

An Integrated Medical Record and Data System for Primary Care

Part 7:

The Encounter Form: Problems and Prospects for a Universal Type

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The importance of an encounter form for recording ambulatory patient information is stressed. Certain problems surrounding appropriate definition of the minimum basic data set (MBDS) are discussed as is the potential development of a uniform encounter form which would cover diagnostic information as well as items necessary for insurance companies and internal practice management.

In a one-year period from May 1973 to April 1974 an estimated 645 million visits were made to physicians' offices.¹ To properly document this vast number of outpatient visits, current medical practice requires structured records which detail not only the medical content of each visit but also contain the information required for administrative purposes. Requisite data, at a minimum, identify the patient, detail services received, and indicate the expected source of payment. A single form may be devised to cover most facets of information required for effective management of an office-based practice. For convenience, the form under consideration in this communication is called an encounter form.

Design and content of an encounter form should reflect both the medical and administrative functions of the

particular practice. Consideration should be given to details of services rendered, third-party billing needs, accountability to governmental and other agencies, and, if warranted, research.

Recently there has been increased pressure on the medical community for cost containment and accountability of quality of care. However, accurate data needed to assess the content, process, and outcome of medical care are generally lacking. To promote the collection and standardization of these data, the National Center for Health Statistics published two separate minimum basic data sets, "MBDS." One is designed for hospital use² and the other for ambulatory care records.³ The latter has been subject to question⁴ and is currently being reevaluated by a national task force.* An ambulatory MBDS which receives approval from the government

will be an important determinant of format for encounter forms because these forms are ideal vehicles to record MBDS information.

Data Needs and Design

Generally, two types of data need to be abstracted from records of ambulatory patient encounters. The first is registration data which is collected initially and upgraded regularly. The second is encounter data which must be collected at each patient encounter. One MBDS that has been suggested is the following:⁵

Registration Data:

1. Person identification
2. Residence, including zip code
3. Date of birth
4. Sex
5. Marital status
6. Race

Encounter Data:

1. Facility identification
2. Provider identification
3. Person identification
4. Source(s) of payment
5. Date
6. Patient's purpose, reason, symptom, or complaint
7. Physician evaluation (diagnosis or determined problem)
8. Diagnostic, therapeutic, or management procedures
9. Disposition of patient

Additional determinants of encounter form design relate to the size, complexity, range of services, and financial support of the health-care facility. A solo physician practicing in a fee-for-service setting requires far less information to satisfy his/her administrative needs than does a government-funded neighborhood health-care center or a research-oriented group practice.

At a meeting of the directors of research of the New York State Family Medicine Training Programs, data items in addition to the MBDS listed above were identified as desirable for routine collection. Some of these are:

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*Technical Consultant Panel (TCP) on the Development of the Minimum Basic Data Set for Ambulatory Medical Care of the US National Committee of Health and Vital Statistics. Maurice Wood, MD, Chairman.

1. The patient identification number should identify the household, the patient's position in the household, eg, husband, wife, first child, etc, and status as an active or transient patient.
2. The facility identification should include the place of encounter, eg, office, hospital Emergency Room, home, etc.
3. A coded diagnosis. Members of the Committee suggested use of the *International Classification of Health Problems in Primary Care* (ICHPPC).⁶ A checklist of the most frequent problems or diagnoses within that classification was considered desirable. Also, at least one written diagnosis for insurance purposes was recommended.
4. For procedures and financial charges, a coded list of procedures with itemized charges for each procedure performed was considered desirable. The New York Relative Value Scale was recommended as a guide to charges.
5. Authorization to release information.
6. The time scale. Recommended was the recording of time arrived, appointment time, and time departed.
7. Disposition. Needed was information such as discharge, return, referral, admission to hospital.
8. Outcome information. Outcome here refers to appointment kept, appointment broken, walk-in, or left without examination.
9. Precepting information. For training programs, desirable data would include whether or not precepting occurred and the type of precepting, eg, in-office observation, two-way mirror, or case presentation.
10. Provider signature. A signature would permit a copy of the encounter form to serve as an itemized bill.

Sample Encounter Form

The encounter form currently in use in the Rochester Family Medicine Program is described. This program not only serves a large patient population but is also a teaching and research center. Thus, it may include data items

not germane to other types of practices but may serve as a guideline for developmental purposes. Included are data items from the suggested MBDS in addition to others identified as useful by family medicine training programs. Figure 1 illustrates the face side of the four-part NCR (no carbon required) Family Medicine Program encounter form. For convenience it has been divided into six sections which will be described separately.

Figure 1, Section 1 — Demographic Data

Such information as date of birth and address is included. This program's population is mobile and to assure accuracy, the address is collected at each visit. This section also contains billing and provider information. All health-care providers in the Family Medicine Program are assigned a three-digit code number for computer purposes.

