ORIGINAL RESEARCH

Observation-Status Patients in Children's Hospitals With and Without Dedicated Observation Units in 2011

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BACKGROUND: Pediatric observation units (OUs) have demonstrated reductions in lengths of stay (LOS) and costs of care. Hospital-level outcomes across all observation-status stays have not been evaluated in relation to the presence of a dedicated OU in the hospital.

OBJECTIVE: To compare observation-status stay outcomes in hospitals with and without a dedicated OU.

DESIGN: Cross-sectional analysis of hospital administrative data.

METHODS: Observation-status stay outcomes were compared in hospitals with and without a dedicated OU across 4 categories: (1) LOS, (2) standardized costs, (3) conversion to inpatient status, and (4) return care.

SETTING/PATIENTS: Observation-status stays in 31 freestanding children's hospitals contributing observation patient data to the Pediatric Health Information System database, 2011.

Many pediatric hospitalizations are of short duration, and more than half of short-stay hospitalizations are designated as observation status.^{1,2} Observation status is an administrative label assigned to patients who do not meet hospital or payer criteria for inpatient-status care. Short-stay observation-status patients do not fit in traditional models of emergency department (ED) or inpatient care. EDs often focus on discharging or admitting patients within a matter of hours, whereas inpatient units tend to measure length of stay (LOS) in terms of days³ and may not have systems in place to facilitate rapid discharge of short-stay patients.⁴ Observation units (OUs) have been established in some hospitals to address the unique care needs of short-stay patients.^{5–7}

2015 Society of Hospital Medicine DOI 10.1002/jhm.2339 Published online in Wiley Online Library (Wileyonlinelibrary.com). **RESULTS:** Fifty-one percent of the 136,239 observationstatus stays in 2011 occurred in 14 hospitals with a dedicated OU; the remainder were in 17 hospitals without. The percentage of observation-status same-day discharges was higher in hospitals with a dedicated OU compared with hospitals without (23.8 vs 22.1, P < 0.001), but risk-adjusted LOS in hours and total standardized costs were similar. Conversion to inpatient status was higher in hospitals with a dedicated OU (11.06%) compared with hospitals without (9.63%, P < 0.01). Adjusted odds of return visits and readmissions were comparable.

CONCLUSIONS: The presence of a dedicated OU appears to have an influence on same-day and morning discharges across all observation-status stays without impacting other hospital-level outcomes. Inclusion of location of care (eg, dedicated OU, inpatient unit, emergency department) in hospital administrative datasets would allow for more meaningful comparisons of models of hospital care. *Journal of Hospital Medicine* 2015;10:366–372. © 2015 Society of Hospital Medicine

Single-site reports from children's hospitals with successful OUs have demonstrated shorter LOS and lower costs compared with inpatient settings.^{6,8–14} No prior study has examined hospital-level effects of an OU on observation-status patient outcomes. The Pediatric Health Information System (PHIS) database provides a unique opportunity to explore this question, because unlike other national hospital administrative databases,^{15,16} the PHIS dataset contains information about children under observation status. In addition, we know which PHIS hospitals had a dedicated OU in 2011.⁷

We hypothesized that overall observation-status stays in hospitals with a dedicated OU would be of shorter duration with earlier discharges at lower cost than observation-status stays in hospitals without a dedicated OU. We compared hospitals with and without a dedicated OU on secondary outcomes including rates of conversion to inpatient status and return care for any reason.

METHODS

We conducted a cross-sectional analysis of hospital administrative data using the 2011 PHIS database—a national administrative database that contains

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Additional Supporting Information may be found in the online version of this article.

Received: November 5, 2014; Revised: February 9, 2015; Accepted: February 10, 2015

resource utilization data from 43 participating hospitals located in 26 states plus the District of Columbia. These hospitals account for approximately 20% of pediatric hospitalizations in the United States.

For each hospital encounter, PHIS includes patient demographics, up to 41 International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) diagnoses, up to 41 ICD-9-CM procedures, and hospital charges for services. Data are deidentified prior to inclusion, but unique identifiers allow for determination of return visits and readmissions following an index visit for an individual patient. Data quality and reliability are assured jointly by the Children's Hospital Association (formerly Child Health Corporation of America, Overland Park, KS), participating hospitals, and Truven Health Analytics (New York, NY). This study, using administrative data, was not considered human subjects research by the policies of the Cincinnati Children's Hospital Medical Center Institutional Review Board.

