ORIGINAL RESEARCH

CME

Development, Validation, and Results of a Measure of 30-Day Readmission Following Hospitalization for Pneumonia

Peter K. Lindenauer, MD, MSe^{1,2} Sharon-Lise T. Normand, PhD^{3,4} Elizabeth E. Drye, MD, SM⁵ Zhenqiu Lin, PhD⁵ Katherine Goodrich, MD⁶ Mayur M. Desai, PhD, MPH⁷ Dale W. Bratzler, DO, MPH⁸ Walter J. O'Donnell, MD⁹ Mark L. Metersky, MD¹⁰ Harlan M. Krumholz, MD, MSe^{5,11,12} ¹Center for Quality of Care Research, Baystate Medical Center, Springfield, Massachusetts.

- ² Department of Medicine, Tufts University School of Medicine, Boston, Massachusetts.
- ³ Department of Health Care Policy, Harvard Medical School, Boston, Massachusetts.
- ⁴Department of Biostatistics, Harvard School of Public Health, Boston, Massachusetts.
- ⁵ Center for Outcomes Research and Evaluation, Yale—New Haven Hospital, New Haven, Connecticut.
 ⁶ Office of the Assistant Secretary for Planning and Evaluation, Department of Health and Human Services, Washington, DC.
- ⁷ Yale School of Public Health, New Haven, Connecticut.
- ⁸ Oklahoma Foundation for Medical Quality, Oklahoma City, Oklahoma.
- ⁹ Department of Pulmonary/Critical Care Medicine, Massachusetts General Hospital, Boston, Massachusetts.
- ¹⁰ Center for Bronchiectasis Care, Division of Pulmonary and Critical Care Medicine, University of Connecticut School of Medicine, Farmington, Connecticut.
- ¹¹ Section of Cardiovascular Medicine and the Robert Wood Johnson Clinical Scholars Program, Department of Medicine, Yale University School of Medicine, New Haven, Connecticut.
- ¹² Section of Health Policy and Administration, Department of Epidemiology and Public Health, Yale University School of Medicine, New Haven, Connecticut.

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Disclosures: Dr. Metersky has served as a consultant to the Centers for Medicare and Medicaid Services for various quality improvement and patient safety projects, for which his employer receives remuneration. He also serves on the Technical Expert Panel for the CMS National Pneumonia Project, for which no remuneration is received. Dr. Normand was involved in the development of the pneumonia measure through a consulting agreement with Yale University. Dr. Metersky reports that the Centers for Medicare and Medicaid Services has provided money to his institution for various quality improvement efforts. Dr. Krumholz reports that money has been paid to him by UnitedHealth for serving as the Cardiac Scientific Advisory Board Chair. He also reports working with the Centers for Medicare and Medicaid Services to develop and maintain performance measures, for which no money was received. Drs. Lindenauer, Normand, Desai, Lin, O'Donnell, Drye, Goodrich, and Bratzler report no conflicts. Dr. Lindenauer had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

BACKGROUND: Readmission following hospital discharge has become an important target of quality improvement.

OBJECTIVE: To describe the development, validation, and results of a risk-standardized measure of hospital readmission rates among elderly patients with pneumonia employed in federal quality measurement and efficiency initiatives.

DESIGN: A retrospective cohort study using hospital and outpatient Medicare claims from 2005 and 2006.

SETTING: A total of 4675 hospitals in the United States.

PATIENTS: Medicare beneficiaries aged >65 years with a principal discharge diagnosis of pneumonia. **INTERVENTION:** None.

MEASUREMENTS: Hospital-specific, risk-standardized 30-day readmission rates calculated as the ratio of predicted-toexpected readmissions, multiplied by the national unadjusted rate. Comparison of the areas under the receiver operating curve (AUC) and measurement of correlation coefficient in development and validation samples.

RESULTS: The development sample consisted of 226,545 hospitalizations at 4675 hospitals, with an overall unadjusted 30-day readmission rate of 17.4%. The median risk-standardized hospital readmission rate was 17.3%, and the odds of readmission for a hospital one standard deviation above average was 1.4 times that of a hospital one standard deviation below average. Performance of the medical record and administrative models was similar (areas under the AUC curve 0.59 and 0.63, respectively) and the correlation coefficient of estimated state-specific standardized readmission rates from the administrative and medical record models was 0.96.

