The Art of Medicine

Alma

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Cross-stitch cramped fingers fidget on an afghaned lap.
A sweetly puckered mouth describes the wedding gifts that you, the single single sister, crafted for the other girls.
A lovely linen tablecloth "the likes of which you can't get now," and eight (emphatically), "eight napkins," exquisitely embroidered to make a matching set.

A medical student mentioned a rumor that you were once engaged but never married, as your long ago fiancé had died before the wedding date. Is it true that true love lost can never be replaced? Perhaps. I do not know. Is it sad that you spent seventy-odd years without a mate? Seems so to me, yet I must respect your dignity. I cannot speak for you.

A white-coated stripling,
I knew only your physical heart.
It murmured to me,
whispering of its constriction,
of flow forced through
a shrinking space.
Odd that a heart which held so tightly
to blood, to love,
would one day starve itself.

You knew of the narrow
and narrowing
outlet,
knew one day stream
would dwindle to
trickle.
It was knowledge borne
with fear and grace,
extreme options (and their risks)
considered and discarded.

With less forethought
I asked about your stitching,
indulging in your past
without acknowledging your future.
Now each personal detail
reminds me of a person lost.

Deaths and leave-takings will go on either way, but I must choose, with fear (and maybe someday grace) if I would prefer to have something I could lose.

from St Margaret Memorial Hospital, Pittsburgh, Pennsylvania. Requests for reprints should be addressed to Andrea Gordon, MD, St Margaret Memorial Hospital, 815 Freeport Rd, Pittsburgh, PA 15215.