Figure 1, Section 2 — Reason for Visit

A classification entitled "A Reason for Visit Classification for Ambulatory Care" has recently been published but not yet field tested.⁷ The reason for visit described here is documented in anticipation of using that information in a study of patient behavior.

Figure 1, Section 3 — Services

Services are divided into types: services (100), laboratory (200), procedures (300), equipment (400), and x-rays (500), with spaces available to indicate charges and to add items not included in the standard list. Charges are entered by the secretary at the time of the visit and immediate payment is encouraged.

Figure 1, Section 4 — Disposition

This section serves to instruct the secretary about return visits or referral.

Figure 1, Section 5 — Diagnoses and Signature

A written diagnosis for insurance purposes and the signature of the provider add sufficient information and approval to permit a copy of the encounter form to serve as an itemized bill suitable for submission to insurance companies.

Figure 1, Section 6 — Additional Instructions

This section is generally used to request services from the nurses, such as dietary instructions or additional blood pressure readings.

Figure 2 — Diagnostic Information

The reverse side of the last sheet contains explicit medical information. Listed by section are 142 diagnostic titles from the 371 rubrics in the ICHPPC. Titles and code numbers are printed together with four possible episode types: N, O, R, F, for each problem. Details of episode type are given at the top of the page under Instructions (Figure 2). Other code numbers not among the printed list may be entered in the spaces in the lower left portion of the page. Space for data entry for special studies is reserved in the lower right portion of the page.

The diagnostic checklist is a relatively recent innovation in this practice. Concern was expressed that the relative convenience of the list would have the effect of limiting use of the other diagnostic titles. Providers might

(I)

Family Medicine Group
885 South Ave.
Rochester, N.Y. 14620

No. 32193

7/21/77

DATE
NAME
Susan Price

01338-02

Gardner 313

ADDRESS
436 Pinetree La.

FAMILY #
TOWN
Rochester

DOCTOR
ROOM #
7

ZIP
14623 64 6-5-21

HEAD OF HOUSEHOLD
James Price

ALSO TO SEE
APPT. TIME
10:30

INSURANCE CO. GVMC NO. 572436

HEAD OF HOUSEHOLD

ARRIVAL DEPART

CONFIRMED BILL TO PT BILL TO INS. WORKMENS COMP.
 MOTOR VEHICLE ACCIDENT YES NO

NO SHOW
 CANCELLED WALK IN
 LEFT RESCHEDULED

(II) I'm tired and my back hurts

DOCTOR INITIATED VISIT
 PATIENT INITIATED VISIT
 3RD PARTY INITIATED VISIT

REASON FOR VISIT (IN PATIENT'S OWN WORDS)

(III)

SERVICES (100)		CHARGES	LAB (200)		CHARGES	PROCEDURES (300)		CHARGES
101	<input type="checkbox"/> NEW PT. OR COMPLEX		201	<input checked="" type="checkbox"/> CBC	202	<input type="checkbox"/> HCT	301	<input type="checkbox"/> AUDIOMETRY
102	<input checked="" type="checkbox"/> ROUTINE		203	<input type="checkbox"/> WBC	204	<input type="checkbox"/> DIFF	303	<input type="checkbox"/> DPT
103	<input type="checkbox"/> AFTER HRS.	104 <input type="checkbox"/> HOME	204	<input checked="" type="checkbox"/> SED. RATE			304	<input type="checkbox"/> OPV
105	<input type="checkbox"/> P.E. INITIAL	106 <input type="checkbox"/> ANNUAL	205	<input checked="" type="checkbox"/> U/A	206	<input type="checkbox"/> URICULT	305	<input type="checkbox"/> DT
107	<input type="checkbox"/> P.E. COLLEGE		207	<input type="checkbox"/> CULTURE (SPECIFY)			306	<input type="checkbox"/> TINE
108	<input type="checkbox"/> P.E. 6 - 16 YRS.		208	<input type="checkbox"/> GRAM STRAIN			307	<input type="checkbox"/> EAR IRRIGATION
109	<input type="checkbox"/> P.E. NEWBORN - 5 YRS.		209	<input type="checkbox"/> WET MOUNT/KOH PREP			308	<input type="checkbox"/> EKG
110	<input type="checkbox"/> COUNSELLING PER 1/2 HR.		210	<input type="checkbox"/> GUAIAC			309	<input type="checkbox"/> IUD
111	<input type="checkbox"/> OB INITIAL	112 <input type="checkbox"/> RECHECK	211	<input type="checkbox"/> MONOSPOT	212 <input type="checkbox"/> PREG. TEST		310	<input type="checkbox"/> PROCTO
113	<input type="checkbox"/> WELL CHILD PKG 2 4 6 8 12 18 MOS.		213	<input type="checkbox"/> OTHER (SPECIFY):			311	<input type="checkbox"/> SIGMOID
114	<input type="checkbox"/> N.P. NEW PT. OR COMPLEX						312	<input type="checkbox"/> TONOMETRY
115	<input type="checkbox"/> N.P. ROUTINE						313	<input type="checkbox"/> VITALOR
116	<input type="checkbox"/> NURSE VISIT		214	<input type="checkbox"/> OUTSIDE LABS (SPECIFY)			314	<input type="checkbox"/> OTHER (SPECIFY):
117	<input type="checkbox"/> SURGERY							
118	<input type="checkbox"/> OTHER (SPECIFY):							
						EQUIPMENT (400)		
						401 <input type="checkbox"/> RENTAL BP CUFF		
						402 <input type="checkbox"/> SALE BP CUFF		
						403 <input type="checkbox"/> RENTAL CRUTCHES		
						404 <input type="checkbox"/> OTHER (SPECIFY):		
						X-RAYS (500)		
						501 <input type="checkbox"/> CHEST		
						502 <input checked="" type="checkbox"/> OTHER (SPECIFY): Spine		
LABS		←						
PROCEDURES		←						
TOTAL CHARGE								