CONCLUSIONS: Rehospitalization within 30 days of treatment for pneumonia is common, and rates vary across hospitals. A risk-standardized measure of hospital readmission rates derived from administrative claims has similar performance characteristics to one based on medical record review. *Journal of Hospital Medicine* 2011;6:142–150. © 2011 Society of Hospital Medicine

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KEYWORDS: cost analysis, cost per day, end of life, hospice, length of stay, palliative care, triggers.

Additional Supporting Information may be found in the online version of this article.

Hospital readmissions are emblematic of the numerous challenges facing the US health care system. Despite high levels of spending, nearly 20% of Medicare beneficiaries are readmitted within 30 days of hospital discharge, many readmissions are considered preventable, and rates vary widely by hospital and region.¹ Further, while readmissions have been estimated to cost taxpayers as much as \$17 billion annually, the current fee-for-service method of paying for the acute care needs of seniors rewards hospitals financially for readmission, not their prevention.²

Pneumonia is the second most common reason for hospitalization among Medicare beneficiaries, accounting for approximately 650,000 admissions annually,³ and has been a focus of national quality-improvement efforts for more than a decade.^{4,5} Despite improvements in key processes of care, rates of readmission within 30 days of discharge following a hospitalization for pneumonia have been reported to vary from 10% to 24%.^{6–8} Among several factors, readmissions are believed to be influenced by the quality of both inpatient and outpatient care, and by care-coordination activities occurring in the transition from inpatient to outpatient status.^{9–12}

Public reporting of hospital performance is considered a key strategy for improving quality, reducing costs, and increasing the value of hospital care, both in the US and worldwide.¹³ In 2009, the Centers for Medicare & Medicaid Services (CMS) expanded its reporting initiatives by adding risk-adjusted hospital readmission rates for acute myocardial infarction, heart failure, and pneumonia to the Hospital Compare website.^{14,15} Readmission rates are an attractive focus for public reporting for several reasons. First, in contrast to most process-based measures of quality (eg, whether a patient with pneumonia received a particular antibiotic), a readmission is an adverse outcome that matters to patients and families.¹⁶ Second, unlike process measures whose assessment requires detailed review of medical records, readmissions can be easily determined from standard hospital claims. Finally, readmissions are costly, and their prevention could yield substantial savings to society.

A necessary prerequisite for public reporting of readmission is a validated, risk-adjusted measure that can be used to track performance over time and can facilitate comparisons across institutions. Toward this end, we describe the development, validation, and results of a National Quality Forum-approved and CMS-adopted model to estimate hospital-specific, risk-standardized, 30-day readmission rates for Medicare patients hospitalized with pneumonia.¹⁷

Methods

Data Sources

We used 2005–2006 claims data from Medicare inpatient, outpatient, and carrier (physician) Standard Analytic Files to

develop and validate the administrative model. The Medicare Enrollment Database was used to determine Medicare fee-for-service enrollment and mortality statuses. A medical record model, used for additional validation of the administrative model, was developed using information abstracted from the charts of 75,616 pneumonia cases from 1998–2001 as part of the National Pneumonia Project, a CMS quality improvement initiative.¹⁸

Study Cohort

We identified hospitalizations of patients 65 years of age and older with a principal diagnosis of pneumonia (*International Classification of Diseases, 9th Revision, Clinical Modification* codes 480.XX, 481, 482.XX, 483.X, 485, 486, 487.0) as potential index pneumonia admissions. Because our focus was readmission for patients discharged from acute care settings, we excluded admissions in which patients died or were transferred to another acute care facility. Additionally, we restricted analysis to patients who had been enrolled in feefor-service Medicare Parts A and B, for at least 12 months prior to their pneumonia hospitalization, so that we could use diagnostic codes from all inpatient and outpatient encounters during that period to enhance identification of comorbidities.

Outcome

The outcome was 30-day readmission, defined as occurrence of at least one hospitalization for any cause within 30 days of discharge after an index admission. Readmissions were identified from hospital claims data, and were attributed to the hospital that had discharged the patient. A 30day time frame was selected because it is a clinically meaningful period during which hospitals can be expected to collaborate with other organizations and providers to implement measures to reduce the risk of rehospitalization.