Hospital Selection and Hospital Characteristics

The study sample was drawn from the 31 hospitals that reported observation-status patient data to PHIS in 2011. Analyses were conducted in 2013, at which time 2011 was the most recent year of data. We categorized 14 hospitals as having a dedicated OU during 2011 based on information collected in 2013.⁷ To summarize briefly, we interviewed by telephone representatives of hospitals responding to an email query as to the presence of a geographically distinct OU for the care of unscheduled patients from the ED. Three of the 14 representatives reported their hospital had 2 OUs, 1 of which was a separate surgical OU. Ten OUs cared for both ED patients and patients with scheduled procedures; 8 units received patients from non-ED sources. Hospitalists provided staffing in more than half of the OUs.

We attempted to identify administrative data that would signal care delivered in a dedicated OU using hospital charge codes reported to PHIS, but learned this was not possible due to between-hospital variation in the specificity of the charge codes. Therefore, we were unable to determine if patient care was delivered in a dedicated OU or another setting, such as a general inpatient unit or the ED. Other hospital characteristics available from the PHIS dataset included the number of inpatient beds, ED visits, inpatient admissions, observation-status stays, and payer mix. We calculated the percentage of ED visits resulting in admission by dividing the number of ED visits with associated inpatient or observation status by the total number of ED visits and the percentage of admissions under observation status by dividing the number of observation-status stays by the total number of admissions under observation or inpatient status.

Visit Selection and Patient Characteristics

All observation-status stays regardless of the point of entry into the hospital were eligible for this study.

We excluded stays that were birth-related, included intensive care, or resulted in transfer or death. Patient demographic characteristics used to describe the cohort included age, gender, race/ethnicity, and primary payer. Stays that began in the ED were identified by an "emergency room" charge within PHIS. Eligible stays were categorized using All Patient Refined Diagnosis Related Groups (APR-DRGs) version 24 using the ICD-9-CM code-based proprietary 3M software (3M Health Information Systems, St. Paul, MN). We determined the 15 top-ranking APR-DRGs among observation-status stays in hospitals with a dedicated OU and hospitals without. Procedural stays were identified based on procedural APR-DRGs (eg, tonsil and adenoid procedures) or the presence of an ICD-9-CM procedure code (eg, 331 spinal tap).

Measured Outcomes

Outcomes of observation-status stays were determined within 4 categories: (1) LOS, (2) standardized costs, (3) conversion to inpatient status, and (4) return visits and readmissions. LOS was calculated in terms of nights spent in hospital for all stays by subtracting the discharge date from the admission date and in terms of hours for stays in the 28 hospitals that report admission and discharge hour to the PHIS database. Discharge timing was examined in 4, 6-hour blocks starting at midnight. Standardized costs were derived from a charge master index that was created by taking the median costs from all PHIS hospitals for each charged service.¹⁷ Standardized costs represent the estimated cost of providing any particular clinical activity but are not the cost to patients, nor do they represent the actual cost to any given hospital. This approach allows for cost comparisons across hospitals, without biases arising from using charges or from deriving costs using hospitals' ratios of costs to charges.¹⁸ Conversion from observation to inpatient status was calculated by dividing the number of inpatient-status stays with observation codes by the number of observation-status-only stays plus the number of inpatient-status stays with observation codes. All-cause 3-day ED return visits and 30-day readmissions to the same hospital were assessed using patientspecific identifiers that allowed for tracking of ED return visits and readmissions following the index observation stay.

Data Analysis

Descriptive statistics were calculated for hospital and patient characteristics using medians and interquartile ranges (IQRs) for continuous factors and frequencies with percentages for categorical factors. Comparisons of these factors between hospitals with dedicated OUs and without were made using χ^2 and Wilcoxon rank sum tests as appropriate. Multivariable regression was performed using generalized linear mixed models treating hospital as a random effect and used patient



