ORIGINAL RESEARCH

Relationship Between Hospital Financial Performance and Publicly Reported Outcomes

Oanh Kieu Nguyen, MD, MAS^{1,2*}, Ethan A. Halm, MD, MPH^{1,2}, Anil N. Makam, MD, MAS^{1,2}

¹Department of Internal Medicine, UT Southwestern Medical Center, Dallas, Texas; ²Department of Clinical Sciences, UT Southwestern Medical Center, Dallas, Texas.

BACKGROUND: Hospitals that have robust financial performance may have improved publicly reported outcomes.

OBJECTIVES: To assess the relationship between hospital financial performance and publicly reported outcomes of care, and to assess whether improved outcome metrics affect subsequent hospital financial performance.

DESIGN: Observational cohort study.

SETTING AND PATIENTS: Hospital financial data from the Office of Statewide Health Planning and Development in California in 2008 and 2012 were linked to data from the Centers for Medicare and Medicaid Services Hospital Compare website.

MEASUREMENTS: Hospital financial performance was measured by net revenue by operations, operating margin, and total margin. Outcomes were 30-day risk-standardized mortality and readmission rates for acute myocardial infarction (AMI), congestive heart failure (CHF), and pneumonia (PNA).

Hospital care accounts for the single largest category of national healthcare expenditures, totaling \$936.9 billion in 2013.¹ With ongoing scrutiny of US healthcare spending, hospitals are under increasing pressure to justify high costs and robust profits.² However, the dominant fee-for-service reimbursement model creates incentives for hospitals to prioritize high volume over high-quality care to maximize profits.³ Because hospitals may be reluctant to implement improvements if better quality is not accompanied by better payment or improved financial margins, an approach to stimulate quality improvement among hospitals has been to leverage consumer pressure through required public reporting of selected outcome metrics.^{4,5} Public reporting of outcomes is thought to influence hospital reputation; in turn, reputation affects patient perceptions and influences demand for hospital services, potentially enabling

*Address for correspondence and reprint requests: Oanh Kieu Nguyen, MD, 5323 Harry Hines Blvd., Dallas, Texas 75390-9169; Telephone: 214-648-3135; Fax: 214-648-3232; E-mail: oanhk.nguyen@utsouthwestern.edu

2016 Society of Hospital Medicine DOI 10.1002/jhm.2570 Published online in Wiley Online Library (Wileyonlinelibrary.com). **RESULTS:** Among 279 hospitals, there was no consistent relationship between measures of financial performance in 2008 and publicly reported outcomes from 2008 to 2011 for AMI and PNA. However, improved hospital financial performance (by any of the 3 measures) was associated with a modest increase in CHF mortality rates (ie, 0.26% increase in CHF mortality rate for every 10% increase in operating margin [95% confidence interval: 0.07%-0.45%]). Conversely, there were no significant associations between outcomes from 2008 to 2011 and subsequent financial performance in 2012 (P > 0.05 for all).

CONCLUSIONS: Robust financial performance is not associated with improved publicly reported outcomes for AMI, CHF, and PNA. Financial incentives in addition to public reporting, such as readmissions penalties, may help motivate hospitals with robust financial performance to further improve publicly reported outcomes. Reassuringly, improved mortality and readmission rates do not necessarily lead to loss of revenue. *Journal of Hospital Medicine* 2016;11:481–488. © 2016 Society of Hospital Medicine

reputable hospitals to command higher prices for services to enhance hospital revenue.^{6,7}

Though improving outcomes is thought to reduce overall healthcare costs, it is unclear whether improving outcomes results in a hospital's financial return on investment.^{4,5,8} Quality improvement can require substantial upfront investment, requiring that hospitals already have robust financial health to engage in such initiatives.^{9,10} Consequently, instead of stimulating broad efforts in quality improvement, public reporting may exacerbate existing disparities in hospital quality and finances, by rewarding already financially healthy hospitals, and by inadvertently penalizing hospitals without the means to invest in quality improvement.¹¹⁻¹⁵ Alternately, because fee-for-service remains the dominant reimbursement model for hospitals, loss of revenue through reducing readmissions may outweigh any financial gains from improved public reputation and result in worse overall financial performance, though robust evidence for this concern is lacking.^{16,17}

A small number of existing studies suggest a limited correlation between improved hospital financial performance and improved quality, patient safety, and lower readmission rates.^{18–20} However, these studies had several limitations. They were conducted prior to public reporting of selected outcome metrics by the Centers for Medicare and Medicaid Services (CMS)^{18–20}; used data

Additional Supporting Information may be found in the online version of this article.