Candidate and Final Model Variables

Candidate variables for the administrative claims model were selected by a clinician team from 189 diagnostic groups included in the Hierarchical Condition Category (HCC) clinical classification system.¹⁹ The HCC clinical classification system was developed for CMS in preparation for all-encounter risk adjustment for Medicare Advantage (managed care). Under the HCC algorithm, the 15,000+ ICD-9-CM diagnosis codes are assigned to one of 189 clinicallycoherent condition categories (CCs). We used the April 2008 version of the ICD-9-CM to CC assignment map, which is maintained by CMS and posted at http://www.qualitynet.org. A total of 154 CCs were considered to be potentially relevant to readmission outcome and were included for further consideration. Some CCs were further combined into clinically coherent groupings of CCs. Our set of candidate

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Variable	Frequencies	Estimate	Standard Error	Odds Ratio	95% CI	
Intercept		-2.395	0.021			
Age 65 (years above 65, continuous)		-0.0001	0.001	1.000	0.998	1.00
Male	45	0.071	0.012	1.073	1.048	1.09
History of CABG	5.2	-0.179	0.027	0.836	0.793	0.88
Metastatic cancer and acute leukemia (CC 7)	4.3	0.177	0.029	1.194	1.128	1.26
Lung, upper digestive tract, and other severe cancers (CC 8)	6.0	0.256	0.024	1.292	1.232	1.35
Diabetes and DM complications (CC 15-20, 119, 120)	36	0.059	0.012	1.061	1.036	1.08
Disorders of fluid/electrolyte/acid-base (CC 22, 23)	34	0.149	0.013	1.160	1.131	1.1
fron deficiency and other/unspecified anemias and blood disease (CC 47)	46	0.118	0.012	1.126	1.099	1.15
Other psychiatric disorders (CC 60)	12	0.108	0.017	1.114	1.077	1.15
Cardio-respiratory failure and shock (CC 79)	16	0.114	0.016	1.121	1.087	1.15
Congestive heart failure (CC 80)	39	0.151	0.014	1.163	1.133	1.19
Chronic atherosclerosis (CC 83, 84)	47	0.051	0.013	1.053	1.027	1.0
Valvular and rheumatic heart disease (CC 86)	23	0.062	0.014	1.064	1.036	1.0
Arrhythmias (CC 92, 93)	38	0.126	0.013	1.134	1.107	1.1
/ascular or circulatory disease (CC 104-106)	38	0.088	0.012	1.092	1.066	1.1
COPD (CC 108)	58	0.186	0.012	1.205	1.175	1.2
Fibrosis of lung and other chronic lung disorders (CC 109)	17	0.086	0.015	1.090	1.059	1.1
Renal failure (CC 131)	17	0.147	0.015	1.158	1.122	1.1
Protein-calorie malnutrition (CC 21)	7.9	0.121	0.020	1.129	1.086	1.1
History of infection (CC 1, 3-6)	35	0.121	0.012	1.071	1.045	1.0
Severe hematological disorders (CC 44)	3.6	0.117	0.012	1.125	1.043	1.0
Decubitus ulcer or chronic skin ulcer (CC 148, 149)	10	0.101	0.018	1.125	1.067	1.1
History of pneumonia (CC 111-113)	44	0.065	0.013	1.067	1.041	1.0
Vertebral fractures (CC 157)	5.1	0.003	0.013	1.120	1.041	1.0
Other injuries (CC 162)	32	0.061	0.024	1.063	1.008	1.1
Jrinary tract infection (CC 135)	26	0.061	0.012	1.065	1.038	1.0
ymphatic, head and neck, brain, and other major cancers; breast,	16					
	10	0.050	0.016	1.051	1.018	1.0
prostate, colorectal, and other cancers and tumors (CC 9-10)	1.9	0 121	0.027	1.140	1.060	1.2
End-stage renal disease or dialysis (CC 129, 130)	1.9	0.131	0.037	1.140		
Drug/alcohol abuse/dependence/psychosis (CC 51-53)		0.081	0.017	1.084	1.048	1.1
epticemia/shock (CC 2)	6.3	0.094	0.022	1.098	1.052	1.1
Other gastrointestinal disorders (CC 36)	56	0.073	0.012	1.076	1.051	1.1
cute coronary syndrome (CC 81, 82)	8.3	0.126	0.019	1.134	1.092	1.1
Pleural effusion/pneumothorax (CC 114)	12	0.083	0.017	1.086	1.051	1.1
Other urinary tract disorders (CC 136)	24	0.059	0.014	1.061	1.033	1.0
troke (CC 95, 96)	10	0.047	0.019	1.049	1.011	1.0
Dementia and senility (CC 49, 50)	27	0.031	0.014	1.031	1.004	1.0
Hemiplegia, paraplegia, paralysis, functional disability (CC 67-69, 100-102, 177, 178)	7.4	0.068	0.021	1.070	1.026	1.1
Other lung disorders (CC 115)	45	0.005	0.012	1.005	0.982	1.0
Aajor psychiatric disorders (CC 54-56)	11	0.038	0.018	1.038	1.003	1.0
sthma (CC 110)	12	0.006	0.018	1.006	0.972	1.0