FIG. 1. Study Hospital Cohort Selection

TABLE 1. Hospitals* With and Without Dedicated Observation Units†						
	Overall, Median (IQR)	Hospitals With a Dedicated Observation Unit, Median (IQR)†	Hospitals Without a Dedicated Observation Unit, Median (IQR)	P Value		
No. of hospitals	31	14	17			
Total no. of inpatient beds	273 (213–311)	304 (269-425)	246 (175–293)	0.006		
Total no. ED visits	62971 (47,504-97,723)	87,892 (55,102-117,119)	53,151 (47504-70,882)	0.21		
ED visits resulting in admission, %‡	13.1 (9.7–15.0)	13.8 (10.5, 19.1)	12.5 (9.7–14.5)	0.31		
Total no. of inpatient admissions	11,537 (9,268-14,568)	13,206 (11,325-17,869)	10,207 (8,640-13,363)	0.04		
Admissions under observation status, %§	25.7 (19.7-33.8)	25.5 (21.4-31.4)	26.0 (16.9-35.1)	0.98		
Total no. of observation stays	3,820 (2793-5672)	4,850 (3,309-6,196)	3,141 (2,365-4,616)	0.07		
Government payer, %	60.2 (53.3–71.2)	62.1 (54.9, 65.9)	59.2 (53.3–73.7)	0.89		

NOTE: Abbreviations: ED, emergency department; IQR, interquartile range. *Among hospitals that reported observation-status patient data to the Pediatric Health Information System database in 2011. †Hospitals reporting the presence of at least 1 dedicated observation unit that admitted unscheduled patients from the ED in 2011. ‡Percent of ED visits resulting in admission = number of ED visits admitted to inpatient or observation status divided by total number of ED visits in 2011. §Percent of admissions under observation status = number of observation-status stays divided by the total number of admissions (observation and inpatient status) in 2011.

age, the case-mix index based on the APR-DRG severity of illness, ED visit, and procedures associated with the index observation-status stay. For continuous outcomes, we performed a log transformation on the outcome, confirmed the normality assumption, and back transformed the results. Sensitivity analyses were conducted to compare LOS, standardized costs, and conversation rates by hospital type for 10 of the 15 topranking APR-DRGs commonly cared for by pediatric hospitalists and to compare hospitals that reported the presence of an OU that was consistently open (24 hours per day, 7 days per week) and operating during the entire 2011 calendar year, and those without. Based on information gathered from the telephone interviews, hospitals with partially open OUs were similar to hospitals with continuously open OUs, such that they were included in our main analyses. All statistical analyses were performed using SAS version 9.3

(SAS Institute, Cary, NC). *P* values <0.05 were considered statistically significant.

RESULTS

Hospital Characteristics

Dedicated OUs were present in 14 of the 31 hospitals that reported observation-status patient data to PHIS (Figure 1). Three of these hospitals had OUs that were open for 5 months or less in 2011; 1 unit opened, 1 unit closed, and 1 hospital operated a "seasonal" unit. The remaining 17 hospitals reported no OU that admitted unscheduled patients from the ED during 2011. Hospitals with a dedicated OU had more inpatient beds and higher median number of inpatient admissions than those without (Table 1). Hospitals were statistically similar in terms of total volume of ED visits, percentage of ED visits resulting in admission, total number of observation-status stays,

		Hospitals With a Dedicated	Hospitals Without a Dedicated	
	Overall, No. (%)	Observation Unit, No. (%)*	Observation Unit, No. (%)	P Value
Age				
<1 year	23,845 (17.5)	12,101 (17.3)	11,744 (17.7)	< 0.001
1–5 years	53,405 (38.5)	28,052 (40.1)	24,353 (36.8)	
6-12 years	33,674 (24.7)	17,215 (24.6)	16,459 (24.8)	
13–18 years	23,607 (17.3)	11,472 (16.4)	12,135 (18.3)	
>18 years	2,708 (2)	1,143 (1.6)	1,565 (2.4)	
Gender				
Male	76,142 (55.9)	39,178 (56)	36,964 (55.8)	0.43
Female	60,025 (44.1)	30,756 (44)	29,269 (44.2)	
Race/ethnicity				
Non-Hispanic white	72,183 (53.0)	30,653 (43.8)	41,530 (62.7)	< 0.001
Non-Hispanic black	30,995 (22.8)	16,314 (23.3)	14,681 (22.2)	
Hispanic	21,255 (15.6)	16,583 (23.7)	4,672 (7.1)	
Asian	2,075 (1.5)	1,313 (1.9)	762 (1.2)	
Non-Hispanic other	9,731 (7.1)	5,120 (7.3)	4,611 (7.0)	
Payer				
Government	68,725 (50.4)	36,967 (52.8)	31,758 (47.9)	< 0.001
Private	48,416 (35.5)	21,112 (30.2)	27,304 (41.2)	
Other	19,098 (14.0)	11,904 (17)	7.194 (10.9)	

NOTE: "Hospitals reporting the presence of at least 1 dedicated observation unit that admitted unscheduled patients from the emergency department in 2011.