Received: September 15, 2015; Revised: January 13, 2016; Accepted: February 3, 2016

from the Medicare Cost Report, which is not uniformly audited and thus prone to measurement error^{19,20}; used only relative measures of hospital financial performance (eg, operating margin), which do not capture the absolute amount of revenue potentially available for investment in quality improvement^{18,19}; or compared only hospitals at the extremes of financial performance, potentially exaggerating the magnitude of the relationship between hospital financial performance and quality outcomes.¹⁹

To address this gap in the literature, we sought to assess whether hospitals with robust financial performance have lower 30-day risk-standardized mortality and hospital readmission rates for acute myocardial infarction (AMI), congestive heart failure (CHF), and pneumonia (PNA). Given the concern that hospitals with the lowest mortality and readmission rates may experience a decrease in financial performance due to the lower volume of hospitalizations, we also assessed whether hospitals with the lowest readmission and mortality rates had a differential change in financial performance over time compared to hospitals with the highest rates.

METHODS

Data Sources and Study Population

This was an observational study using audited financial data from the 2008 and 2012 Hospital Annual Financial Data Files from the Office of Statewide Health Planning and Development (OSHPD) in the state of California, merged with data on outcome measures publicly reported by CMS via the Hospital Compare website for July 1, 2008 to June 30, 2011.^{21,22} We included all general acute care hospitals with available OSHPD data in 2008 and at least 1 publicly reported outcome from 2008 to 2011. We excluded hospitals without 1 year of audited financial data for 2008 and hospitals that closed during 2008 to 2011.

Measures of Financial Performance

Because we hypothesized that the absolute amount of revenue generated from clinical operations would influence investment in quality improvement programs more so than relative changes in revenue,²⁰ we used net revenue from operations (total operating revenue minus total operating expense) as our primary measure of hospital financial performance. We also performed 2 companion analyses using 2 commonly reported relative measures of financial performance—operating margin (net revenue from operations divided by total operating revenue) and total margin (net total revenue divided by total revenue from all sources). Net revenue from operations for 2008 was adjusted to 2012 US dollars using the chained Consumer Price Index for all urban consumers.

Outcomes

For our primary analysis, the primary outcomes were publicly reported all-cause 30-day risk-standardized

mortality rates (RSMR) and readmission rates (RSRR) for AMI, CHF, and PNA aggregated over a 3-year period. These measures were adjusted for key demographic and clinical characteristics available in Medicare data. CMS began publicly reporting 30-day RSMR for AMI and CHF in June 2007, RSMR for PNA in June 2008, and RSRR for all 3 conditions in July 2009.^{23,24}

To assess whether public reporting had an effect on subsequent hospital financial performance, we conducted a companion analysis where the primary outcome of interest was change in hospital financial performance over time, using the same definitions of financial performance outlined above. For this companion analysis, publicly reported 30-day RSMR and RSRR for AMI, CHF, and PNA were assessed as predictors of subsequent financial performance.

Hospital Characteristics

Hospital characteristics were ascertained from the OSHPD data. Safety-net status was defined as hospitals with an annual Medicaid caseload (number of Medicaid discharges divided by the total number of discharges) ≥ 1 standard deviation above the mean Medicaid caseload, as defined in previous studies.²⁵

Statistical Analyses

Effect of Baseline Financial Performance on Subsequent Publicly Reported Outcomes

To estimate the relationship between baseline hospital financial performance in 2008 and subsequent RSMR and RSRR for AMI, CHF, and PNA from 2008 to 2011, we used linear regression adjusted for the following hospital characteristics: teaching status, rural location, bed size, safety-net status, ownership, Medicare caseload, and volume of cases reported for the respective outcome. We accounted for clustering of hospitals by ownership. We adjusted for hospital volume of reported cases for each condition given that the risk-standardization models used by CMS "shrink" outcomes for small hospitals to the mean, and therefore do not account for a potential volume-outcome relationship.²⁶ We conducted a sensitivity analysis excluding hospitals at the extremes of financial performance, defined as hospitals with extreme outlier values for each financial performance measure (eg, values more than 3 times the interquartile range above the first quartile or below the third quartile).²⁷ Nonlinearity of financial performance measures was assessed using restricted cubic splines. For ease of interpretation, we scaled the estimated change in RSMR and RSRR per \$50 million increase in net revenue from operations, and graphed nonparametric relationships using restricted cubic splines.