variables ultimately included 97 CC-based variables, two de-

variables ultimately included 97 CC-based variables, two demographic variables (age and sex), and two procedure codes potentially relevant to readmission risk (history of percutaneous coronary intervention [PCI] and history of coronary artery bypass graft [CABG]).

The final risk-adjustment model included 39 variables selected by the team of clinicians and analysts, primarily based on their clinical relevance but also with knowledge of the strength of their statistical association with readmission outcome (Table 1). For each patient, the presence or absence of these conditions was assessed from multiple sources, including secondary diagnoses during the index admission, principal and secondary diagnoses from hospital

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admissions in the 12 months prior to the index admission, and diagnoses from hospital outpatient and physician encounters 12 months before the index admission. A small number of CCs were considered to represent potential complications of care (eg, bleeding). Because we did not want to adjust for complications of care occurring during the index admission, a patient was not considered to have one of these conditions unless it was also present in at least one encounter prior to the index admission.

Model Derivation

For the development of the administrative claims model, we randomly sampled half of 2006 hospitalizations that met

inclusion criteria. To assess model performance at the patient level, we calculated the area under the receiver operating curve (AUC), and calculated observed readmission rates in the lowest and highest deciles on the basis of predicted readmission probabilities. We also compared performance with a null model, a model that adjusted for age and sex, and a model that included all candidate variables.²⁰

Risk-Standardized Readmission Rates

Using hierarchical logistic regression, we modeled the logodds of readmission within 30 days of discharge from an index pneumonia admission as a function of patient demographic and clinical characteristics, and a random hospitalspecific intercept. This strategy accounts for within-hospital correlation, or clustering, of observed outcomes, and models the assumption that underlying differences in quality among hospitals being evaluated lead to systematic differences in outcomes. We then calculated hospital-specific readmission rates as the ratio of predicted-to-expected readmissions (similar to observed/expected ratio), multiplied by the national unadjusted rate-a form of indirect standardization. Predicted number of readmissions in each hospital is estimated given the same patient mix and its estimated hospital-specific intercept. Expected number of readmissions in each hospital is estimated using its patient mix and the average hospital-specific intercept. To assess hospital performance in any given year, we re-estimate model coefficients using that year's data.

Model Validation: Administrative Claims

We compared the model performance in the development sample with its performance in the sample from the 2006 data that was not selected for the development set, and separately among pneumonia admissions in 2005. The model was recalibrated in each validation set.

Model Validation: Medical Record Abstraction

We developed a separate medical record-based model of readmission risk using information from charts that had previously been abstracted as part of CMS's National Pneumonia Project. To select variables for this model, the clinician team: 1) reviewed the list of variables that were included in a medical record model that was previously developed for validating the National Quality Forumapproved pneumonia mortality measure; 2) reviewed a list of other potential candidate variables available in the National Pneumonia Project dataset; and 3) reviewed variables that emerged as potentially important predictors of readmission, based on a systematic review of the literature that was conducted as part of measure development. This selection process resulted in a final medical record model that included 35 variables.

We linked patients in the National Pneumonia Project cohort to their Medicare claims data, including claims from one year before the index hospitalization, so that we could calculate risk-standardized readmission rates in this cohort separately using medical record and claims-based models. This analysis was conducted at the state level, for the 50 states plus the District of Columbia and Puerto Rico, because medical record data were unavailable in sufficient numbers to permit hospital-level comparisons. To examine the relationship between risk-standardized rates obtained from medical record and administrative data models, we estimated a linear regression model describing the association between the two rates, weighting each state by number of index hospitalizations, and calculated the correlation coefficient and the intercept and slope of this equation. A slope close to 1 and an intercept close to 0 would provide evidence that risk-standardized state readmission rates from the medical record and claims models were similar. We also calculated the difference between state risk-standardized readmission rates from the two models.