POSTED BILLED TO INS.

PAYMENT DUE UPON RECEIPT OF BILL

CASH (AMT.) CHECK (AMT.)

(IV) DISPOSITION

NEXT APPOINTMENT

10 days

WITH (F.M. PROVIDER)

Gardner

AMT. OF TIME NEEDED (CIRCLE)

15 30 45 60 MIN.

CONSULTANT/HOSPITAL

(V) WRITTEN DIAGNOSIS FOR INSURANCE

Lumbo-sacral strain,
Depression, obesity

SIGNATURE

[Signature]

DATE

(VI) ADDITIONAL INSTRUCTIONS

1500 calorie/day
reduction diet

Figure 1. Rochester Family Medicine Program Encounter Form

tend to "squeeze" an inappropriate diagnosis into one of the listed titles. However, data indicate that this has not occurred. For the year 1975-1976, 86 percent of problems coded were among the 142 titles subsequently chosen for the checklist. After the introduction of the checklist only 81 percent of titles were among those from the list. An additional benefit of the checklist is the time saved by providers for the recording of diagnoses within that list.

Distribution of the Encounter Form

The top half page (Section 1 - Figure 1) is retained by the secretary for control purposes. The first full page (color - blue) is sent to the billing office; the second full page (color - white) is given to the patient at the conclusion of the visit; and the last page (color - yellow) is used by key-punch operators for computer entry. For systems with computer billing capability, demographic, diagnostic, and procedure data can all be entered from the last page of the encounter form.

Use of the Encounter Form

A well-designed encounter form can facilitate several functions in an office-based practice. These include collection of information for:

1. Billing

Billing personnel require sufficient information for submission of bills to any of several sources for reimbursement. In some cases, a copy of the encounter form can serve as an itemized bill to be given to the patient at the conclusion of the office visit.

2. Communication between team members

Physicians can use the encounter form to make requests for laboratory procedures, dietary instructions, and return visits. In a multiple-provider office, written messages to laboratory technicians, nurses, and secretaries are often more efficient and accurate than are verbal communications.

3. Reports to governmental and other official agencies

Several ambulatory care centers derive all or part of their funding from governmental sources. Information for required periodic reports can be abstracted more easily from encounter forms than from medical records.

4. Health services research

Data entry to either manual or computer files can be made directly from the encounter form. Linkage between demographic information, morbidity data, and services rendered is thereby enhanced.

The Universal Health Insurance Form

A recent collaborative effort has resulted in development of a universal health insurance claim form. This form was designed as a joint effort by the American Medical Association, Bureau of Health Insurance of the US Department of Health, Education, and Welfare, California Medical Association, Health Insurance Council, Medical Group Management Association, National Association of Blue Shield Plans, Office of Secretary of Defense, Health and Environment (CHAMPUS), and others. Although this insurance form does not contain many of the items included on the illustrated

encounter form, standardization of claim-related information has been long needed. A logical outgrowth of development of the uniform insurance form would be a uniform encounter form.

The Universal Encounter Form

A universal encounter form which would include items needed for insurance purposes (in addition to reason for visit, disposition, additional instruction, special purpose blanks, and extensive diagnostic information) would be desirable. Knowledge, technology, and suitable classifications are available at this time to accomplish development of a universal encounter form. Lacking an agreement on a minimum basic data set and a logistic design to obtain a consensus of opinion from all concerned parties.

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