Effect of Public Reporting on Subsequent Hospital Financial Performance

To assess whether public reporting had an effect on subsequent hospital financial performance, we conducted a

TABLE 1. Hospital Characteristics and Financial
Performance in 2008 and 2012

	2008, n = 279	2012, n = 278	
Hospital characteristics			
Teaching, n (%)	28 (10.0)	28 (10.0)	
Rural, n (%)	55 (19.7)	55 (19.7)	
Bed size, n (%)			
0–99 (small)	57 (20.4)	55 (19.8)	
100-299 (medium)	130 (46.6)	132 (47.5)	
\geq 300 (large)	92 (33.0)	91 (32.7)	
Safety-net hospital, n (%)*	46 (16.5)	48 (17.3)	
Hospital ownership, n (%)			
City or county	15 (5.4)	16 (5.8)	
District	42 (15.1)	39 (14.0)	
Investor [†]	66 (23.7)	66 (23.7)	
Private nonprofit	156 (55.9)	157 (56.5)	
Medicare caseload, mean % (SD)	41.6 (14.7)	43.6 (14.7)	
Financial performance measures			
Net revenue from operations,	1.6 (-2.4 to 10.3;	3.2 (-2.9 to 15.4	
median \$ in millions (IQR; range)	-495.9 to 144.1)	-396.2 to 276.8)	
Operating margin, median % (IQR; range)	1.5 (-4.6 to 6.8;	2.3 (-3.9 to 8.2;	
	-77.8 to 26.4)	-134.8 to 21.1)	
Total margin, median % (IQR; range)	2.5 (-2.2 to 7.5;	4.5 (-0.7 to 9.8;	
	-101.0 to 26.3)	-132.2 to 31.1)	

NOTE: Abbreviations: IQR, interquartile range; SD, standard deviation. "Medicaid caseload equivalent to ≥ 1 standard deviation above the mean ($\geq 41.8\%$ for 2008 and $\geq 42.1\%$ for 2012). [†]Operated by an investor-individual, investor-partnership, or investor-corporation.

companion hospital-level difference-in-differences analysis to assess for differential changes in hospital financial performance between 2008 and 2012, stratified by tertiles of RSMR and RSRR rates from 2008 to 2011. This approach compares differences in an outcome of interest (hospital financial performance) within each group (where each group is a tertile of publicly reported rates of RSMR or RSRR), and then compares the difference in these differences between groups. Therefore, these analyses use each group as their own historical control and the opposite group as a concurrent control to account for potential secular trends. To conduct our difference-in-differences analysis, we compared the change in financial performance over time in the top tertile of hospitals to the change in financial performance over time in the bottom tertile of hospitals with respect to AMI, CHF, and PNA RSMR and RSRR. Our models therefore included year (2008 vs 2012), tertile of publicly reported rates for RSMR or RSRR, and the interaction between them as predictors, where the interaction was the difference-in-differences term and the primary predictor of interest. In addition to adjusting for hospital characteristics and accounting for clustering as mentioned above, we also included 3 separate interaction terms for year with bed size, safety-net status, and Medicare caseload, to account for potential changes in the hospitals over time that may have independently influenced financial performance and publicly reported 30-day measures. For sensitivity analyses, we repeated our difference-in-differences analyses excluding hospitals with a change in ownership and extreme outliers with respect to financial performance in 2008. We performed model diagnostics including assessment of functional form, linearity, normality, constant variance, and model misspecification. All analyses were conducted using Stata version 12.1 (Stata-Corp, College Station, TX). This study was deemed exempt from review by the UT Southwestern Medical Center institutional review board.

RESULTS

Among the 279 included hospitals (see Supporting Figure 1 in the online version of this article), 278 also had financial data available for 2012. In 2008, the median net revenue from operations was \$1.6 million (interquartile range [IQR], -\$2.4 to \$10.3 million), the median operating margin was 1.5% (IQR, -4.6% to 6%), and the median total margin was 2.5% (IQR, -2.2% to 7.5% (Table 1). The number of hospitals

	No.	Median % (IQR)	Adjusted % Change (95% Cl) per \$50 Million Increase in Net Revenue From Operations [†]		
			Overall	Extreme Outliers Excluded ‡	
Myocardial infarction					
Mortality rate	211	15.2 (14.2–16.2)	0.07 (-0.10 to 0.24)	0.63 (-0.21 to 1.48)	
Readmission rate	184	19.4 (18.5–20.2)	Nonlinear [§]	-0.34 (-1.17 to 0.50)	
Congestive heart failure					
Mortality rate	259	11.1 (10.1–12.1)	0.17 (-0.01 to 0.35)	Nonlinear	
Readmission rate	264	24.5 (23.5-25.6)	-0.07 (-0.27 to 0.14)	-0.45 (-1.36 to 0.47)	
Pneumonia				, , ,	
Mortality rate	268	11.6 (10.4–13.2)	-0.17 (-0.42 to 0.07)	-0.35 (-1.19 to 0.49)	
Readmission rate	268	18.2 (17.3–19.1)	-0.04 (-0.20 to 0.11)	-0.56 (-1.27 to 0.16)	

