

Top Ten Lists for Doctors

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By now, most people are familiar with the Top Ten Lists that are featured on the *David Letterman Show*. For anyone who isn't, these nuggets of humor range from cutting political satire ("Top Ten Iraqi Nicknames for George Bush") to humorous commentary on modern culture ("Top Ten Rejected Names for Kentucky Fried Chicken"). Unfortunately, Letterman's writers don't realize how fond doctors are of lists, and they rarely come up with any medical topics. To remedy this situation, I've decided to concoct a few Top Ten Lists of my own.

Top Ten Journals Not Found at the National Library of Medicine

10. Journal of Really Rare Diseases
9. Annals of Insignificant Research
8. Hemorrhoid Clinics of North America
7. Journal of Anecdotal Medicine
6. Archives of the Frenulum
5. Journal of Unnecessary Procedures
4. UFO Medicine
3. Journal of Poorly Written Manuscripts
2. Annals of Unethical Research
1. Journal of Medical Misadventures

Top Ten Rejected Drug Names

10. Rectopen
9. Equivocort
8. Confusemol
7. Barfitol
6. Crockguard
5. Profitol
4. Ineffectin
3. Fraudusil
2. Placebobid
1. Terminol

Top Ten Medical Stories Buried in the Back Pages of the Newspaper

10. Nutrasweet Causes Kidneys to Grow Teeth
9. Infertility Linked to Not Having Babies
8. FDA Chief Addicted to Oxygen
7. Brain Stapling Cures Obesity
6. Renegade Scientists Uses *Scrubbing Bubbles* to Unclog Fatty Deposits in Arteries
5. Sleep Causes Cancer
4. Kangaroo Brain Transplanted into Dan Quayle
3. Nitrite Levels Associated with High SAT Scores
2. Cholesterol is an Aphrodisiac
1. Flesh-Eating Bacteria Prefer Republicans

Top Ten Reasons to Stay in Medicine

10. McDonald's isn't hiring at the moment.
9. Avoiding lawsuits adds zest to life.
8. You get a lifetime supply of free pens from drug reps.
7. It will help with your insanity defense if you decide to "blow away" an HMO administrator.
6. To pimp medical students.
5. To provide excellent patient care, to advance the boundaries of medical science, and to take Wednesday afternoons off.
4. It beats selling Amway products.
3. So your mom won't be lying when she talks about you at weddings and Bar Mitzvahs.
2. In case Elvis shows up for a physical.
1. Somebody has to do it.

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