Analyses were conducted with the use of SAS version 9.1.3 (SAS Institute Inc, Cary, NC). Models were fitted separately for the National Pneumonia Project and 2006 cohort. We estimated the hierarchical models using the GLIMMIX procedure in SAS. The Human Investigation Committee at the Yale School of Medicine approved an exemption for the authors to use CMS claims and enrollment data for research analyses and publication.

Results

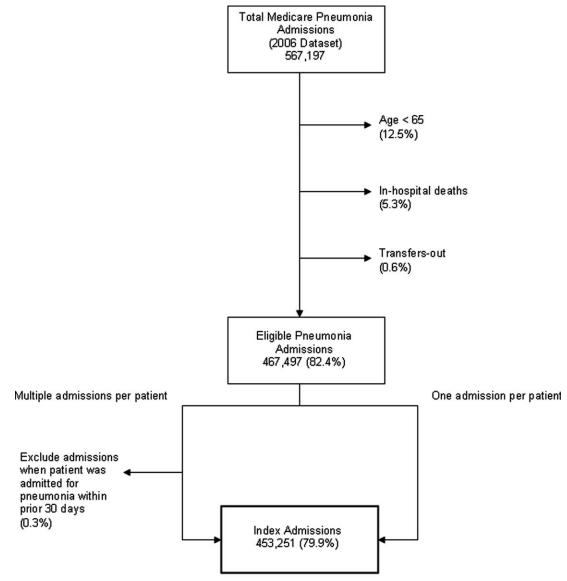
Model Derivation and Performance

After exclusions were applied, the 2006 sample included 453,251 pneumonia hospitalizations (Figure 1). The development sample consisted of 226,545 hospitalizations at 4675 hospitals, with an overall unadjusted 30-day readmission rate of 17.4%. In 11,694 index cases (5.2%), the patient died within 30 days without being readmitted. Median readmission rate was 16.3%, 25th and 75th percentile rates were 11.1% and 21.3%, and at the 10th and 90th percentile, hospital readmission rates ranged from 4.6% to 26.7% (Figure 2).

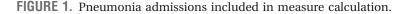
The claims model included 39 variables (age, sex, and 37 clinical variables) (Table 1). The mean age of the cohort was 80.0 years, with 55.5% women and 11.1% nonwhite patients. Mean observed readmission rate in the development sample ranged from 9% in the lowest decile of predicted pneumonia readmission rates to 32% in the highest predicted decile, a range of 23%. The AUC was 0.63. For comparison, a model with only age and sex had an AUC of 0.51, and a model with all candidate variables had an AUC equal to 0.63 (Table 2).

Hospital Risk-Standardized Readmission Rates

Risk-standardized readmission rates varied across hospitals (Figure 3). Median risk-standardized readmission rate was 17.3%, and the 25th and 75th percentiles were 16.9% and 17.9%, respectively. The 5th percentile was 16.0% and the 95th percentile was 19.1%. Odds of readmission for a hospital one standard deviation above average was 1.4 times that of a hospital one standard deviation below average.



Note: Exclusion categories are not mutually exclusive



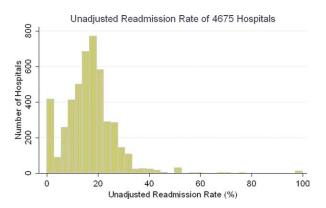


FIGURE 2. Distribution of unadjusted readmission rates. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

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Administrative Model Validation

In the remaining 50% of pneumonia index hospitalizations from 2006, and the entire 2005 cohort, regression coefficients and standard errors of model variables were similar to those in the development data set. Model performance using 2005 data was consistent with model performance using the 2006 development and validation half-samples (Table 2).

Medical Record Validation

After exclusions, the medical record sample taken from the National Pneumonia Project included 47,429 cases, with an unadjusted 30-day readmission rate of 17.0%. The final medical record risk-adjustment model included a total of 35 variables, whose prevalence and association with

TABLE 2. Readmission Model Performance of Administrative Claims Models

			Discrimination		Residuals Lack of Fit (Pearson Residual Fall %)				
		Calibration (γ ₀ , γ ₁)*	Predictive Ability [†] (Lowest Decile, Highest Decile)	AUC	(<-2)	(-2, 0)	(0, 2)	(2+)	Model χ^2 (No. of Covariates) [‡]
2006	ment sample (1st half) N = 226,545 on sample	(0, 1)	(0.09, 0.32)	0.63	0	82.62	7.39	9.99	6,843 (40)
2006 2005	(2nd half) N = 226,706 N = 536,015	(-0.002, 0.997) (0.035, 1.008)	(0.09, 0.31) (0.08, 0.31)	0.63 0.63	0 0	82.55 82.67	7.45 7.31	9.99 10.03	6,870 (40) 16,241 (40)