NOTE: Abbreviations: CI, confidence interval; IQR, interquartile range. "Thirty-day outcomes are risk standardized for age, sex, comorbidity count, and indicators of patient fraitly.³ ¹Each outcome was modeled separately and adjusted for teaching status, metropolitan status (urban vs rural), bed size, safety-net hospital status, hospital ownership type, Medicare caseload, and volume of cases reported for the respective outcome, accounting for clustering of hospitals by owner. ¹Twenty-three hospitals were identified as extreme outliers with respect to net revenue from operations (10 [°]underperformers" with net revenue <-\$49.4 million and 13 [°]overperformers" with net revenue form operations and readmission rate for myocardial infarction. Net revenue from operations was modeled as a cubic spline function. See Figure 1. The overall adjusted *F* statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear and statistic was 4.8 (*P* < 0.001). ^IThere was a nonlinear was a nonlinear was a statistic was 3.6 (*P* = 0.008).

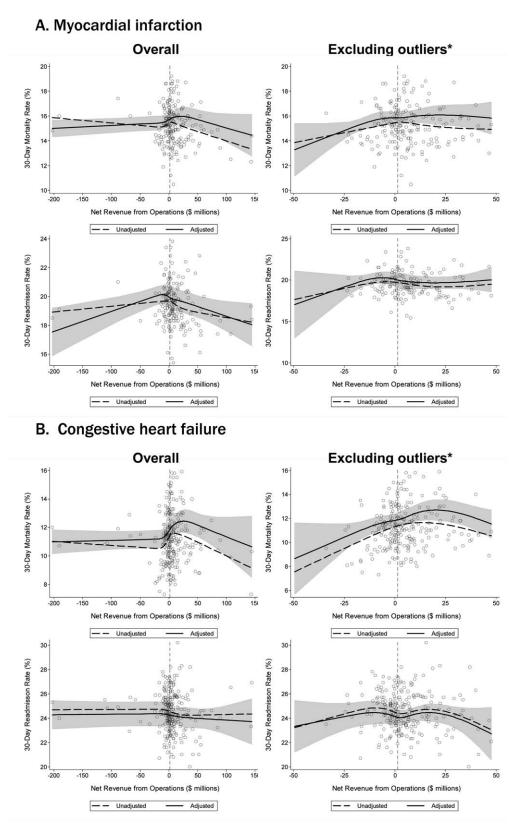


FIG. 1. Relationship between financial performance and 30-day readmission and mortality. The open circles represent individual hospitals. The bold dashed line and the bold solid line are the unadjusted and adjusted cubic spline curves, respectively, representing the nonlinear relationship between net revenue from operations and each outcome. The shaded grey area represents the 95% confidence interval for the adjusted cubic spline curve. Thin vertical dashed lines represent median values for net revenue from operations. Multivariate models were adjusted for teaching status, metropolitan status (urban vs rural), bed size, safety-net hospital status, hospital swere identified as outliers with respect to net revenue from clinical operations (10 "underperformers" with net revenue <-\$49.4 million and 13 "overperformers" with net revenue >\$52.1 million.

C. Pneumonia

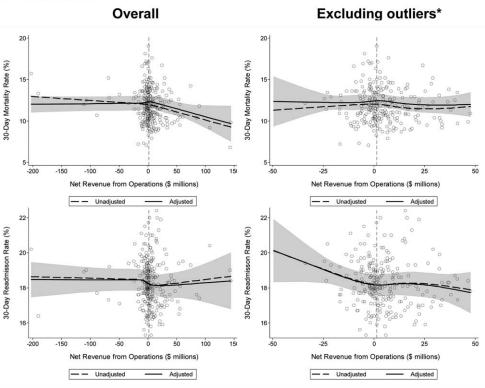


FIG. 1. (Continued).

reporting each outcome, and median outcome rates, are shown in Table 2.

