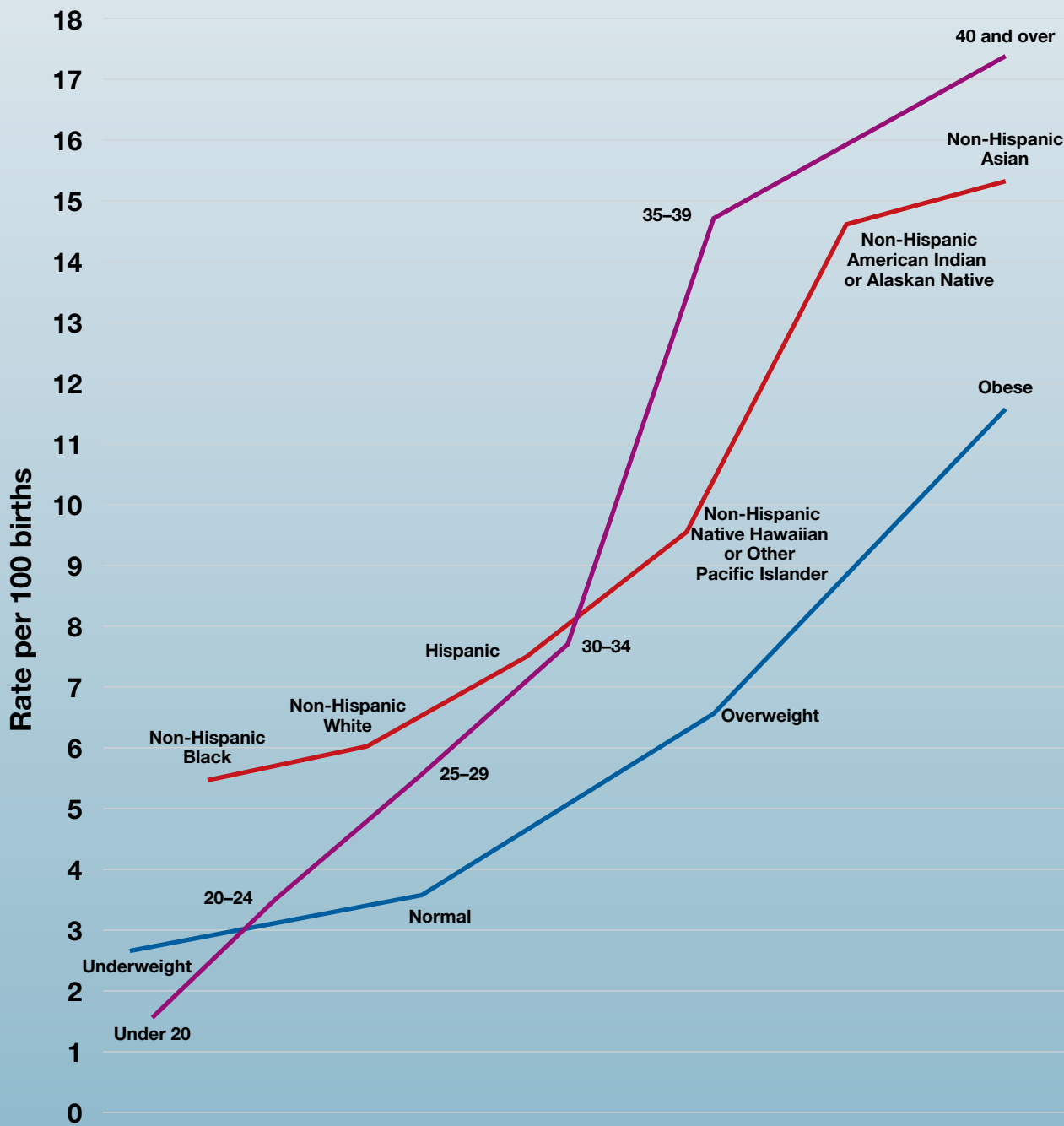


# Rates of gestational diabetes in the United States, 2020

The 2020 incidence of gestational diabetes (GDM) in the United States was 7.8 per 100 births, an increase of 30% from 2016. Rates of GDM increased with increasing maternal age, prepregnancy body mass index, and plurality. Alaska had the highest rate of GDM, at 12.6%, and Mississippi had the lowest, at 4.7%.



Copyright © OBG Management 2022

Source: Gregory ECW, Ely DM. Trends and characteristics in gestational diabetes: United States, 2016–2020. National Vital Statistics Reports; vol 71 no 3. Hyattsville, MD: National Center for Health Statistics; 2022. doi: [https:// dx.doi.org/10.15620/cdc:118018](https://dx.doi.org/10.15620/cdc:118018).