NOTE: Over-fitting indices (γ_0 , γ_1) provide evidence of over-fitting and require several steps to calculate. Let *b* denote the *estimated vector* of regression coefficients. *Predicted Probabilities* (\hat{p}) = 1/(1+exp[-Xb]), and Z = Xb (eg. the linear predictor that is a scalar value for everyone). A new logistic regression model that includes only an intercept and a slope by regressing the logits on Z is fitted in the validation sample; eg. Logit(P(Y = 1|Z)) = $\gamma_0 + \gamma_1 Z$. Estimated values of γ_0 far from 0 and estimated values of γ_1 far from 1 provide evidence of over-fitting.

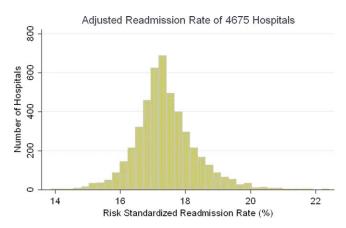
Abbreviations: AUC, area under the receiver operating curve.

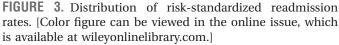
* Max-rescaled R-square.

[†]Observed rates.

[‡]Wald chi-square.

· waid chi-square





readmission risk varied modestly (Table 3). Performance of the medical record and administrative models was similar (areas under the AUC curve 0.59 and 0.63, respectively) (Table 4). Additionally, in the administrative model, predicted readmission rates ranged from 8% in the lowest predicted decile to 30% in the highest predicted decile, while in the medical record model, the corresponding rates varied from 10% to 26%.

The correlation coefficient of the estimated state-specific standardized readmission rates from the administrative and medical record models was 0.96, and the proportion of the variance explained by the model was 0.92 (Figure 4).

Discussion

We have described the development, validation, and results of a hospital, 30-day, risk-standardized readmission model for pneumonia that was created to support current federal transparency initiatives. The model uses administrative claims data from Medicare fee-for-service patients and produces results that are comparable to a model based on information obtained through manual abstraction of medical records. We observed an overall 30-day readmission rate of 17%, and our analyses revealed substantial variation across US hospitals, suggesting that improvement by lower performing institutions is an achievable goal.

Because more than one in six pneumonia patients are rehospitalized shortly after discharge, and because pneumonia hospitalizations represent an enormous expense to the Medicare program, prevention of readmissions is now widely recognized to offer a substantial opportunity to improve patient outcomes while simultaneously lowering health care costs. Accordingly, promotion of strategies to reduce readmission rates has become a key priority for payers and quality-improvement organizations. These range from policy-level attempts to stimulate change, such as publicly reporting hospital readmission rates on government websites, to establishing accreditation standards-such as the Joint Commission's requirement to accurately reconcile medications, to the creation of quality improvement collaboratives focused on sharing best practices across institutions. Regardless of the approach taken, a valid, riskadjusted measure of performance is required to evaluate and track performance over time. The measure we have described meets the National Quality Forum's measure evaluation criteria in that it addresses an important clinical topic for which there appears to be significant opportunities for improvement, the measure is precisely defined and has been subjected to validity and reliability testing, it is riskadjusted based on patient clinical factors present at the start of care, is feasible to produce, and is understandable by a broad range of potential users.²¹ Because hospitalists are