Relationship Between Financial Performance and Publicly Reported Outcomes

Acute Myocardial Infarction

We did not observe a consistent relationship between hospital financial performance and AMI mortality and readmission rates. In our overall adjusted analyses, net revenue from operations was not associated with mortality, but was significantly associated with a decrease in AMI readmissions among hospitals with net revenue from operations between approximately -\$5 million to \$145 million (nonlinear relationship, F statistic = 4.8, P < 0.001 (Table 2, Figure 1A). However, after excluding 23 extreme outlying hospitals by net revenue from operations (10 "underperformers" with net revenue <-\$49.4 million and 13 "overperformers" with net revenue >\$52.1 million), this relationship was no longer observed. Using operating margin instead of net revenue from operations as the measure of hospital financial performance, we observed a 0.2% increase in AMI mortality (95% confidence interval [CI]: 0.06%-0.35%) (see Supporting Table 1 and Supporting Figure 2 in the online version of this article) for each 10%increase in operating margin, which persisted with the exclusion of 5 outlying hospitals by operating margin (all 5 were underperformers, with operating margins <-38.6%). However, using total margin as the measure of financial performance, there was no significant relationship with either mortality or readmissions (see Supporting Table 2 and Supporting Figure 3 in the online version of this article).

Congestive Heart Failure

In our primary analyses, we did not observe a significant relationship between net revenue from operations and CHF mortality and readmission rates. However, after excluding 23 extreme outliers, increasing net revenue from operations was associated with a modest increase in CHF mortality among hospitals, with net revenue between approximately -\$35 million and \$20 million (nonlinear relationship, F statistic = 3.6, P = 0.008 (Table 2, Figure 1B). Using alternate measures of financial performance, we observed a consistent relationship between increasing hospital financial performance and higher 30-day CHF mortality rate. Using operating margin, we observed a slight increase in the mortality rate for CHF (0.26% increase in CHF RSMR for every 10% increase in operating margin) (95% CI: 0.07%-0.45%) (see Supporting Table 1 and Supporting Figure 2 in the online version of this article), which persisted after the exclusion of 5 extreme outliers. Using total margin, we observed a significant but modest association between improved hospital financial performance and increased mortality rate for CHF (nonlinear relationship, F statistic = 2.9, P = 0.03) (see Supporting Table 2 and Supporting Figure 3 in the online version of this article), which

TABLE 3. Difference in the Differences in Financial Performance Between the Worst- and the Best-Performing Hospitals

Outcome	Tertile With Highest Outcome Rates ("Worst" Hospitals)		Tertile With Lowest Outcome Rates ("Best" Hospitals)			
	Outcome, Median % (IQR)	Gain/Loss in Net Revenue From Operations From 2008 to 2012, \$ Million*	Outcome, Median % (IQR)	Gain/Loss in Net Revenue from Operations From 2008 to 2012, \$ Million*	Difference in Net From Operations Differences Between Highest and Lowest Outcome Rate Tertiles, \$ Million (95% CI) [†]	P
AMI mortality	16.7 (16.2–17.4)	+65.62	13.8 (13.3–14.2)	+74.23	-8.61 (-27.95 to 10.73)	0.38
AMI readmit	20.7 (20.3-21.5)	+38.62	18.3 (17.7-18.6)	+31.85	+6.77 (-13.24 to 26.77)	0.50
CHF mortality	13.0 (12.3–13.9)	+45.66	9.6 (8.9–10.1)	+48.60	-2.94 (-11.61 to 5.73)	0.50
CHF readmit	26.2 (25.7-26.9)	+47.08	23.0 (22.3-23.5)	+46.08	+0.99 (-10.51 to 12.50)	0.87
PNA mortality	13.9 (13.3-14.7)	+43.46	9.9 (9.3–10.4)	+38.28	+5.18 (-7.01 to 17.37)	0.40
PNA readmit	19.4 (19.1–20.1)	+47.21	17.0 (16.5–17.3)	+45.45	+1.76 (-8.34 to 11.86)	0.73

NOTE: Abbreviations: AMI, acute myocardial infarction; CHF, congestive heart failure; CI, confidence interval; IQR, interquartile range; PNA, pneumonia. "Differences were calculated as net revenue from clinical operations in 2012 minus net revenue from clinical operations in 2012 minus net revenue from clinical operations in 2012 WS dollars using the chained Consumer Price Index for all urban consumers." Each outcome was modeled separately and adjusted for year, tertile of performance for the respective outcome, the interaction between year and tertile (difference-in-differences term), teaching status, metropolitan status (urban vs rural), bed size, safety-net hospital status, hospital ownership type, Medicare caseload, volume of cases reported for the respective outcome, and interactions for year with bed size, safety-net hospital status, and Medicare caseload, accounting for clustering of hospitals by owner.

persisted after the exclusion of 3 extreme outliers (0.32% increase in CHF RSMR for every 10% increase in total margin) (95% CI: 0.03%-0.62%).

Pneumonia

Hospital financial performance (using net revenue, operating margin, or total margin) was not associated with 30-day PNA mortality or readmission rates.