TABLE 3. Fifteen Most Common APR-DRGs for Observation-Status Patients by Hospital Type

Observation-Status Patients in Hospitals With a Dedicated Observation Unit*				Observation-Status Patients in Hospitals Without a Dedicated Observation Unit					
Rank	APR-DRG	No.	% of All Observation Status Stays	% Began in ED†	Rank	APR-DRG	No.	% of All Observation Status Stays	% Began in ED†
1	Tonsil and adenoid procedures‡	4,621	6.6	1.3	1	Tonsil and adenoid procedures‡	3,806	5.7	1.6
2	Asthma	4,246	6.1	85.3	2	Asthma	3,756	5.7	79.0
3	Seizure§	3,516	5.0	52.0	3	Seizure§	2,846	4.3	54.9
4	Nonbacterial gastroenteritis	3,286	4.7	85.8	4	Upper respiratory infections	2,733	4.1	69.6
5	Bronchiolitis, RSV pneumonia	3,093	4.4	78.5	5	Nonbacterial gastroenteritis	2,682	4.0	74.5
6	Upper respiratory infections	2,923	4.2	80.0	6	Other digestive system diagnoses§	2,545	3.8	66.3
7	Other digestive system diagnoses§	2,064	2.9	74.0	7	Bronchiolitis, RSV pneumonia	2,544	3.8	69.2
8	Respiratory signs, symptoms, diagnoses	2,052	2.9	81.6	8	Shoulder and arm procedures‡	1,862	2.8	72.6
9	Other ENT/cranial/facial diagnoses§	1,684	2.4	43.6	9	Appendectomy‡	1,785	2.7	79.2
10	Shoulder and arm procedures‡	1,624	2.3	79.1	10	Other ENT/cranial/facial diagnoses§	1,624	2.5	29.9
11	Abdominal pain	1,612	2.3	86.2	11	Abdominal pain	1,461	2.2	82.3
12	Fever	1,494	2.1	85.1	12	Other factors influencing health status	1,461	2.2	66.3
13	Appendectomy‡	1,465	2.1	66.4	13	Cellulitis/other bacterial skin infections§	1,383	2.1	84.2
14	Cellulitis/other bacterial skin infections§	1,393	2.0	86.4	14	Respiratory signs, symptoms, diagnoses§	1,308	2.0	39.1
15	Pneumonia NEC	1,356	1.9	79.1	15	Pneumonia NEC	1,245	1.9	73.1
	Total	36,429	52.0	57.8		Total	33,041	49.87	53.0

NOTE: Abbreviations: APR-DRG, All Patient Refined Diagnosis Related Group; ED, emergency department; ENT, ear, nose, and throat; NEC, not elsewhere classified; RSV, respiratory syncytial virus. *Hospitals reporting the presence of at least 1 dedicated observation unit that admitted unscheduled patients from the ED in 2011. †Within the APR-DRG. ‡Procedure codes associated with 99% to 100% of observation stays within APR-DRG. §Procedure codes associated with 20% –45% of observation stays within APR-DRG; procedure codes were associated with <20% of observation stays within the APR-DRG.

percentage of admissions under observation status, and payer mix.

Observation-Status Patients by Hospital Type

In 2011, there were a total of 136,239 observationstatus stays—69,983 (51.4%) within the 14 hospitals with a dedicated OU and 66,256 (48.6%) within the 17 hospitals without. Patient care originated in the ED for 57.8% observation-status stays in hospitals with an OU compared with 53.0% of observationstatus stays in hospitals without (P < 0.001). Compared with hospitals with a dedicated OU, those without a dedicated OU had higher percentages of observation-status patients older than 12 years and non-Hispanic and a higher percentage of observation-status patients with private payer type (Table 2). The 15 top-ranking APR-DRGs accounted for roughly half of all observation-status stays and were relatively consistent between hospitals with and without a dedicated OU (Table 3). Procedural care was frequently associated with observation-status stays.

