Plant	
Visit Info	Cancel

Note captures severity of illness and standardizes documentation.