

BEST PRACTICES IN: Practical Treatment Strategies for the Successful Management of Bipolar Disorder

CME Post-Test and Evaluation

Release Date: January 2008 • Expiration Date: January 31, 2009 • Estimated Time to Complete This Activity: 1 hour

There is no fee to participate in this activity. Please forward the completed post-test and evaluation form to:
UT Health Science Center at San Antonio
Continuing Medical Education Office

MSC 7980 – 7703 Floyd Curl Drive, San Antonio, TX 78229. Fax: 210-567-6964

To receive AMA PRA Category 1 credit responses must be submitted by January 31, 2009.

Instructions: For each question or incomplete statement, circle the answer or completion that is most appropriate.
3 correct responses are required for credit. Allow 8 weeks for processing.

1. Which of the following are important to the diagnosis of bipolar disorder?

- a. History of mania or hypomania
- b. Family history of bipolar disorder
- c. History of depression
- d. All of the above

2. Which of the following types of medications are used to treat acute manic and mixed episodes of bipolar disorder?

- a. Benzodiazepines
- b. Atypical antipsychotics
- c. Mood stabilizers
- d. Combinations of the above

3. Medications useful in bringing a manic or depressive state under control will likely provide some continuing clinical benefit in the maintenance phase.

- a. True
- b. False

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CME Activity Evaluation

1. Rate the extent to which this educational activity met the identified educational needs...

a. In terms of your satisfaction
 Excellent Somewhat Not at All

b. In terms of your knowledge enhancement
 Excellent Somewhat Not at All

c. In terms of your skill enhancement
 Excellent Somewhat Not at All

2. How will the information presented in this issue be useful in your practice setting?

3. Did you find the information presented in this publication to be objective, balanced, and free of commercial bias?

YES NO

Comments:

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AMA PRA Category 1 credit (maximum 1.0 hour):

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____ please check here if you are willing to participate in an outcomes survey

CME Credit Designation Statement: The UTHSCSA School of Medicine designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.