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Variable	Percent	Estimate	Standard Error	Odds Ratio	95% CI	
Age 65, mean (SD)	15.24 (7.87)	-0.003	0.002	0.997	0.993	1.000
Male	46.18	0.122	0.025	1.130	1.075	1.188
Nursing home resident	17.71	0.035	0.037	1.036	0.963	1.114
Neoplastic disease	6.80	0.130	0.049	1.139	1.034	1.254
Liver disease	1.04	-0.089	0.123	0.915	0.719	1.164
History of heart failure	28.98	0.234	0.029	1.264	1.194	1.339
History of renal disease	8.51	0.188	0.047	1.206	1.100	1.323
Altered mental status	17.95	0.009	0.034	1.009	0.944	1.080
Pleural effusion	21.20	0.165	0.030	1.179	1.111	1.251
BUN ≥30 mg/dl	23.28	0.160	0.033	1.174	1.100	1.252
BUN missing	14.56	-0.101	0.185	0.904	0.630	1.298
Systolic BP <90 mmHg	2.95	0.068	0.070	1.070	0.932	1.228
Systolic BP missing	11.21	0.149	0.425	1.160	0.504	2.669
Pulse ≥125/min	7.73	0.036	0.047	1.036	0.945	1.137
Pulse missing	11.22	0.210	0.405	1.234	0.558	2.729
Respiratory rate \geq 30/min	16.38	0.079	0.034	1.082	1.012	1.157
Respiratory rate missing	11.39	0.204	0.240	1.226	0.765	1.964
Sodium <130 mmol/L	4.82	0.136	0.057	1.145	1.025	1.280
Sodium missing	14.39	0.049	0.143	1.050	0.793	1.391
Glucose ≥250 mg/dl	5.19	-0.005	0.057	0.995	0.889	1.114
Glucose missing	15.44	-0.156	0.105	0.855	0.696	1.051
Hematocrit <30%	7.77	0.270	0.044	1.310	1.202	1.428
Hematocrit missing	13.62	-0.071	0.135	0.932	0.715	1.215
Creatinine ≥2.5 mg/dL	4.68	0.109	0.062	1.115	0.989	1.258
Creatinine missing	14.63	0.200	0.167	1.221	0.880	1.695
WBC 6-12 b/µL	38.04	-0.021	0.049	0.979	0.889	1.079
WBC >12 $b/\mu L$	41.45	-0.068	0.049	0.934	0.848	1.029
WBC missing	12.85	0.167	0.162	1.181	0.860	1.623
Immunosuppressive therapy	15.01	0.347	0.035	1.415	1.321	1.516
Chronic lung disease	42.16	0.137	0.028	1.147	1.086	1.211
Coronary artery disease	39.57	0.150	0.028	1.162	1.100	1.227
Diabetes mellitus	20.90	0.137	0.033	1.147	1.076	1.223
Alcohol/drug abuse	3.40	-0.099	0.071	0.906	0.788	1.041
Dementia/Alzheimer's disease	16.38	0.125	0.038	1.133	1.052	1.222
Splenectomy	0.44	0.016	0.186	1.016	0.706	1.463

Abbreviations: BP, blood pressure; BUN, blood urea nitrogen; CI, confidence interval; SD, standard deviation; WBC, white blood cell count.

TABLE 4. Model Performance of Medical Record Model

		Residuals Lack of Fit (Pearson Discrimination Residual Fall %)				rson		
Model	Calibration $(\gamma_0, \gamma_1)^*$	Predictive Ability [†] (Lowest Decile, Highest Decile)	AUC	(<-2)	(-2, 0)	(0, 2)	(2+)	Model χ^2 (No. of Covariates) [‡]
Medical Record Model Development Sample								
$\mathrm{N}=47{,}429$ No. of 30-day readmissions $=8{,}042$	(1, 0)	(0.10, 0.26)	0.59	0	83.04	5.28	11.68	710 (35)
Linked Administrative Model Validation Sample								
N = 47,429 No. of 30-day readmissions = 8,042	(1, 0)	(0.08, 0.30)	0.63	0	83.04	6.94	10.01	1,414 (40)
Abbreviations: AUC, area under the receiver operating curve.								
*Max-rescaled R-square.								
[†] Observed rates.								
[‡] Wald chi-square.								

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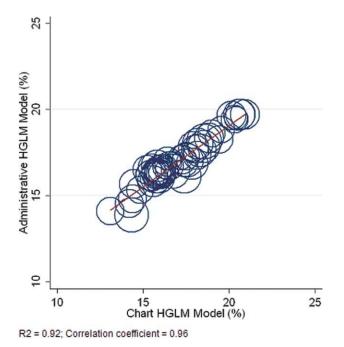


FIGURE 4. Comparison of state-level risk-standardized readmission rates from medical record and administrative models. **Abbreviations**: HGLM, hierarchical generalized linear models. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

the physicians primarily responsible for the care of patients with pneumonia at US hospitals, and because they frequently serve as the physician champions for quality improvement activities related to pneumonia, it is especially important that they maintain a thorough understanding of the measures and methodologies underlying current efforts to measure hospital performance.