Relationship of Readmission and Mortality Rates on Subsequent Hospital Financial Performance

Compared to hospitals in the highest tertile of readmission and mortality rates (ie, those with the "worst" rates), hospitals in the lowest tertile of readmission and mortality rates (ie, those with the "best" rates) had a similar magnitude of increase in net revenue from operations from 2008 to 2012 (Table 3). The difference-in-differences analyses showed no relationship between readmission or mortality rates for AMI, CHF, and PNA and changes in net revenue from operations from 2008 to 2012 (difference-in-differences estimates ranged from -\$8.61 to \$6.77 million, P > 0.3 for all). These results were robust to the exclusion of hospitals with a change in ownership and extreme outliers by net revenue from operations (data not reported).

DISCUSSION

Using audited financial data from California hospitals in 2008 and 2012, and CMS data on publicly reported outcomes from 2008 to 2011, we found no consistent relationship between hospital financial performance and publicly reported outcomes for AMI and PNA. However, better hospital financial performance was associated with a modest increase in 30-day risk-standardized CHF mortality rates, which was consistent across all 3 measures of hospital financial performance. Reassuringly, there was no difference in the change in net revenue from operations between 2008 and 2012 between hospitals in the highest and lowest tertiles of readmission and mortality rates for AMI, CHF, and PNA. In other words, hospitals with the lowest rates of 30-day readmissions and mortality for AMI, CHF, and PNA did not experience a loss in net revenue from operations over time, compared to hospitals with the highest readmission and mortality rates.

Our study differs in several important ways from Ly et al., the only other study to our knowledge that investigated the relationship between hospital financial performance and outcomes for patients with AMI, CHF, and PNA.¹⁹ First, outcomes in the Ly et al. study were ascertained in 2007, which preceded public reporting of outcomes. Second, the primary comparison was between hospitals in the bottom versus top decile of operating margin. Although Ly and colleagues also found no association between hospital financial performance and mortality rates for these 3 conditions, they found a significant absolute decrease of approximately 3% in readmission rates among hospitals in the top decile of operating margin versus those in bottom decile. However, readmission rates were comparable among the remaining 80% of hospitals, suggesting that these findings primarily reflected the influence of a few outlier hospitals. Third, the use of nonuniformly audited hospital financial data may have resulted in misclassification of financial performance. Our findings also differ from 2 previous studies that identified a modest association between improved hospital financial performance and decreased adverse patient safety events.^{18,20} However, publicly reported outcomes may not be fully representative of hospital quality and patient safety.^{28,29}

The limited association between hospital financial performance and publicly reported outcomes for AMI and PNA is noteworthy for several reasons. First, publicly reporting outcomes alone without concomitant changes to reimbursement may be inadequate to create strong financial incentives for hospital investment in quality improvement initiatives. Hospitals participating in both public reporting of outcomes and pay-for-performance have been shown to achieve greater improvements in outcomes than hospitals engaged only in public reporting.³⁰ Our time interval for ascertainment of outcomes preceded CMS implementation of the Hospital Readmissions Reduction Program (HRRP) in October 2012, which withholds up to 3% of Medicare hospital reimbursements for higher than expected mortality and readmission rates for AMI, CHF, and PNA. Once outcomes data become available for a 3-year post-HRRP implementation period, the impact of this combined approach can be assessed. Second, because adherence to many evidence-based process measures for these conditions (ie, aspirin use in AMI) is already high, there may be a "ceiling effect" present that obviates the need for further hospital financial investment to optimize deliverv of best practices.^{31,32} Third, hospitals themselves may contribute little to variation in mortality and readmission risk. Of the total variation in mortality and readmission rates among Texas Medicare beneficiaries, only about 1% is attributable to hospitals, whereas 42% to 56% of the variation is explained by differences in patient characteristics.^{33,34} Fourth, there is either low-quality or insufficient evidence that transitional care interventions specifically targeted to patients with AMI or PNA result in better outcomes.³⁵ Thus, greater financial investment in hospital-initiated and postdischarge transitional care interventions for these specific conditions may result in less than the desired effect. Lastly, many hospitalizations for these conditions are emergency hospitalizations that occur after patients present to the emergency department with unexpected and potentially life-threatening symptoms. Thus, patients may not be able to incorporate the reputation or performance metrics of a hospital in their decisions for where they are hospitalized for AMI, CHF, or PNA despite the public reporting of outcomes.

Given the strong evidence that transitional care interventions reduce readmissions and mortality among patients hospitalized with CHF, we were surprised to find that improved hospital financial performance was associated with an increased risk-adjusted CHF mortality rate.³⁶ This association held true for all 3 different measures of hospital financial performance, suggesting that this unexpected finding is unlikely to be the result of statistical chance, though potential reasons for this association remain unclear. One possibility is that the CMS model for CHF mortality may not adequately risk adjust for severity of illness.^{37,38} Thus, robust financial performance may be a marker for hospitals with more advanced heart failure services that care for more patients with severe illness.