	Observation-Status Patients in Hospitals With	Observation-Status Patients in Hospitals	
	a Dedicated Observation Unit†	Without a Dedicated Observation Unit	P Value
No. of hospitals	14	17	
Length of stay, h, median (IQR)‡	12.8 (6.9–23.7)	12.2 (7–21.3)	0.90
0 midnights, no. (%)	16,678 (23.8)	14,648 (22.1)	<.001
1 midnight, no. (%)	46,144 (65.9)	44,559 (67.3)	
2 midnights or more, no. (%)	7,161 (10.2)	7,049 (10.6)	
Discharge timing, no. (%)			
Midnight–5 AM	1,223 (1.9)	408 (0.7)	< 0.001
6 ам-11 ам	18,916 (29.3)	15,914 (27.1)	
Noon-5 pm	32,699 (50.7)	31,619 (53.9)	
6 pm-11 pm	11,718 (18.2)	10,718 (18.3)	
Total standardized costs, \$, median (IQR)	2,551.3 (2,053.9-3,169.1)	2,433.4 (1,998.4-2,963)	0.75
Conversion to inpatient status	11.06%	9.63%	< 0.01
Return care, AOR (95% CI)			
3-day ED return visit	0.93 (0.77-1.12)	Referent	0.46
30-day readmission	0.88 (0.67-1.15)	Referent	0.36

TABLE 4. Risk-Adjusted* Outcomes for Observation-Status Stays in Hospitals With and Without a Dedicated Observation Unit†

NOTE: Abbreviations: AOR, adjusted odds ratio; APR-DRG, All Patient Refined Diagnosis Related Group; ED, emergency department; IQR, interquartile range. *Risk-adjusted using generalized linear mixed models treating hospital as a random effect and used patient age, the case-mix index based on the APR-DRG severity of illness, ED visit, and procedures associated with the index observation-status stay. †Hospitals reporting the presence of at least 1 dedicated observation unit that admitted unscheduled patients from the ED in 2011. ‡Three hospitals excluded from the analysis for poor data quality for admission/discharge hour; hospitals report admission and discharge in terms of whole hours.

Outcomes of Observation-Status Stays

A greater percentage of observation-status stays in hospitals with a dedicated OU experienced a same-day discharge (Table 4). In addition, a higher percentage of discharges occurred between midnight and 11 AM in hospitals with a dedicated OU. However, overall riskadjusted LOS in hours (12.8 vs 12.2 hours, P = 0.90) and risk-adjusted total standardized costs (\$2551 vs \$2433, P = 0.75) were similar between hospital types. These findings were consistent within the 1 APR-DRGs commonly cared for by pediatric hospitalists (see Supporting Information, Appendix 1, in the online version of this article). Overall, conversion from observation to inpatient status was significantly higher in hospitals with a dedicated OU compared with hospitals without; however, this pattern was not consistent across the 10 APR-DRGs commonly cared for by pediatric hospitalists (see Supporting Information, Appendix 1, in the online version of this article). Adjusted odds of 3-day ED return visits and 30-day readmissions were comparable between hospital groups.

We found similar results in sensitivity analyses comparing observation-status stays in hospitals with a continuously open OU (open 24 hours per day, 7 days per week, for all of 2011 [n = 10 hospitals]) to those without(see Supporting Information, Appendix 2, in the online version of this article). However, there were, on average, more observation-status stays in hospitals with a continuously open OU (median 5605, IQR 4207–7089) than hospitals without (median 3309, IQR 2678–4616) (P = 0.04). In contrast to our main results, conversion to inpatient status was lower in hospitals with a continuously open OU compared with hospitals without (8.52% vs 11.57%, P < 0.01).

DISCUSSION

Counter to our hypothesis, we did not find hospitallevel differences in length of stay or costs for observation-status patients cared for in hospitals with and without a dedicated OU, though hospitals with dedicated OUs did have more same-day discharges and more morning discharges. The lack of observed differences in LOS and costs may reflect the fact that many children under observation status are treated throughout the hospital, even in facilities with a dedicated OU. Access to a dedicated OU is limited by factors including small numbers of OU beds and specific low acuity/low complexity OU admission criteria.⁷ The inclusion of all children admitted under observation status in our analyses may have diluted any effect of dedicated OUs at the hospital level, but was necessary due to the inability to identify location of care for children admitted under observation status. Location of care is an important variable that should be incorporated into administrative databases to allow for comparative effectiveness research designs. Until such data are available, chart review at individual hospitals would be necessary to determine which patients received care in an OU.

We did find that discharges for observation-status patients occurred earlier in the day in hospitals with a dedicated OU when compared with observation-status patients in hospitals without a dedicated OU. In addition, the percentage of same-day discharges was higher among observation-status patients treated in hospitals with a dedicated OU. These differences may stem from policies and procedures that encourage rapid discharge in dedicated OUs, and those practices may affect other care areas. For example, OUs may enforce policies requiring family presence at the bedside or utilize staffing models where doctors and nurses are in frequent communication, both of which would facilitate discharge as soon as a patient no longer required hospital-based care.⁷ A retrospective chart review study design could be used to identify discharge processes and other key characteristics of highly performing OUs.