Several features of our approach warrant additional comment. First, we deliberately chose to measure all readmission events rather than attempt to discriminate between potentially preventable and nonpreventable readmissions. From the patient perspective, readmission for any reason is a concern, and limiting the measure to pneumonia-related readmissions could make it susceptible to gaming by hospitals. Moreover, determining whether a readmission is related to a potential quality problem is not straightforward. For example, a patient with pneumonia whose discharge medications were prescribed incorrectly may be readmitted with a hip fracture following an episode of syncope. It would be inappropriate to treat this readmission as unrelated to the care the patient received for pneumonia. Additionally, while our approach does not presume that every readmission is preventable, the goal is to reduce the risk of readmissions generally (not just in narrowly defined subpopulations), and successful interventions to reduce rehospitalization have typically demonstrated reductions in all-cause readmission.9,22 Second, deaths that occurred within 30 days of discharge, yet that were not accompanied by a hospital readmission, were not counted as a readmission outcome. While it may seem inappropriate to treat a postdischarge death as a nonevent (rather than censoring or excluding such cases), alternative analytic approaches, such as using a hierarchical survival model, are not currently computationally feasible with large national data sets. Fortunately, only a relatively small proportion of discharges fell into this category (5.2% of index cases in the 2006 development sample died within 30 days of discharge without being readmitted). An alternative approach to handling the competing outcome of death would have been to use a composite outcome of readmission or death. However, we believe that it is important to report the outcomes separately because factors that predict readmission and mortality may differ, and when making comparisons across hospitals it would not be possible to determine whether differences in rate were due to readmission or mortality. Third, while the patient-level readmission model showed only modest discrimination, we intentionally excluded covariates such as race and socioeconomic status, as well as in-hospital events and potential complications of care, and whether patients were discharged home or to a skilled nursing facility. While these variables could have improved predictive ability, they may be directly or indirectly related to quality or supply factors that should not be included in a model that seeks to control for patient clinical characteristics. For example, if hospitals with a large share of poor patients have higher readmission rates, then including income in the model will obscure differences that are important to identify. While we believe that the decision to exclude such factors in the model is in the best interest of patients, and supports efforts to reduce health inequality in society more generally, we also recognize that hospitals that care for a disproportionate share of poor patients are likely to require additional resources to overcome these social factors. Fourth, we limited the analysis to patients with a principal diagnosis of pneumonia, and chose not to also include those with a principal diagnosis of sepsis or respiratory failure coupled with a secondary diagnosis of pneumonia. While the broader definition is used by CMS in the National Pneumonia Project, that initiative relied on chart abstraction to differentiate pneumonia present at the time of admission from cases developing as a complication of hospitalization. Additionally, we did not attempt to differentiate between community-acquired and healthcare-associated pneumonia, however our approach is consistent with the National Pneumonia Project and Pneumonia Patient Outcomes Research Team.¹⁸ Fifth, while our model estimates readmission rates at the hospital level, we recognize that readmissions are influenced by a complex and extensive range of factors. In this context, greater cooperation between hospitals and other care providers will almost certainly be required in order to achieve dramatic improvement in readmission rates, which in turn will depend upon changes to the way serious illness is paid for. Some options that have recently been described include imposing financial penalties for early readmission, extending the boundaries of case-based payment beyond hospital discharge, and bundling payments between hospitals and physicians.^{23–25}

Our measure has several limitations. First, our models were developed and validated using Medicare data, and the results may not apply to pneumonia patients less than 65 years of age. However, most patients hospitalized with pneumonia in the US are 65 or older. In addition, we were unable to test the model with a Medicare managed care population, because data are not currently available on such patients. Finally, the medical record-based validation was conducted by state-level analysis because the sample size was insufficient to carry this out at the hospital level.

In conclusion, more than 17% of Medicare beneficiaries are readmitted within 30 days following discharge after a hospitalization for pneumonia, and rates vary substantially across institutions. The development of a valid measure of hospital performance and public reporting are important first steps towards focusing attention on this problem. Actual improvement will now depend on whether hospitals and partner organizations are successful at identifying and implementing effective methods to prevent readmission.

Address for correspondence and reprint requests:

Peter K. Lindenauer, MD, MSc, Center for Quality of Care Research, Baystate Medical Center, 280 Chestnut Street, Springfield, MA 01199; Telephone: 413-794-5422; Fax: 413-794-8866; E-mail: peter.lindenauer@baystatehealth.org Received 1 July 2010; revision received 29 October 2010; accepted 13 November 2010.

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