Our findings should be interpreted in the context of certain limitations. Our study only included an analy-

sis of outcomes for AMI, CHF, and PNA among older fee-for-service Medicare beneficiaries aggregated at the hospital level in California between 2008 and 2012, so generalizability to other populations, conditions, states, and time periods is uncertain. The observational design precludes a robust causal inference between financial performance and outcomes. For readmissions, rates were publicly reported for only the last 2 years of the 3-year reporting period; thus, our findings may underestimate the association between hospital financial performance and publicly reported readmission rates.

CONCLUSION

There is no consistent relationship between hospital financial performance and subsequent publicly reported outcomes for AMI and PNA. However, for unclear reasons, hospitals with better financial performance had modestly higher CHF mortality rates. Given this limited association, public reporting of outcomes may have had less than the intended impact in motivating hospitals to invest in quality improvement. Additional financial incentives in addition to public reporting, such as readmissions penalties, may help motivate hospitals with robust financial performance to further improve outcomes. This would be a key area for future investigation once outcomes data are available for the 3-year period following CMS implementation of readmissions penalties in 2012. Reassuringly, there was no association between low 30-day mortality and readmissions rates and subsequent poor financial performance, suggesting that improved outcomes do not necessarily lead to loss of revenue.

References

- 1. Centers for Medicare and Medicaid Services. Office of the Actuary. National Health Statistics Group. National Healthcare Expenditures Data. Baltimore, MD; 2013. https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/NationalHealthExpend-Data/NationalHealthAccountsHistorical.html. Accessed February 16, 2016.
- 2. Brill S. Bitter pill: why medical bills are killing us. *Time Magazine*. *February* 20, 2013:16–55.
- 3. Ginsburg PB. Fee-for-service will remain a feature of major payment reforms, requiring more changes in Medicare physician payment. *Health Aff (Millwood)*. 2012;31(9):1977–1983.
- 4. Leatherman S, Berwick D, Iles D, et al. The business case for quality: case studies and an analysis. *Health Aff (Millwood)*. 2003;22(2): 17–30.
- 5. Marshall MN, Shekelle PG, Davies HT, Smith PC. Public reporting on quality in the United States and the United Kingdom. *Health Aff (Mill-wood)*. 2003;22(3):134–148.
- 6. Swensen SJ, Dilling JA, Mc Carty PM, Bolton JW, Harper CM Jr. The business case for health-care quality improvement. J Patient Saf. 2013;9(1):44–52.
- Hibbard JH, Stockard J, Tusler M. Hospital performance reports: impact on quality, market share, and reputation. *Health Aff (Millwood)*. 2005;24(4):1150–1160.

Disclosures: Drs. Nguyen, Halm, and Makam were supported in part by the Agency for Healthcare Research and Quality University of Texas Southwestern Center for Patient-Centered Outcomes Research (1R24HS022418-01). Drs. Nguyen and Makam received funding from the University of Texas Southwestern KL2 Scholars Program (NIH/NCATS KL2 TR001103). The study sponsors had no role in design and conduct of the study; collection, management, analysis, and interpretation of the data; and preparation, review, or approval of the manuscript. The authors have no conflicts of interest to disclose.