We found conflicting results in our main and sensitivity analyses related to conversion to inpatient status. Lower percentages of observation-status patients converting to inpatient status indicates greater success in the delivery of observation care based on established performance metrics.¹⁹ Lower rates of conversion to inpatient status may be the result of stricter admission criteria for some diagnosis and in hospitals with a continuously open dedicate OU, more refined processes for utilization review that allow for patients to be placed into the "correct" status (observation vs inpatient) at the time of admission, or efforts to educate providers about the designation of observation status.⁷ It is also possible that fewer observation-status patients convert to inpatient status in hospitals with a continuously open dedicated OU because such a change would require movement of the patient to an inpatient bed.

These analyses were more comprehensive than our prior studies^{2,20} in that we included both patients who were treated first in the ED and those who were not. In addition to the APR-DRGs representative of conditions that have been successfully treated in ED-based pediatric OUs (eg, asthma, seizures, gastroenteritis, cellulitis),^{8,9,21,22} we found observation-status was commonly associated with procedural care. This population of patients may be relevant to hospitalists who staff OUs that provide both unscheduled and postprocedural care. The colocation of medical and postprocedural patients has been described by others^{8,23} and was reported to occur in over half of the OUs included in this study.⁷ The extent to which postprocedure observation care is provided in general OUs staffed by hospitalists represents another opportunity for further study.

Hospitals face many considerations when determining if and how they will provide observation services to patients expected to experience short stays.⁷ Some hospitals may be unable to justify an OU for all or part of the year based on the volume of admissions or the costs to staff an OU.^{24,25} Other hospitals may open an OU to promote patient flow and reduce ED crowding.²⁶ Hospitals may also be influenced by reimbursement policies related to observation-status stays. Although we did not observe differences in overall payer mix, we did find higher percentages of observation-status patients in hospitals with dedicated OUs to have public insurance. Although hospital contracts with payers around observation status patients are complex and beyond the scope of this analysis, it is possible that hospitals have established OUs because of increasingly stringent rules or criteria to meet inpatient

status or experiences with high volumes of observationstatus patients covered by a particular payer. Nevertheless, the brief nature of many pediatric hospitalizations and the scarcity of pediatric OU beds must be considered in policy changes that result from national discussions about the "appropriateness" of inpatient stays shorter than 2 nights in duration.²⁷

Limitations

The primary limitation to our analyses is the lack of ability to identify patients who were treated in a dedicated OU because few hospitals provided data to PHIS that allowed for the identification of the unit or location of care. Second, it is possible that some hospitals were misclassified as not having a dedicated OU based on our survey, which initially inquired about OUs that provided care to patients first treated in the ED. Therefore, OUs that exclusively care for postoperative patients or patients with scheduled treatments may be present in hospitals that we have labeled as not having a dedicated OU. This potential misclassification would bias our results toward finding no differences. Third, in any study of administrative data there is potential that diagnosis codes are incomplete or inaccurately capture the underlying reason for the episode of care. Fourth, the experiences of the freestanding children's hospitals that contribute data to PHIS may not be generalizable to other hospitals that provide observation care to children. Finally, return care may be underestimated, as children could receive treatment at another hospital following discharge from a PHIS hospital. Care outside of PHIS hospitals would not be captured, but we do not expect this to differ for hospitals with and without dedicated OUs. It is possible that health information exchanges will permit more comprehensive analyses of care across different hospitals in the future.

CONCLUSION

Observation status patients are similar in hospitals with and without dedicated observation units that admit children from the ED. The presence of a dedicated OU appears to have an influence on same-day and morning discharges across all observation-status stays without impacting other hospital-level outcomes. Inclusion of location of care (eg, geographically distinct dedicated OU vs general inpatient unit vs ED) in hospital administrative datasets would allow for meaningful comparisons of different models of care for short-stay observation-status patients.

Acknowledgements

The authors thank John P. Harding, MBA, FACHE, Children's Hospital of the King's Daughters, Norfolk, Virginia for his input on the study design.

Disclosures: Dr. Hall had full access to the data and takes responsibility for the integrity of the data and the accuracy of the data analysis. Internal funds from the Children's Hospital Association supported the conduct of this work. The authors have no financial relationships or conflicts of interest to disclose.

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