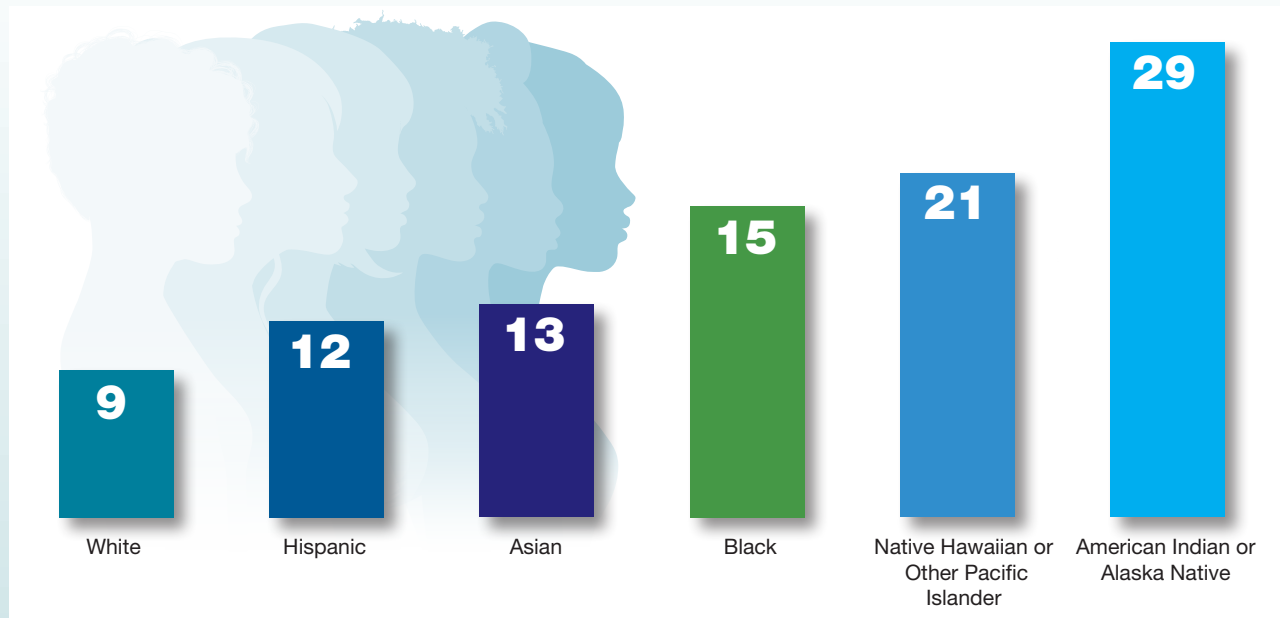


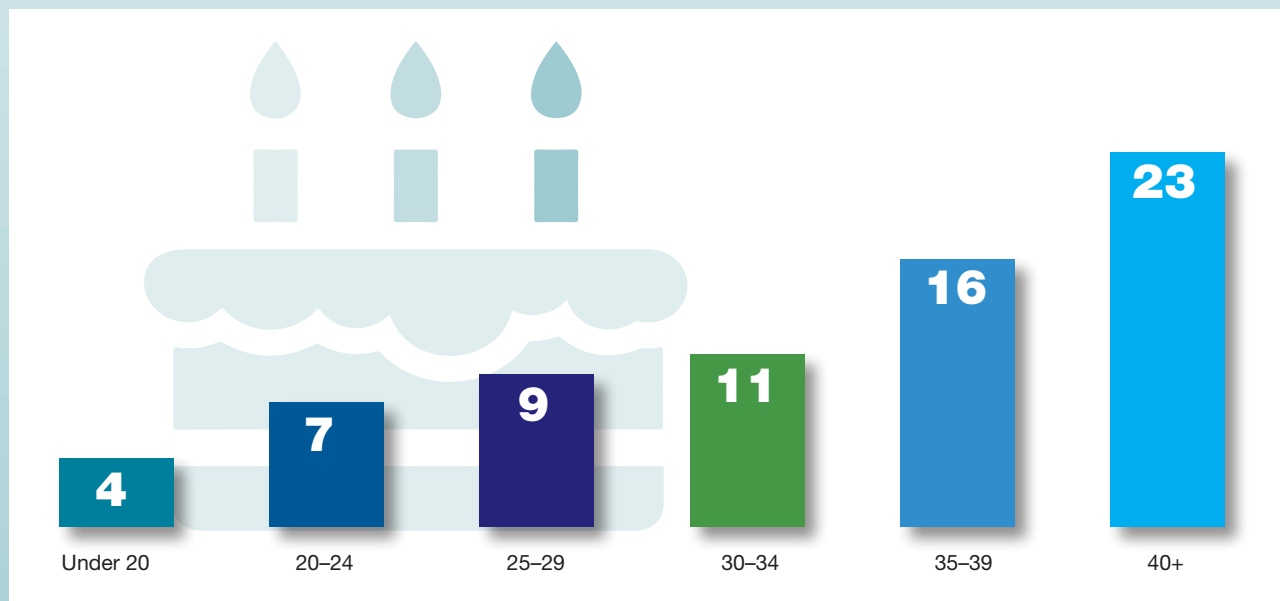
# Trends in prepregnancy diabetes rates in the United States, 2016–2021

The number of women with prepregnancy diabetes mellitus (PDM) giving birth in the United States increased approximately 27% from 2016 through 2021. The overall PDM rate per 1,000 births in 2021 was 11. For average-weight women it was 5, for overweight women it was 9, and for obese women it was 22.

## PDM rate (per 1,000 births) by race of mother, 2021



## PDM rate (per 1,000 births) by age of mother, 2021



**Source:** Gregory ECW; Ely DM. Trends and characteristics in prepregnancy diabetes: United States, 2016–2021. Hyattsville, MD: National Center for Health Statistics. 2023. DOI: <https://dx.doi.org/10.15620/cdc:127679>