- 8. Rauh SS, Wadsworth EB, Weeks WB, Weinstein JN. The savings illusion-why clinical quality improvement fails to deliver bottom-line results. N Engl J Med. 2011;365(26):e48.
- Meyer JA, Silow-Carroll S, Kutyla T, Stepnick LS, Rybowski LS. Hospital Quality: Ingredients for Success-Overview and Lessons Learned. New York, NY: Commonwealth Fund; 2004.
- 10. Silow-Carroll S, Alteras T, Meyer JA. Hospital Quality Improvement: Strategies and Lessons from U.S. Hospitals. New York, NY: Commonwealth Fund; 2007.
- 11. Bazzoli GJ, Clement JP, Lindrooth RC, et al. Hospital financial condi-tion and operational decisions related to the quality of hospital care. Med Care Res Rev. 2007;64(2):148-168.
- 12. Casalino LP, Elster A, Eisenberg A, Lewis E, Montgomery J, Ramos D. Will pay-for-performance and quality reporting affect health care disparities? Health Aff (Millwood). 2007;26(3):w405-w414.
- 13. Werner RM, Goldman LE, Dudley RA. Comparison of change in quality of care between safety-net and non-safety-net hospitals. ĴAMÁ. 2008;299(18):2180–2187
- 14. Bhalla R, Kalkut G. Could Medicare readmission policy exacerbate health care system inequity? Ann Intern Med. 2010;152(2):114-117.
- 15. Hernandez AF, Curtis LH. Minding the gap between efforts to reduce readmissions and disparities. JAMA. 2011;305(7):715-716.
- Terry DF, Moisuk S. Medicare Health Support Pilot Program. N Engl J Med. 2012;366(7):666; author reply 667–668.
 Fontanarosa PB, McNutt RA. Revisiting hospital readmissions.
- IAMA. 2013;309(4):398-400.
- 18. Encinosa WE, Bernard DM. Hospital finances and patient safety outcomes. Inquiry. 2005;42(1):60-72
- 19. Ly DP, Jha AK, Epstein AM. The association between hospital margins, quality of care, and closure or other change in operating status. J Gen Intern Med. 2011;26(11):1291-1296.
- 20. Bazzoli GJ, Chen HF, Zhao M, Lindrooth RC. Hospital financial condition and the quality of patient care. Health Econ. 2008;17(8):977-995.
- 21. State of California Office of Statewide Health Planning and Development. Healthcare Information Division. Annual financial data. Available http://www.oshpd.ca.gov/HID/Products/Hospitals/AnnFinanData/ PivotProfles/default.asp. Accessed June 23, 2015.
- 22. Centers for Medicare & Medicaid Services. Hospital compare. Available at: http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HospitalQualityInits/HospitalCompare.html. Accessed February 1, 2015.
- 23. Centers for Medicare & Medicaid Services. Hospital quality initiative: outcome measures. Available at: http://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/HospitalQualityInits/Outcome Measures.html. Accessed February 23, 2015.

- 24. Ross JS, Bernheim SM, Drye ED. Expanding the frontier of outcomes measurement for public reporting. Circulation Cardiovasc Qual Outcomes. 2011;4(1):11-13.
- 25. Ross JS, Cha SS, Epstein AJ, et al. Quality of care for acute myocardial infarction at urban safety-net hospitals. Health Aff (Millwood). 2007; 26(1):238-248.
- 26. Silber JH, Rosenbaum PR, Brachet TJ, et al. The Hospital Compare mortality model and the volume-outcome relationship. Health Serv Res. 2010;45(5 Pt 1):1148-1167
- 27. Tukey J. Exploratory Data Analysis. Boston, MA: Addison-Wesley; 1977
- 28. Press MJ, Scanlon DP, Ryan AM, et al. Limits of readmission rates in measuring hospital quality suggest the need for added metrics. *Health Aff (Millwood)*. 2013;32(6):1083–1091.
- 29. Stefan MS, Pekow PS, Nsa W, et al. Hospital performance measures and 30-day readmission rates. J Gen Intern Med. 2013;28(3):377-385
- 30. Lindenauer PK, Remus D, Roman S, et al. Public reporting and pay for performance in hospital quality improvement. N Engl J Med. 2007;356(5):486-496.
- 31. Spatz ES, Sheth SD, Gosch KL, et al. Usual source of care and outcomes following acute myocardial infarction. J Gen Intern Med. 2014;29(6):862-869.
- 32. Werner RM, Bradlow ET. Public reporting on hospital process improvements is linked to better patient outcomes. Health Aff (Millwood). 2010;29(7):1319-1324.
- 33. Goodwin JS, Lin YL, Singh S, Kuo YF. Variation in length of stay and outcomes among hospitalized patients attributable to hospitals and hospitalists. J Gen Intern Med. 2013;28(3):370-376.
- 34. Singh S, Lin YL, Kuo YF, Nattinger AB, Goodwin JS. Variation in the risk of readmission among hospitals: the relative contribution of patient, hospital and inpatient provider characteristics. J Gen Intern Med. 2014;29(4):572-578.
- 35. Prvu Bettger J, Álexander KP, Dolor RJ, et al. Transitional care after hospitalization for acute stroke or myocardial infarction: a systematic review. Ann Intern Med. 2012;157(6):407–416.
- 36. Jha AK, Orav EJ, Li Z, Epstein AM. The inverse relationship between mortality rates and performance in the Hospital Quality Alliance measures. *Health Aff (Millwood)*. 2007;26(4):1104–1110.
- 37. Amarasingham R, Moore BJ, Tabak YP, et al. An automated model to identify heart failure patients at risk for 30-day readmission or death using electronic medical record data. Med Care. 2010;48(11):981-988
- 38. Fuller RL, Atkinson G, Hughes JS. Indications of biased risk adjustment in the hospital readmission reduction program. J Ambul Care Manage. 2015;38(1):39-47.